



## Analyzing the Depictions of Queer Struggles in Selected Asian BL Series

Chandrea Elise C. Uy  
*Philippine Cultural College, Manila*

**Abstract:** Media texts depicting same-sex relationships among men long existed in ancient China in 206 BCE-220 BCE. The term BL or Boys Love was first coined in the 90s in Japan through mangas or Japanese comics and movies; it has since been steadily gaining fans from across the globe. During the 2020 COVID-19 pandemic, which forced people around the globe to stay at home, the BL genre saw increased viewership from 5% to 34% on various streaming platforms. Most of these shows depict various struggles experienced by queer characters. SOTUS (2016), Gameboys (2020), and Dark Blue and Moonlight (2017) are three well-known BL series from Thailand, the Philippines, and Taiwan. This study aims to identify the struggles depicted in these series, compare and contrast the struggles, and characterize the queer characters struggling. The television programs were analyzed using the queer theory, coding framework, and textual analysis. The findings show that most of the struggles depicted centered around acceptance of the self, acceptance by others, and managing one's feelings. The characters from these BL series also share the same characteristics, such as how they respond to problems and their struggles.

**Key Words:** Boys love, queer struggles, media portrayal, Filipino BLs, Taiwanese BLs, Thai BLs

### 1. INTRODUCTION

#### *Background of the Study*

As the years pass by, the idea of being queer is slowly being accepted. Thus, shows and films that depict relationships between queer people emerged as a genre in contemporary media. Most of these shows are produced in Thailand and star cisgender male actors. Early depictions of queer people can be found in ancient China where it is generally accepted. Being queer started to be viewed negatively because of Western influences during the Qing dynasty (Kang, 2009). The term “BL” or Boy’s love was first introduced in Japan during the 90s through mangas and novels (Olsen, 2020). The BL genre gained a following in Taiwan, Thailand, and China. It first came to Thailand in the form of novels. Due to the constant demand for BL content, Love Sick: The Series was one of the first few Thai BL shows produced in 2014. The BL genre started gaining popularity in 2014-2015 (Boonorana, 2020, as cited in Koaysomboom, 2020).

2020 marked the highest increase in viewership of BL series across different streaming platforms, with viewership increasing from 5% to 34% during the pandemic. The vice president of LINETV, one of the leading streaming platforms for BL series states that BL during this time may not be a sub-genre anymore; it is gradually going mainstream (Koaysomboom, 2020).

This study aims to identify and analyze the queer struggles present in the selected Asian BL series.

#### *1.2. Theoretical Framework: Queer Theory*

The 1990 theory developed by Butler states that human relationships are not derived from the body's biological separation (sex) but are derived from a person's portrayal of gender (sexuality). One of the ideas which queer theory rejects is heteronormativity, or the assertion that heterosexuality is the default sexuality in society. Most of the struggles depicted in the selected series are founded on Asian society's heteronormative standards. Asian societies generally emphasize producing a biological heir or family lineage (Raymo, et.al, 2015). This theory is applicable due to its relevance in the major themes depicted in the selected BL series.

#### *1.3. Statement of the Research Problem*

This research aims to compare the depiction of struggles experienced by the queer community in three BL series from Thailand, the Philippines, and Taiwan, namely SOTUS: The Series (2016), Gameboys (2020), and Dark Blue & Moonlight (2017). It seeks to answer the following questions:

1. What are the struggles experienced by the main characters portrayed in the selected BL



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ଓৰূপৰ মুক্তি

MEDIA AND PHILIPPINE STUDIES

- series?
2. How are the struggles depicted in the selected BL series from different Asian countries similar and different from each other?
  3. How are queer men depicted dealing with these struggles in the selected BL series?

## 2. METHODOLOGY

### 2.1. Research Design

The study utilized a qualitative approach and incorporated the use of a memoing sheet and textual analysis. It is a descriptive research whose goal is to provide an accurate account of an individual's characteristics, situation, or group. Descriptive research can offer a deeper understanding of a situation as it naturally occurs (Dullock, 1993). This study aims to identify and analyze the struggles experienced by the queer characters; hence the chosen approach is the most appropriate.

### 2.2. Data Gathering Procedures

This study's data was gathered from the three selected BL series to be analyzed, namely SOTUS: The Series, Gameboys, and Dark Blue & Moonlight. The series were chosen according to their popularity and explicit depictions of struggling as queer men. These were also chosen because of the similar nature of the issues present in the series.



Image 1. Poster of SOTUS



Image 2. Poster of Dark Blue and Moonlight



Image 3. Poster of Gameboys

Textual analysis was utilized to compare the depictions of struggles in the selected series. The researcher conducted three viewings to analyze scenes wherein there is a significant and explicit depiction of queer struggles.

The first viewing consisted of the researcher getting the gist or summary of the selected dramas. In the second viewing, the memoing sheet was used to note the important details, such as how the struggles were depicted and how the characters dealt with the struggles. The third and final viewing was a review in case some details were missed.

## 3. RESULTS AND DISCUSSION

### 3.1. Comparing the Struggles

The most similar characters with almost identical issues are Arthit from SOTUS and Cai from Gameboys. Both are depicted as full of doubts about themselves and fear of what others may think about them. They both hid their feelings at first because they did not want to let others see their vulnerability. Cai and Arthit were aggressive or unfriendly towards Gav and Kongpob, respectively. Nevertheless, towards the end, both warmed up to their respective significant others and started to show warmer and friendlier emotions. In terms of personal struggles, both Cai and Arthit mentioned that they had been confused about their sexuality. Cai mentioned this in a scene where he recalled that moment when Riza had publicly outed him as gay. Arthit, on the other hand, was not that verbal about his state of confusion and instead conveyed it through his actions. He avoided Kongpob whenever his feelings of confusion intensified, specifically concerning whether he was queer and had feelings for Kongpob. The only time Arthit had opened up about his inner battle between his feelings for Kongpob and thoughts of rejection from others was when he talked to his friend.



Image 4. Arthit being confused about his feelings towards Kongpob



Image 5. Gav (L) listening to Cai (R) about his experience being outed



Image 6. Jimmy being frustrated about his relationship with Yanfei

The three selected shows depict all three categories of struggles: personal, emotional, and social. However, some categories of struggles are not emphasized. The struggles depicted in SOTUS were primarily personal ones as they dealt with Arthit's confusion with his sexuality. The struggles shown in Gameboys are primarily emotional as Cai was dealing with his father's condition and the COVID-19 pandemic. Dark Blue and Moonlight's main struggles can be categorized into social struggles since Yanfei and Jimmy had to hide their relationship from Yanfei's mother.

One common struggle among the three series is the idea of coming out as queer and being accepted by society. Arthit in SOTUS was worried about how people would think of him when he came out as queer. Cai had trouble coming out to his family and was even outed by his friend, causing him to leave home due to the fear of getting rejected. In Yanfei's case in Dark Blue and Moonlight, he feared coming out and being rejected by his mother.



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ຄວາມຮັດການ

MEDIA AND PHILIPPINE STUDIES

## 3.2. Protagonists' Responses



Image 7. Arthit getting advice on his feelings



Image 8. Cai (L) being irritated at Gav (R)

Arthit's typical responses to his struggles were aggression, hostility, or avoidance. As shown in certain scenes, when Kongpob confessed to Arthit about his feelings, he avoided Kongpob. In a scene where Arthit was jealous of a close friend with Kongpob, he acted aggressively towards Kongpob. Arthit talked to his friend with the hopes of getting advice on what he should do. Cai from Gameboys' responses to his problems were quite similar with Arthit's responses. When being teased by Gav, Cai usually responded with an irritated tone, like how Arthit does. Both characters also show significant developments throughout their whole series. When faced with a problem involving Gav, Cai always listened to others before Gav, causing him to jump to his own conclusions along with his insecurities. Like Arthit, Cai also opened up to someone about his struggles as being out as queer.



