

What Parents Can Do to Prevent and Respond to Online Bullying and Harassment



What Parents Need to Know



Online bullying and harassment may be experienced by your child without you knowing about it.

1

Bullying and harassment on social media is a complex process that is shaped by the combination of the different features of social media.

2



The youth sees bullying and harassment on social media as an intersection of three key dimensions: targets, acts and spaces.

3

The youth may be affected by social media bullying and harassment differently compared with his/her peers.

4



The way the youth react or respond to online bullying and harassment may be influenced by several factors: individual personality, social norms, and the individual's relationship with technology.

5

You have an important role as a parent in preventing online bullying and harassment.

6



What Parents Need to Do

1

Provide a **safe home environment** where the youth can

- Express their thoughts, ideas, and feelings to family members freely
- Engage in social media privately, securely, and responsibly

2

Provide structure and limit on how the youth can use social media

3

Support the youth's interests, likes, and activities in social media (e.g., likes their posts, do things together)

4

Develop digital competencies as parents and guardians

5

Model online behaviors

6

Observe children's behaviors and watch out for red flags for risks for online bullying and harassment

7

Empower the youth on how to respond to online bullying and harassment

8

Give moral support when the youth experience online bullying and harassment

