What Schools Can Do to Prevent and Respond to Online Bullying and Harassment

What Schools Need to Know

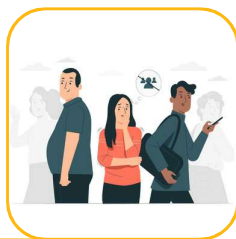**1** Online bullying and harassment may be experienced by students without the school knowing.

2 Bullying and harassment on social media is a complex process that is shaped by the combination of the different features of social media.

3 The youth sees bullying and harassment on social media as an intersection of three key dimensions: targets, acts and spaces.

4 The youth are affected by social media bullying and harassment differently.

5 The way the youth respond to online bullying and harassment may be influenced by several factors: individual personality, social norms, and the individual's relationship with technology.

6 The school has an important role to prevent online bullying and harassment.

What Schools Can Do

1 Raise awareness about online bullying and harassment by

- Integrate online bullying and harassment in the curriculum
- Conduct lectures, trainings or webinars on safe online behaviors and digital wellness
- Post regular announcements, tips, and reminders on how to prevent and mitigate social media bullying and harassment

2 Develop students' digital competencies and psychosocial skills

- Social media etiquettes
- Emotional regulation in social media
- Threats and risks of digital technology

3 Develop digital competencies of teachers, administrators and school personnel

- Detect risks and red flags
- Respond to reports of online bullying and harassment

4 Develop mechanisms for resolving online bullying and harassment between and among students