Image 9. Yanfei attacking the coach

Physical violence is not emphasized in Gameboys and SOTUS. However, when Yanfei witnesses someone using a derogatory word for queer people, he resorted to violence, physically attacking that person. In Episode 5, when Jimmy outed Yanfei to his mother, their immediate response was to be physical against one another. Arthit, Yanfei, and Jimmy all shared the same response when encountering problems with their significant others. They tended to be passive and hide their genuine opinions and feelings. In a scene from Episode 5, Yanfei pretended not to care about Jimmy being distant. However, when alone, he was visibly affected by it. Jimmy also had a similar response in Episode 9 when he and Yanfei met again but as ex-lovers. He pretended that he had moved on from Yanfei but suddenly cries when alone.

## 3.3. Media vs. Real Life

The most emphasized theme which was common among the three selected series is the idea of coming out. Coming out was seen in Gameboys when Cai was outed to his family. Similarly, in SOTUS, Arthit was having doubts about whether the people around him could accept his sexuality before coming out to his friends. In Dark Blue and Moonlight, Yanfei wouldn't come out to his mother because he knew that he would not be accepted. The protagonists' struggles related to coming out are consistent with the findings of Wei and Liu (2018) when they suggest that majority of the LGBT students in China were not comfortable coming out as queer.



Image 10. Yanfei not being accepted by his mother for being gay



Image 11. Cai being accepted by his mother for being gay

Cai's mother in Gameboys was supportive of her son's sexuality as opposed to Yanfei's mother in Dark Blue and Moonlight. Both women's ages are not explicitly stated in their respective series. Cai's mother can be assumed to be in her 40s-50s, while Yanfei's mother could possibly be in her senior years, around 60s-70s. Pew Research Center's 2007-2019 study findings support these depictions as their findings assert that acceptance of the LGBT community varies from generation to generation, with the older generation being less supportive and the younger generation being more accepting. The portrayal of Cai's mother being accepting of her son's sexuality is also supported by Pew Research Center's data, in which they find out that the Philippines had the highest acceptance rate of the LGBT community in Asia.



Image 12. Arthit grabbing Kongpob by the collar



Image 13. Arthit as the head hazer

The deviation from different masculine standards can be seen across the three selected series. Each of them has points which they emphasize based on the societies of their country of origin. Students from Thai universities put importance on the concept of authority and seniority through initiation rites or hazing sessions. Seniors who do the hazing, mostly male students, are expected to be masculine, aggressive, and cruel towards the juniors. Arthit from SOTUS, in some scenes, was depicted to be aggressive towards his juniors; however, he was also depicted as



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ଓৰূপৰ মুক্তি

MEDIA AND PHILIPPINE STUDIES

someone who deviates from the aggressive and masculine image of senior hazers. Arthit was shown as someone who likes pink milk, a drink considered to be feminine in Thailand; hence when Kongpob pointed this out, he was embarrassed. In the latter part of the series, Arthit's soft side was more prominent. He became gentler and showed vulnerability in terms of expressing his true feelings.



In Philippine society, a man is expected to be the breadwinner and provider of the needs of his own family. The ability of a man to provide for his family serves as the basis of how masculine he is seen in society. In terms of religion, the majority of the Philippines is Catholic. One of the core beliefs in Catholicism is that being queer is a sin. Because of this belief, queer people are often discriminated against; being straight became the usual and default sexuality. When Cai was outed to his family as gay, he was ashamed and left his home. Cairo, as a man, felt like he could not deliver to his parents' standards of him; hence he apologized to his mother for being gay.



In the present times, Confucian ideas are still seen in modern Taiwan. Confucianism has always been patriarchal; in an ideal Confucian household, there is a husband, wife, and their children. The man or father is expected to lead the household while the wife and children obey him. Yanfei's mother in Dark Blue and Moonlight upholds this belief when she tells Jimmy and Yanfei to find wives. Jimmy from Dark Blue and Moonlight deviates from this Confucian thinking as the family Jimmy visualizes consists of two men and their adopted children when the subject of having children is brought up.

## 4. CONCLUSIONS

BLs, regardless of country of origin, in a broader sense, share almost the same struggles and characterization. Arthit from SOTUS and Cai from Gameboys share the most similarities with the way they act and respond to certain situations. Additionally, it was found that the major themes and

struggles depicted in the selected BL series are reflective of the current status quo of the LGBT community in Asia. Based on the findings and previous studies, most of them support each other's ideas, such as generational differences in views and heteronormativity in Asian society.

## 5. ACKNOWLEDGMENTS

The research proponent would first like to thank her research adviser, Mr. Roberto Lim Jr., for giving her his time and effort and sharing his knowledge. Without his guidance, this research wouldn't be completed. She would also like to extend her gratitude to her research tool validator, Mr. Daryl Teves, for taking the time to validate her research tools.

She would also like to thank her oral defense panelists, Dr. Sining Kotah, Mr. Leonard Catubay, and Mx. Clark Leynes, for their precious time and effort in critiquing this paper. The research proponent also is grateful to the PCC HUMSS batch 2021 for providing emotional and moral support to her. She would also like to thank her parents for their neverending encouragement and support. Without them, she would not have completed this study.

## 6. REFERENCES

- Allen, M. (2017). *The sage encyclopedia of communication research methods* (Vols. 1-4). Thousand Oaks, CA: SAGE Publications, Inc. doi: 10.4135/9781483381411
- Berkowitz, A., Chennault, C., Dien, A., & Knapp, K. (2015). Early Medieval Chinese texts. Berkeley: Institute of East Asian Studies University of California. pp. 44–47
- Cook, M. (2018), "A content analysis of LGBT representation on broadcast and streaming television" University of Tennessee at Chattanooga
- Cregan, K. (2012). Queer. In Key concepts in body and society (pp. 153-156). SAGE Publications Ltd, <https://www.doi.org/10.4135/9781473914650.n35>
- Dulock, H.L. (1993). Research Design: Descriptive Research. *Journal of Pediatric Oncology Nursing*. 1993;10(4):154-157. doi:10.1177/104345429301000406
- Fursich, E. (2018). Textual Analysis and Communication. *obo in Communication*. doi: 10.1093/obo/9780199756841-0216
- Garcia, J. (2009). Philippine gay culture: the last thirty years : binabae to bakla, silahis to MSM. Hong Kong: Hong Kong University Press
- Harris, A. (2019) What Are Queer Coding and Queerbaiting? (2019, September 2). Her Campus.



