



| Health Services Office

**DETAILED PROCESS OF THE UNDERGRADUATE STUDENTS
PERIODIC HEALTH EXAMINATION (PHEX) AY 2023- 2024 (28 May – 27 July 2024)**

STEP	VENUE	Medical Procedures	Reminders
1 Registration	Room 102 Br. Connon Hall (Waldo Perfecto Seminar Room)	None	(1) Present your University ID or any government issued valid ID and a screenshot of the confirmation email or EAF (2) Bring filled-out: 2.1. Medical Evaluation Form (MEF) 2.2. Dental Evaluation Form (DEF) (3) ITEO evaluation form will be distributed here Register no later than 10 minutes before your schedule
2 Vital Signs and Visual Test	Room 102 Br. Connon Hall (Waldo Perfecto Seminar Room)	Height (in inches) Weight (in pounds) Visual Acuity Blood Pressure	
3 Dental Examination	Male students – Room 102 Br. Connon Hall (Waldo Perfecto Seminar Room) Female student – Room 104 Br. Connon Hall (Health Services Office Clinic Extension)	Dental Examination. The student's Dental history will be updated.	



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<p>4</p> <p>Head-to-Foot Exam</p>	<p>Male students – Room 102 Br. Connon Hall (Waldo Perfecto Seminar Room)</p> <p>Female student – Room 104 Br. Connon Hall (Health Services Office Clinic Extension)</p>	<p>The students' medical history will be updated. The following will be examined: (i) eyes (ii) ears (iii) nose (iv)throat (v) mouth (vi) neck (vii) chest (viii) breast [female students] (ix) abdomen (x) pelvic area, and (xi) extremities</p>	<p>Female students will be asked to remove their upper garment. Breast examination will be done to female students to detect abnormal breast mass. Palpation (using of hand to examine) ofthe armpit area and the breast will be done.</p> <p>Female students will be examined by a female doctor.</p> <p>STUDENTS WILL BE ADVISED TO PRESENT TO ROOM 102 WALDO PERFECTO SEMINAR ROOM <u>WITHIN 1-2 WEEKS</u>, A MEDICAL CLEARANCE IF A MEDICAL CONDITION IS IDENTIFIED DURING PHYSICAL EXAMINATION</p>
<p>5</p> <p>Submission of Medical, Dental and Evaluation Forms</p>	<p>Male students – Room 102 Br. Connon Hall (Waldo Perfecto Seminar Room)</p> <p>Female student – Room 104 Br. Connon Hall (Health Services Office Clinic Extension)</p>	<p>None</p>	<p>Students will submit the medical, dental and evaluation forms.</p>
<p>6</p> <p>Chest X-Ray</p>	<p>Open space between Br. Connon Hall and Food Basket Canteen</p>	<p>This examination detects lung infections such as pulmonary TB and pneumonia, chest tumor, abnormal accumulation of gas or fluid in the chest, foreign body in the airway.</p>	<p>All forms of metals attached to the chest (e.g. necklace) should be removed prior to the examination.</p> <p>*Female students who are or may be pregnantshould not undergo this examination.</p> <p>Students with chest x-ray done from 04 September 2023 onwards may be exempted from this examination. However, they are required to bring the official result of their recent chest x-ray during PHEx schedule.</p> <p>Chest x-ray results will be available at the x-ray van after <u>7 working days</u>.</p>



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			STUDENTS WITH SIGNIFICANT CHEST X-RAY FINDINGS WILL BE ASKED TO SUBMIT A PULMONARY CLEARANCE AT ROOM 102 WALDO PERFECTO SEMINAR ROOM, BR. CONNON HALL.
For medically cleared students, the medical clearance requirement for enrolment will be marked as done.			