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ஸ்ரீ மாணிக்

MEDIA AND PHILIPPINE STUDIES

- <https://www.hercampus.com/school/utah/what-are-queer-coding-and-queerbaiting>
- Hinsch, B. (1990). Passions of the Cut Sleeve: The Male Homosexual Tradition in China. Berkeley: University of California Press, xvii, 232 pp.
- Kang, W. (2009). "Obsession: male same-sex relations in China, 1900-1950" History Department Books. 9.
- Koaysomboon, T. (2020). Everything you need to know about Thailand's thriving Boys Love culture. Time Out Bangkok. Retrieved 25 March 2021, from <https://www.timeout.com/bangkok/lgbtq/thai-boys-love-culture>.
- Mampusti, E. (2020, June 23). What's The Trending BL Series All About? Clozette. <https://www.clozette.co/article/what-are-bl-series-cj-7061>
- Olsen, C. (2020). The History of BL (Boys' Love). Retrieved 17 March 2021, from <https://yattatachi.com/history-of-boys-love>
- Poushter, J., & Kent, N. (2020, June 25). The Global Divide on Homosexuality Persists. Pew Research Center's Global Attitudes Project. <https://www.pewresearch.org/global/2020/06/25/global-divide-on-homosexuality-persists/>
- Raymo, J., Park, H., Xie, Y., & Yeung, W. (2015). Marriage and Family in East Asia: Continuity and Change. Annual Review Of Sociology, 41(1), 471-492. <https://doi.org/10.1146/annurev-soc-073014-112428>
- Tang, X., & Poudel, A.N. (2018). Exploring challenges and problems faced by LGBT students in the Philippines: A qualitative study.
- Tawil, Y. (2020, July 3). What Exactly is Media Representation Anyway? Arab Film and Media Institute (AFMI). <https://arabfilminstitute.org/what-exactly-is-media-representation-anyway/>
- Wei, C. & Liu, W. (2019) Coming out in Mainland China: A national survey of LGBTQ students, Journal of LGBT Youth, 16:2, 192-219, DOI: 10.1080/19361653.2019.1565795
- Wu, J. (2008) From "Long Yang" and "Dui Shi" to Tongzhi: Homosexuality in China, Journal of Gay & Lesbian Psychotherapy, 7:1-2, 117-143, DOI: 10.1300/J236v07n01
- UNDP, USAID (2014). Being LGBT in Asia: Thailand Country Report. Bangkok.-----
- (2014). Being LGBT in Asia: The Philippines Country Report. Bangkok.
- Zsila, A., & Demetrovics, Z. (2017). The boys' love phenomenon: A literature review. Journal Of Popular Romance Studies, 6, 2-3. Retrieved from <http://www.jprstudiestest.dreamhosters.com/wp-content/uploads/2017/04/TBLP.4.2017.pdf>



## Edutainment: Pagsusuri sa mga Gampanin, Katangian, Arketipo, at Simbolismong Nakikita sa Pagganap ng mga Piling Karakter na Selyula sa Japanese Anime Na “Cells at Work!”

Hinano T. Miyao, Abbygale C. Pinca, at Anna Patricia V. Gerong  
*Assumption College San Lorenzo, Makati City*

**Abstrak:** Ang “Cells at Work!” ay isang Japanese edutainment na ipinalabas noong 2018. Binigyang-diin sa seryeng ito ang mga pangyayari sa loob ng katawan ng tao na may 32.7 trilyon na selyula. Kaugnay nito, nilayon ng pag-aaral na masuri ang gampanin at katangian ng mga selyulang ipinakita sa palabas at maunawaan ang papel ng arketipo at simbolismo sa paglalahad ng impormasyon hinggil dito. Sa isinagawang pag-aaral, pinili ang mga karakter na selyula na neutrophils, red blood cells, platelets, helper t cells, at macrophages. Bumuo ng coding sheet na kinapapalooban ng mga kaalaman hinggil sa selyula, enneagram, at ginamit ang semiotika ni Barthes sa pagsusuri sa mga simbolismo. Batay sa pagsusuri, natuklasan ng mga mananaliksik ang mga sumusunod: ang nangibabaw na gampanin ng mga piling karakter ay ang pagdepensa sa katawan ng mga neutrophils, pagiging circulating cells ng RBCs, pagiging maikli ng haba ng buhay ng platelets, pagbuo ng istratehiya laban sa sakit ng helper t cells, at ang pagiging bahagi ng macrophages sa lahat ng connective tissues at organs ng katawan. Samantala, ang nangibabaw na arketipo ay ang “the Eight”, “the Six”, at “the One”. Ang nangibabaw naman na simbolo ay ang karakter na selyula. Naipakita rito ang pagiging tagapagtanggol, “first responders”, tagasuporta sa iba’t ibang gampanin ng katawan, tagapag-ayos sa katawan, pamumuno, paggabay, at proteksyon sa ibang selyula. Sa kabuoan, makikita na nagkaroon ng malaking papel ang representasyon sa mga piling selyula upang mas maunawaan ang gampanin nito sa ating katawan.

**Susing salita:** Cells At Work!; selyula; gampanin; enneagram; semyoohiya

### 1. INTRODUKSIYON

#### 1. 1. Rasyonale

Ayon kay Peters (2013), may malaking puwang sa pagitan ng siyensa at midya. Kabilang dito ang hindi maayos na komunikasyon at ang kakulangan sa pag-unawa ng mga siyentista at midya sa paraan ng paglalahad nito. Upang mapunan ang puwang sa suliranin, nagkaroon ng *edutainment media*. Ang *edutainment* ay isang *jargon* sa *audiovisual arts* kung saan pinagsasama ang mga salitang “*education*” at “*entertainment*” (Brodesco, 2011; Merriam-Webster, w.p.). Ginagamit ito sa anumang midyum ng *entertainment* na idinisenyu upang maging *educational* sa mga manonood. Sa ganitong pamamaraan, ang mga *scientific communicators* ay nakapagbabahagi ng mga impormasyon sa mas malawak na madla sa isang katanggap-tanggap na paraan (Martinez-Conde & Macknick, 2017). Kaugnay nito, ang paggamit at paglaganap ng mga *edutainment* ay nagbibigay ng oportunidad upang mas maintindihan ang mga dating kumplikadong konsepto sa isang simpleng paraan (Li & Orthia, 2015; Palmer, Dixon, & Archer, 2016).

#### 1. 2. Kaugnay na Literatura at Pag-aaral

Isang halimbawa ng *edutainment media* ay ang *anime* na “Cells at Work!”. Ito’y nagbigay-daan sa mga manonood upang maobserbahan ang mga pangyayari sa selyula sa loob ng katawan ng tao. Bagama’t may ibang *edutainment media* na nagtatalakay sa pagganap ng mga selyula, katulad ng “Ozzy & Drix” na kilala rin bilang “Osmosis Jones”, mayroong mga natatanging pagkakaiba sa mga tuntunin ng (a) bilang ng mga selyulang binibigyang-pokus, (b) ang paraan ng paggamit ng mga *audio-visual* istratehiya, at, ang pinakamahalaga, (c) ang antas ng kaalamang inilalahad tungkol sa mga selyula (Airey, 2020; Dr. Hope’s Sick Notes, 2018, 00:00:44 – 00:08:42; IMDb, 2001; IMDb, 2002, Matt Doyle Media, 2020; Ozzy & Drix, 2012; Valdez, 2018).

Ipinaliliwanag lamang ng naunang inilahad na ang *cell biology* ay isang larangan ng biyolohiya kung saan pinag-aaralan ang istruktura, pagganap, ugali, at gampanin ng mga selyula sa katawan ng tao at iba pang organismo sa mga prosesong nakapagpapanatili ng buhay (Alberts atbp., 2013; Tortora, Funke, & Case, 2018). Dahil ang disiplinang ito ay nakatuon sa pag-unawa ng mga munting proseso sa katawan, nakatutulong ang pagsusuri nito



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

oayon

MEDIA AND PHILIPPINE STUDIES

upang matukoy ang iba't ibang gampanin ng katawan (Bouton, 2018; McDermott & Roediger, 2018).

### 1. 3. Mga Layunin ng Pag-aaral

Nakatuon ang pananaliksik na ito sa pagsusuri sa pagganap ng mga piling karakter sa *anime* na “Cells at Work!”.

Nais ng mga mananaliksik na masagot ang mga sumusunod na katanungan:

1. Paano ipinakita ang mga gampanin at katangian ng mga piling karakter na selyula sa *anime*?
2. Ano ang mga nangingibabaw na arketipo na itinampok sa mga piling karakter?
3. Ano ang mga simbolismong nangingibabaw sa mga piling karakter?

## 2. METODOLOHIYA

### 2. 1. Disenyo ng Pag-aaral

Ang pananaliksik na ito ay gumamit ng kwalitatibong metodo at isinaalang-alang sa pagsusuri ang *descriptive case content analysis*. Ito'y sapagkat nakatuon ang pag-aaral sa pagsusuri at paglalarawan sa mga selyulang itinatampok sa *anime*. Tinangka nitong maunawaan ang pagganap ng mga selyula batay sa mga gampanin, arketipo, at simbolismong ipinakita sa Japanese *anime* na “Cells at Work!”

### 2. 2. Yunit ng Analisis ng mga Datos

Ang palabas na ito ay may labintatlong (13) *episode*, at isang (1) *season* na ipinalabas noong 2018 (Airey, 2020). Ang pag-aaral ay nakatuon sa pagsusuri sa gampanin, katangian arketipo at simbolismong makikita sa pagganap ng mga selyula mula sa mga *episode* sa unang season ng “Cells at Work!” Bukod dito, pinili ng mga mananaliksik ang mga *episode* at eksenang nagpapakita ng mga gampanin o katangian ng limang (5) uri ng selyula sa *anime*. Sa kabuoan, mayroong 13 na *episode* at 132 na eksenang sinuri sa pananaliksik.

### 2. 3. Instrumento ng Pag-aaral

Gumamit ng instrumentong *coding sheet* sa isinagawang pag-aaral. Sa paggawa nito, ginamit ng mga mananaliksik ang iba't ibang batayan. Sa gampanin at katangian ng mga piling selyula, ang mga naging batayan ay ang mga sumusunod: “Basic immunology: functions and disorders of the immune system” (Abbas, Lichtman, & Pillai, 2016), “Cytotoxic t lymphocytes” (Bakshi, Cox, & Zajac, 2014), “Karp’s cell and molecular biology: concepts and experiments (Eighth edition)” (Karp, Iwasa, & Marshall, 2016), “Becker’s world of the cell (Eighth edition)” (Hardin,

Bertoni, Kleinsmith, & Becker, 2012), “Blood groups and red cell antigens” (Dean, 2005), “Medical Cell Biology (Third Edition)” (Goodman, 2008), at “Harrison’s principles to internal medicine” (Jameson atbp., 2018).

Para sa arketipo, ang ginamit na batayan ay ang *enneagram* nina Riso at Hudson mula sa librong “Personality Types: Using the Enneagram for Self-Discovery” (1996). Sa kabilang dako, ang mga ginamit bilang batayan sa pagbuo ng simbolismo ay ang “Semiotics: the basics” ni Chandler (2017), “Elements of semiology” ni Barthes (1968), at “isang semiyolohikal na pagsusuri... sa... Gloc-9” ni Demeterio (2013).

## 3. RESULTA

### 3. 1. Ang mga Gampanin at Katangian ng mga Selyula na Nakita sa Palabas

Batay sa isinagawang pagsusuri, ang nangingibabaw na gampanin sa mga karakter na neutrophil ay ang pagdidipensa nito sa katawan mula sa impeksyon at sakit (Alberts atbp., 2013, p. 1300; Jameson atbp., 2018, pp. 991-992). Ito ay ipinakita ng 28 beses sa kabuoang eksena. Ang katangiang nangingibabaw naman ay ang pagiging *white blood cells* nito na makikita sa 27 eksena (Goodman, 2008, p. 96).

Sa mga karakter na RBCs, ang nangingibabaw na katangian ay ang pagkakaroon nito ng *hemoglobin* (Alberts atbp., 2013, p. 1274; Jameson atbp., 2018, p. 1831). Ito ay ipinakita ng 59 na beses. Ipinakita naman ang gampanin nito bilang *circulating cells* ng 54 na beses at tagapagdala ng pagkain at nutrisyon sa katawan ng 48 na beses (Hardin atbp., 2012, p. 227; Karp atbp., 2016, p. 167).

Sa mga platelets naman, ang nangingibabaw na katangian ay ang maikling haba ng buhay ng mga selyulang ito (Dean, 2005, p. 10; LeBrasseur, 2007, p. 1; LeBois & Josefsson, 2016, p. 2). Ito ay makikita ng 18 beses mula sa kabuoang 36 na eksena. Ang gampanin naman na ipinakita ay ang pagiging responsable nito sa pagpapatigil ng pagdurugo na makikita ng 16 na beses (Dean, 2005, p. 10; Karp, atbp., 2016, p. 263).

Sa helper t cell, ang nangingibabaw na gampanin ay ang kakayahang nitong bumuo ng mga istratehiya laban sa mga *pathogens* na makikita ng 9 na beses (Karp atbp., 2016, p. 707). Isa rin sa mga nangingibabaw nitong katangian ay ang kakayahang mag-recruit sa ibang *immune cells* patungo sa lugar ng impeksyon na makikita ng 5 beses sa palabas (Abbas atbp., 2016, p. 16; Karp atbp., 2016, p. 707).

Sa mga macrophages, ang nangingibabaw na katangian ay ang pagiging bahagi nito sa lahat ng



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ayon sa

MEDIA AND PHILIPPINE STUDIES

*connective tissues at organs ng katawan* (Abbas atbp., 2016, p. 23) na makikita ng 12 beses.

### 3. 2. Mga Arketipong Nakikita batay sa Enneagram nina Riso at Hudson

Samantala, sinuri din ang mga nangingibabaw na arketipo batay sa enneagram nina Riso at Hudson (1988). Ito'y nahahati sa tatlong triad: (a.) Feeling Triad: “*the Helper*”, “*the Motivator*”, at “*the Individualist*”; (b.) Thinking Triad: “*the Investigator*”, “*the Loyalist*”, at “*the Enthusiast*”; (c.) Instinctive Triad: “*the Leader*”, “*the Peacemaker*”, at “*the Reformer*”. Ginamit ang arketipo sapagkat ang mga karakter na selyula, sa pabalas, ay itinuturing na tao na gumaganap sa kanilang tungkulin sa loob ng katawan.

Ang nangingibabaw na arketipo sa neutrophil ay *the Leader* (“*the Eight*”). Ito ay nauuri sa *instinctive triad* sa *enneagram*.

Ang nangingibabaw naman na arketipo sa mga RBCs ay *the Loyalist* (“*the Six*”) na nauuri sa *thinking triad* (Riso & Hudson, 1996).

Mula naman sa 18 na eksenang sinuri sa mga karakter na platelets, ang pinakanangibabaw na arketipo ay *the Loyalist* (“*the Six*”), at ito ay nauuri sa *thinking triad*. Bukod dito, *the Leader* (“*the Eight*”) at *the Peacemaker* (“*the Nine*”) ay ang mga arketipo na pangalawang nangingibabaw sa karakter na ito.

Ang arketipo na ipinakita naman sa mga karakter na helper t cells ay ang *the Reformer* (“*the One*”) mula sa *instinctive triad*.

Panghuli ang nangingibabaw na arketipo sa mga karakter na macrophages ay ang *the Loyalist* (“*the Six*”). Ito ay nauuri sa *thinking triad*, at ang ugali ng mga taong naririto ay ang pagbibigay-diin sa lohika at pag-iisip.

### 3. 3. Pagsusuri sa mga Simbolismo sa Palabas gamit ang Semyotika ni Barthes

Matapos masuri ang katanganian, gampanin at arketipong nangibabaw, binigyang-pansin din ang simbolismong makikita sa pamamagitan ng semyolohikal na pagsusuri. Mula rito, nagabayan ang proseso ng pag-aanalisa sa mga simbolismo sa mga prinsipiyo at ideya ni Barthes. Sa gayon, isinagawa ng mga mananaliksik ang pagsusuri sa mga piling karakter batay sa pagkasanud-sunod: neutrophils, red blood cells, platelets, helper t cells, at macrophages. Ang mga piling karakter mismo ang nagsilbing mga *sign* at ibinatay ang mga *signifier* at *signified* alinsunod sa inilahad ni Barthes hinggil sa semyotika.

(1) Sign	
(2) Signifier	(3) Signified

Ang *sign* na neutrophil ay nagpakita ng *signifier* na kulay puti (pisikal na katanganian ng selyula). Makikita na ang mga neutrophil ay madalas na nauunang dumarating tuwing mayroong *antigen* sa katawan, kaya ito ay nagkaroon ng *signified* na “kaligtasan” at “first responders”. Bukod dito, may iilang pagkakataon na makikita ang mga neutrophils na nagtatanggol sa ibang mga selyula mula sa mga *antigens*. Dahil dito, may nabuong *signified* sa mga neutrophil bilang senyas ng “proteksyon” mula sa mga sakit o *antigens* na maaaring magpahamak sa ibang selyula.

Ang *sign* naman na RBCs ay may *signifier* na pagiging kulay pula. Ito ay ang pangunahing kulay sa pang karakter na uniporme ng mga karakter. Ang uniporme na ito ay bumubuo ng *signified* na “may hemoglobin” sapagkat ang protinang ito ang nagbibigay ng pulang kulay sa selyula. Ito ay nakita sa episode 11 ng anime noong naglalakad ang mga RBCs, na hindi nakaayos ang kanilang uniporme, sa *capillaries* na nasa ilalim ng matinding init. Sumusuporta ito sa *signifier* dahil naapektuhan ng init ang *binding strength* ng hemoglobin at ito ang nagiging dahilan sa pagkawala ng pulang kulay sa itsura ng mga tauhan (Stadler atbp., 2008, p. 1).

Mula rito, ang mga karakter na ito ay may *signified* na “suporta” dahil sila ay makikitang nagdadala ng mga mahahalagang bagay, katulad ng O<sub>2</sub> gas at nutrients, sa iba’t ibang bahagi ng katawan. Bukod dito, makikita ang mga selyulang ito na nagdadala ng O<sub>2</sub> gas sa *alveoli* upang magkaroon ng *gas exchange* at matanggal ang CO<sub>2</sub> sa katawan. Ito ay mas ipinakita sa episode 8.

Makikita naman na may iba’t ibang *signifier* ang mga karakter na platelets sa palabas na ito. Ayon sa pagsusuri, ang *signifier* na naging katugon sa kabuoan ng mga piling eksena ay ang pagsusuet ng malaking *light blue* na *t-shirt*. Ito ay bumuo sa *mental concept* ng pagiging bata. Bukod dito, madalas na makikita ang mga karakter na ito malapit sa mga lugar na may sira. Dito, madalas makikita ang *caution tape*. Mula rito, nabuo ang *signified* na “konstruksyon” at “pag-aayos ng istruktura” sa mga selyulang ito.

Makikita naman ang mga *signifier* sa karakter na helper t cell: ang puting uniporme, computer, tsaa, salamin, at ang PA system. Mula rito, ang mga nabuong *signified* ay ang “pamumuno”, “kaalaman”, “katalinuhan”, “ gabay”, at “matiwasyay”.



Panghuli, ang mga *signifier* ng karakter na macrophage ay ang “kulay puti”, “malaking kutsilyo”, “kulay pula”, at ang “briefcase”. Ang kulay puti ay nangangahulugang “kaligtasan”. Samantala, ang kulay pula, ang *briefcase* at ang malaking kutsilyo ay bumubuo sa *signified* na “proteksyon”. Ang malaking kutsilyo ay nangangahulugan din bilang “lakas” sapagkat ito ay napakalaki at nakapapatay ng iilang mga birus. Panghuli, ang *signifier* na “two-way radio” ay nangangahulugang “komunikasyon” sapagkat ito'y ginamit sa *episode 3* sa pagbibigay ng impormasyon hinggil sa *influenza virus*.

#### 4. DISKUSYON

##### 4. 1. Lagom

Ipinakita sa mga resultang ipinahayag na nagkaroon ng malaking papel ang pagsasalaysay at ang mga istratehiyang ginamit sa palabas na “Cells At Work!” Madalas makikita ang mga gampanin ng mga selyula ay lumabas sa mga aksyon at tugon ng mga karakter sa mga nangyayari sa bawat eksena. Mula rito, tila mayroong mga “*situational metaphors*” kung saan ipinakikita ang mga gampanin at katangian ng mga selyulang ito (Bouton, 2018; Dahlstrom, 2010; Dahlstrom, 2014). Bukod dito, ang pagpapakita sa mga prosesong nauugnay sa mga piling selyula ay ginawa sa pagpapakita sa loob ng katawan na tila lipunan na may sariling batas at istrukturang panlipunan.

Ito ay sumasang-ayon sa isang kaugnay na literatura tungkol sa *cell biology edutainment*. Ayon kay Brodesco (2011):

“audiovisuals can make us see the inner body using two different narrative tools: 1) the shrinkage of people...into the body; 2) the immersion into a body through an insider look...”

Sa “Cells At Work!”, ginamit ang naratibong istratehiya kung saan ipinakita ang katawan ng tao bilang isang *fictional world* gamit ang mga tauhan. Naipakita rin dito na napahalaga ang kolaborasyon ng *humanities*, partikular ang literatura at midya, sa paglalahad ng mga siyentipikong impormasyon sa isang mas maiintindihang paraan (Fischer, Tobi, & Ronteltap, 2011; Fitzsimons & Killen, 2013; Weinmann atbp., 2013).

Samantala, ang pinakanangingbabaw na arketipo sa limang (5) sinuri na karakter ay *the Eight (“the Leader”)*. Ayon kay Riso at Hudson (1996), ang karaniwang ugali ng taong nauuri rito ay ang pagiging *self-assertive*, may paniniwala sa sarili, mapamaraan at marubdob na indibidwal. Ito ay naaangkop sa mga piling karakter na selyula sa katawan dahil ang mga selyulang ito ay tumutulong sa katawan upang magampanan nito nang mabuti ang kanilang mga gampanin at, sa gayon, tayo ay mabubuhay nang walang masamang pakiramdam.

Mula sa mga simbolong ginamit, ang nangibabaw na *sign* ay ang mga karakter mismo. Bukod dito, ang nangibabaw na *signifier* ay ang kulay ng damit nito at ang nangibabaw na *signified* ay madalas may kinalaman sa gampanin ng selyula sa katawan. Isang dahilan kung bakit naging epektibo ang paggamit ng simbolismo sa palabas ay ang *visual nature* ng biyolohiya. Ayon kay Jenkinson at McGill (2012) “*biology is an inherently visual domain*”. Karamihan sa mga kasalukuyang kaalaman sa biyolohiya ay nanggaling sa mga *imaging technologies* katulad ng *x-ray*, *crystallography* at *electron microscopy*. Naiiwasan nito ang iba’t ibang antas ng *abstraction* sa pag-unawa, at posibleng makatulong sa pagtugon sa puwang na ito dahil ang mga simbolismo ay may literal na kahulugan na mauugnay sa abstrak na konsepto upang mas maintindihan at maalala ito (Fink, 2015; Serpente, 2011; Todorova atbp., 2015).

##### 4. 2. Kongklusyon

Sa kabuoan, ipinakita ang mga gampanin ng mga piling selyula sa *anime* na “Cells At Work!” sa paraan ng pagsasalaysay sa bawat *episodes* ng palabas at sa paggamit ng mga simbolismo sa mga karakter upang mailahad ang mga mahahalagang kaalaman hinggil sa *cell biology*. Mula rito, makikita na napakahalaga ang paggamit ng mga naratibong teknik sa siyentipikong *edutainment media*, partikular ang arketipo at simbolismo.

Sa palabas, makikita na naging epektibo ang representasyon ng mga selyula bilang tao sapagkat mas maiintindihang paraan ng manonood ang mga gampanin ng mga selyula upang mapanatili ang *homeostasis* ng katawan. Bilang resulta, ito ay maaaring makalutas sa puwang sa *scientific communication* sa pagitan ng mga eksperتو at ang pangkalahatang publiko.

#### 5. PASASALAMAT

Taus-pusong pasasalamat ang aking ipinaaabot sa mga sumusunod na indibidwal dahil sa mahahalagang tulong, kontribusyon at suporta tungo sa matagumpay na reyalisasyon ng pananaliksik na papel na ito:

1. Maraming salamat po kina Bb. Abbygale C. Pinca at Bb. Anna Patricia V. Gerong (Pagbasa at Pagsusuri ng Iba’t Ibang Teksto Tungo sa Pananaliksik at Research in Daily Life 1), mga masisigasig naming dalubguro, na gumabay sa akin sa tamang hakbangin sa pagsulat at paggawa ng isang pananaliksik na papel, lalung-lalo na kay Bb. Pinca sa kanyang walang hanggang paniniwala at pagsuporta sa akin bilang mananaliksik, at sa paksang pinag-aaralan sa papel na ito,



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စောင့်ခွဲမြတ်

MEDIA AND PHILIPPINE STUDIES

2. Kay G. Ronald Allan L. Cruz ng Unibersidad ng Ateneo de Manila, sa pagpapakita ng interes sa pag-aaral na ito bilang *validator*,
3. Sa aking mga matatalik na kaibigan na sina Anna Patricia D. Esguerra ng Humanities and Social Sciences Strand sa Unibersidad ng Santo Tomas at Maria Concepcion M. Franco ng Assumption College San Lorenzo sa kanilang lubos na pagtulong sa pagwawasto ng aking gramatika at sa pagsasalin sa iilang bahagi ng unang yugto ng pagsasaliksik upang maipahayag nang buong sukat ang mga natuklasan sa pag-aaral na ito,
4. Sa mabubuti kong kaibigan na sina Ada Marie G. Saldaña, Maria Concepcion M. Franco, at Raniah L. Selva, sa kanilang taos-pusong pagsuporta upang maging matagumpay ang aking pagtatanghal sa kongresong ito, at sa kanilang paniniwala sa aking pangarap na mailatha ang pag-aaral na ito,
5. Kina Denise Ashley L. Ko at Gavin Christian M. De Vera ng Unibersidad ng Ateneo de Manila sa paglalaan ng panahon upang matulungan nila ako sa paghahanap ng mga *validators*, lalung-lalo na kay Ashley Ko na naniwala sa aking kakayahang at hindi sumuko sa pagtulong upang makamit ko ang tagumpay,
6. Sa mga awtor, *editor* at mga mananaliksik ng mga akdang aking pinaghanganan ng mahahalagang impormasyong ginamit sa pagbuo ng papel na ito,
7. Sa aking pamilya sa pag-unawa at pagsuporta sa mga gabi na inalay ko para sa pananaliksik na ito, at higit sa lahat,
8. Sa Poong Maykapal, sa Kanyang patuloy na paggabay, pagpapalakas, at pagbibigay ng mga taong naging biyaya sa aking buhay habang binubuo ang pananaliksik na ito.

Muli, maraming-maraming salamat po at ipinagdarasal ko po na ang pag-aaral na ito ay makaaambag sa mga diskusyon katulad nito sa larangan ng agham, at makatutulong ito sa pagpapalawak, at sa pagpapatibay sa larangan ng pananaliksik sa ating bansa.

## 6. MGA SANGGUNIAN

- Abbas, A., Lichtman, A., & Pillai, S. (5th ed). (2016). Basic immunology: functions and disorders of the immune system. Missouri: Elsevier Inc.
- Airey, J. (2020). 'Cells At Work!' season 1 review. <https://studiojakemedia.com/2020/04/04/cells-at-work-season-1-review/>
- Alberts, B., Bray, D., Hopkins, K., Johnson, A., Lewis, J., Raff, M., ...Walter, P. (4<sup>th</sup> Ed.). (2013). Essential cell biology. United States of America: Garland Science.

Bakshi, R. K., Cox, M. A., & Zajac, A. J. (2014). Cytotoxic t lymphocytes. Encyclopedia of Medical Immunology Springer: New York, 332-2.

Barthes, R. (Unang Amerikanong Ed.). (1968). Elements of semiology (A. Lavers & C. Smith Trans.). New York: Hill and Wang.

Bouton, M. (2018). Conditioning and learning: observational learning. In A. Butler (Ed.), General Psychology: Fall 2018, 108-115. Orlando: DEF Publishers.

Brodesco, A. (2011). I've got you under my skin: narratives of the inner body in cinema and television. Nuncius, 26(1), 201-221. <https://doi.org/10.1163/182539111X569829>

Chandler, D. (3rd Ed.). (2017). Semiotics: the basics. New York: Routledge.

Dahlstrom, M. (2010). The role of causality in information acceptance in narratives: an example from science communication. Communication Research, 37(6), 857-875. <https://doi.org/10.1177/0093650210362683>

Dahlstrom, M. (2014). Using narratives and storytelling to communicate science with nonexpert audiences. Proceedings of the National Academy of Sciences, 111(4), 13614-13620. <https://doi.org/10.1073/pnas.1320645111>

Dean, L. (2005). Blood cells and red cell antigens [PDF]. Maryland: National Center for Biotechnology Information (NCBI). [https://www.ncbi.nlm.nih.gov/books/NBK2261/pdf/Bookshelf\\_NBK2261.pdf](https://www.ncbi.nlm.nih.gov/books/NBK2261/pdf/Bookshelf_NBK2261.pdf)

Demeterio, F. (2013). Isang semyolohikal na pagsusuri sa mga kontradiksiyon nakapaloo sa panlipunang kritisismo ni Gloc-9. Malay, 26 (1), 17-35.

Fink, E. L. (2015). Symbolic interactionism. The International Encyclopedia of Interpersonal Communication, 1-13. <https://doi.org/10.1002/9781118540190.wbeic266>

Fischer, A., Tobi, H., & Ronteltap, A. (2011). When natural met social: a review of collaboration between the natural and social sciences. Interdisciplinary Science Reviews, 36(4), 341-358. <https://doi.org/10.1179/030801811x13160755918688>

Fitzsimons, C., & Killen, J. (2013). How science can help solve the enneagram's credibility problem. The Enneagram Journal, 6 (1), 1-22. [https://ieaninepoints.com/wp-content/uploads/2019/01/2013-IEA-Journal\\_CJ-Fitzsimons\\_and\\_Jack-Killen.pdf](https://ieaninepoints.com/wp-content/uploads/2019/01/2013-IEA-Journal_CJ-Fitzsimons_and_Jack-Killen.pdf)

Hardin, J., Bertoni, G., Kleinsmith, L., Becker, W. (8th Ed.). (2012). Becker's world of the cell. New York: Pearson Benjamin Cummings.

Dr. Hope's Sick Notes. (2018). Real doctor reacts to Cells At Work! anime review [Video]. YouTube. Kinuha noong ika-14 ng Pebrero, 2020, mula sa <https://www.youtube.com/watch?v=pnvgQCavmkM>

IMDb. (2001). Osmosis Jones. <https://www.imdb.com/title/tt0181739/>

IMDb. (2002). Ozzy & Drix. <https://www.imdb.com/title/tt0306371/>

Jameson, J. S., Fauci, A.S., Kasper, D. L., Hauser, S. L., Longo, D. L., Loscalzo, J. (2018). Harrison's principles of internal medicine. New York: McGraw-Hill Education.

Jenkinson, J., & McGill, G. (2012). Visualizing protein interactions and dynamics: evolving a visual language for molecular animation. Life Sciences Education, 11, 103-110. <https://doi.org/10.1187/cbe.11-08-0071>



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စောင့်ခွဲမြတ်

MEDIA AND PHILIPPINE STUDIES

- Karp, G., Iwasa, J., & Marshall, W. (8th Ed.). (2016). Karp's cell and molecular biology. New Jersey: John Wiley & Sons, Inc.
- Lani, J. (2011). The Riso-Hudson Enneagram Type Indicator (RHETI) [PDF File]. <https://pdfs.semanticscholar.org/bb6c/1322149bd9a87c274cd631e883f281cf059e.pdf>
- LeBois, M., & Josefsson, E. (2016). Regulation of platelet lifespan by apoptosis. Platelets. <https://doi.org/10.3109/09537104.2016.1161739>
- LeBrasseur, N. (2007). Platelets' preset lifespan. The Journal of Cell Biology, 177(2), 186-187. <https://doi.org/10.1083/jcb.1772rr5>
- Li, Rashel & Orthia, L. A. (2015). Communicating the nature of science through The Big Bang Theory: evidence from a focus group study. International Journal of Science Education. <https://doi.org/10.1080/21548455.2015.1020906>
- Martinez-Conde, S., & Macknik, S. (2017). Opinion: finding the plot in science storytelling in hopes of enhancing science communication. Proceedings of the National Academy of Sciences, 114(31), 8127-8129. <https://doi.org/10.1073/pnas.1711790114>
- Matt Doyle Media. (2020). Cells at work [anime review]. Kinuha noong ika-19 ng Agosto, 2020, mula sa <https://mattdoylemedia.com/2020/01/28/cells-at-work-anime-review>
- McDermott, K., & Roediger, H. (2018). Memory (encoding, storage, retrieval). In A. Butler (Ed.), General psychology (Fall 2018), 117-140. Milwaukie: Diener Education Fund.
- Merriam-Webster. (w.p.). Definition of edutainment. Kinuha noong ika-19 ng Agosto, 2020, mula sa <https://www.merriam-webster.com/dictionary/edutainment>
- Ozzy & Drix. (2012). Home with Hector [Video File]. <https://www.dailymotion.com/video/xx3d3q?playlist=x2gds4>
- Palmer, D., Dixon, J., & Archer, J. (2016). Using situational interest to enhance individual interest and science-related behaviours. Research in Science Education, 47(4), 731-753. <https://doi.org/10.1007/s11165-016-9526-x>
- Peters, H. (2013). Gap between science and media revisited: Scientists as public communicators. Proceedings of the National Academy of Sciences, 110(3), 14102-14109. <https://doi.org/10.1073/pnas.1212745110>
- Riso, D., & Hudson, R. (Naiwastong Ed.). (1996). Personality types: using the enneagram for self-discovery. New York: Houghton Mifflin Company.
- Stadler, A. M., Digel, I., Artmann, G. M., Embs, J. P., Zaccai, G., & Büldt, G. (2008). Hemoglobin dynamics in red blood cells: correlation to body temperature. Biophysical journal, 95(11), 5449-5461. <https://doi.org/10.1529/biophysj.108.138040>
- Serpente, N. (2011). Cells from icons to symbols: molecularizing cell biology in the 1980s. Studies in history and philosophy of science part C: studies in history and philosophy of biological and biomedical sciences, 42(4), 403-411. <https://doi.org/10.1016/j.shpsc.2011.07.006>
- Todorova, S., Dimitrov, T., Ivanova, I., Muradov, H., Spiridonova, R., Nedelcheva, R...Petrova, D. (2015, Oktubre). Innovations in teaching and learning microbiology – painting with pigment organisms. Papel na ipinakita sa biotechnologies and food technologies, Angel Kanchev Unibersidad ng Ruse.
- Tortora, G., Funke, B., & Case, C. (13th ed.). (2018). Microbiology: an introduction.
- United States of America: Pearson Education, Inc.
- Valdez, N. (2018). Scientists praise 'Cells at Work!' for its entertaining accuracy. Kinuha noong ika-14 ng Pebrero, 2020, mula sa <https://comicbook.com/anime/2018/08/26/cells-at-work-cancer-episode-accuracy-praised-anime/>
- Weinmann, C., Löb, C., Mattheiß, T., & Vorderer, P. (2013). Approaching science by watching TV: what do entertainment programs contribute to viewers' competence in genetic engineering? Educational Media International, 50(3), 149-161. <https://doi.org/10.1080/09523987.2013.839152>



## Women on the Margins: A Case Study on The National Federation of Peasant Women in the Philippines (AMIHAN)

Francesca Therese A. Arnedo, Janelle Marie P. Baro and Emilene

Maxine F. Fadri

*De La Salle University Integrated School, Biñan City, Laguna*

Christian P. Gopez, Research Adviser

*De La Salle University Integrated School, Manila*

**Abstract:** Throughout the years, the agricultural sector continues to face challenges such as land entitlement, unequal wages, and human rights violations. Along with these are gender-based issues that further intensify the difficulties faced by farmers, particularly peasant women. With the establishment of organizations like The National Federation of Peasant Women in the Philippines (AMIHAN), these challenges are given attention as it aids in upholding rights and providing voices for peasant women. This study explored the motivations behind AMIHAN's establishment, its nature and how it differs from other women's organizations, and how the organization amplifies voices and provides alternative platforms to peasant women in the Philippines. Two leaders and five peasant women were interviewed via the online conferencing platforms, Zoom and Messenger. Three main findings were inferred: 1) peasant women are united and empowered by the organization's advocacies, 2) peasant women face both sector-specific and non-sector-specific issues, and 3) peasant women are given a platform to voice their issues through the organization. With the help of AMIHAN, the gap left out by the broad goals of women's movements are addressed, and the inequality and oppression faced by peasant women are tackled.

**Key Words:** AMIHAN; peasant women; women's organization; alternative platform

### 1. INTRODUCTION

The role of women's organizations has changed over time. According to Hega et al. (2017), "the dynamic women's movement in the Philippines is the product of a long history of struggle and participation in various historical conjunctures." These changes in the nature of women's movements were products of various socioeconomic and political conditions. Over the years, women's organizations have proven themselves vital for their role in empowering women (Cornwall, 2016). In the Philippines, organizations like The General Assembly Binding Women for Reforms, Integrity, Equality, Leadership, and Action (GABRIELA), Malayang Kilusang ng Bagong Kababaihan (MAKIBAKA), and Katipunan ng Kababaihan para sa Kalayaan (KALAYAAN) have played a vital role in the national democratic struggle that aims to achieve broader goals for the benefit of all women and marginalized sectors. However, the generality of their goals overlooks underlying sector-specific issues, and these issues are tackled by certain organizations. According to Hur (2012), "feminist hegemonies are not just scattered in detached and divisive ways but are instead scattered in multidimensional spaces having its ultimate aim,

the struggle against women's oppression in both private and public domain," implying that there is no division in the overall movement.

The National Federation of Peasant Women in the Philippines (AMIHAN) is an example of an organization that tackles sector-specific issues. Established on October 26, 1986, AMIHAN was formed as a response to the need to give a collective voice to peasant women through advocating for their rights and liberties. The organization's unity allows the issues faced by women in the agricultural sector to be heard. As Penunia (2011) states, organizations like this are significant for the "empowerment, poverty alleviation, and advancement of farmers and the rural poor."

The agricultural sector stands as one of the Philippines' primary sources of income, taking up 22.2% of the country's labor force (Philippine Statistics Authority, 2019). Despite this, it still stands as one of the most contested sectors in terms of the fight against poverty, workers' rights, and equality. Aside from this, issues like red-tagging and harassment also exist and are aggravated by various policies implemented. In the Philippines, the number of literature tackling sector-specific women's



organizations and their struggles are also limited, resulting in these challenges to be overlooked. In addition, gender-based discrimination further intensifies the challenges faced by women in this sector. As Anonuevo (2000) notes, “the long history of colonialism has embedded a patriarchal culture among Filipinos.” This subverts the efforts enacted by women, hindering them from becoming emancipated from the existing stereotypes and preventing them from achieving their full potential. Though both men and women contribute to the industry, women’s “livelihoods, rights, and socio-economic status are weakly asserted compared to men” (Chandra et al., 2017).

Given the current situation of peasant women in the country, AMIHAN still stands firm in fighting for their rights and advocacies. With 35 chapters nationwide and almost 14,000 active members, the organization has provided peasant women assistance in addressing the challenges they encounter within the sector.

Thus, this research explored the motivating factors that led to its establishment and described its nature and difference from other women's organizations towards establishing how the organization amplifies the voices of peasant women in the Philippines. Studying organizations such as AMIHAN helps in tackling the diversity of feminist hegemonies, which also helps in advancing, strengthening, and solidifying the organization's advocacies.

## 2. METHODOLOGY

This research employed a qualitative case study design to describe the nature of AMIHAN as a women's organization and to discover how they amplify the voices and provide alternative platforms for peasant women in the Philippines. The key informants of the study were the leaders and members of the organization. Snowball sampling was used in identifying five informants from the following chapters: Cavite (1), Bicol (1), Camarines Sur (1), and Panay (2), while the National Chairwoman and Secretary-General were invited to participate in the study.

Most of the members have been part of the organization for four or more years except for the Cavite member because their chapter was only established in December 2020. Because of the ongoing issues faced by the agricultural sector, the researchers decided to assign codes to each participant. The following are the assigned codes for the respondents:

- [L1] Chairwoman
- [L2] Secretary-General
- [M1] Cavite
- [M2] Bicol
- [M3] Camarines Sur

[M4] Panay A

[M5] Panay B

wherein [L] stands for the leaders of the organization, and [M] stands for the members.

Due to the pandemic, the interviews were conducted virtually through Zoom and Messenger, wherein two sets of semi-structured questionnaires were utilized. This took place in a span of three months. In analyzing the data, the researchers applied components of Braun and Clarke's thematic analysis (2015), which was defined to be a way of finding themes or patterns within the data. After analyzing the data, the answers were narrowed down into three main themes that revolve around AMIHAN as a unifier, as an agent for social and agricultural change, and as an alternative voice to peasant women. Proper research ethics were observed by administering informed consent forms to the respondents beforehand to ensure that they understand the study's goal and direction. Moreover, the respondents had an option whether they prefer using their names or an alias to preserve their anonymity.

## 3. RESULTS AND DISCUSSION

### 3.1 AMIHAN as an organization that unites and empowers peasant women

The establishment of AMIHAN strengthens the unity among peasant women, empowers them to break free from traditional gender norms, and take action against the oppression they face. According to L2, the symbolism of the word AMIHAN is based on the attributes of the northeasterly wind, which she associated with women:

“Hindi naman malamya [ang kababaihan]. Kababaihan ‘yan, na kapag nagkaisa, at kapag napagbuklod-buklod para dun sa isang layunin, ay parang hangin ‘yan na kasing lakas din ng bagyo. At ang bagyo na ‘yan ay pwedeng manira o sirain ‘yung sistemang umiiral.”

M1 shared similar sentiments by saying, “Ang AMIHAN, lalo na dito sa amin, sinisikap namin yung sama-samang pagkilos na pinagkakaaisahan ng lahat,” showing how the organization and its members value unified strength as a means to pursue their goals.

AMIHAN started with only five provincial/municipal-level organizations scattered across the Luzon, Visayas, and Mindanao regions. L2 said, “nakita [nung mga organizations na nabuo nal yung kahalagahan na mabuo ito sa pambansang antas para yung kamilang isyu sa lokal ay madala ito sa national level bilang sentro ng komunikasyon.”

AMIHAN founders saw the importance of establishing an organization that is headed and participated in by women. It was discussed that in



organizations where men and women farmers co-exist, women are given roles influenced by traditional gender stereotypes such as serving or cooking.

According to L2, “Nakita ‘yung kaibahan. Pag kasama kasi ang mga kababaihan sa organisasyon ng kalalakihan, parang hindi talaga nae-exercise freely ‘yung kanilang mga gustong ilahad.” She further emphasized that, “higit sa lahat, bilang kababaihang magsasaka [importante] ‘yung pagkilala dun sa malaking kontribusyon nila sa ekonomiya at sa ating agrikultura.” M1 also said that women are usually stereotyped as weak, incapable, and submissive; however, according to them, “sa amin, ang hamon ay papaano namin—marami pang palalakasin—o paano pa namin o-organisahan ‘yung kagaya naming mga kababaihang magbubukid na tingnan ang sarili na hindi mababa at walang lakas,” showing how they strive to overcome society’s gender stereotypes.

In a bigger perspective, the leaders have mentioned that despite policies on agrarian reform, loss of land still poses a major problem for farmers. The continued fight over land ownership impacts peasant women both economically and psychosocially as this is a primary way for them to sustain their families. This is why there is a need for them to continue fighting and organizing for the rights of their lands, as it will also affect their personal lives. This exhibits how AMIHAN is able to create a significant impact not only for women but on the agricultural sector itself.

### *3.2 Women’s struggles through the lens of peasant women*

Peasant women experience various challenges ranging from sector-specific to non-sector-specific issues. In terms of sector-specific matters, legislations such as the Rice Liberalization Law are said to pose a major threat for all farmers. It was stated that this law had caused a collapse in production and loss of income for the agricultural sector due to traders preferring cheaper imports. On top of having to compete with rice imports and prices, farmers also have to compete with corporations and state forces over land ownership. One of the longest-standing struggles in the agricultural sector is loss of land through land reclamation or land use conversion, which forces them to abandon their territory. In addition, military force is often used to coerce peasant workers to flee the premises. As explained by M4, “ginagamit nila ito para mabigyan ng pabor ang gusto nilang ipatayo.” This is not the only case of militarization that exists in the agricultural sector. When it comes to non-sector-specific matters, peasant women also experience harassment which has led to severe outcomes. These harassments, according to M2, is further heightened due to policies that encourage state violence such as Memorandum Order

32 (an order specific to certain places that reinforces the AFP and PNP against lawless violence), Executive Order 70 (institutionalizing the NTF-ELCAC), and Republic Act No. 11497 (Anti-Terror Law). Among the aforementioned policies, the Anti-Terror Law intensifies red-tagging, which has resulted in various cases of harassment, killing, and threatening the livelihood of peasant women in the country. As M1 explained, “kapag ipinagtatanggol mo na [lang karapatan mo], eh NPA ka na.” The gravity of this policy was further emphasized by L2 stating that, “ang nakakatakot dito, pagkatapos maredtag, pwede ka nang patayin.” These challenges impede the hard work of peasant women because it refuses them the freedom to their own livelihood as well as their basic human rights. However, with the help of AMIHAN, these women find a way to address these struggles.

### *3.3 AMIHAN as a women’s organization that combats inequality and oppression against agricultural workers*

Challenges within the sector are dealt with through the efforts of both the leaders and members of AMIHAN. The leaders stated that the problems existing within the agricultural sector are given more focus because the advocacies carried out by the organization are directed specifically towards it. Generally, the agricultural sector is already facing a myriad of problems, and within the sector itself, there are specific issues faced by women. L2 stated, “[bilang babael, partikular na bahagi kami ng sektor ng magsasaka na kung saan ‘yung isyu ng mga magsasaka ay problema din namin,” and “sa isyu ng ating sektor may specific issues na kinakaharap ang mga kababaihan kaugnay dito.” According to a concept paper released on their official website, they spearheaded the #DefendPeasantWomen campaign, which urged citizens to “join in the filing of letter of appeal to investigate the rights abuses victimizing peasant women at the Commission on Human Rights and other government agencies” (AMIHAN, 2021). They also mentioned that unlike other women organizations, AMIHAN is critical of the policies implemented by the government that directly affect them. As noted by L2, they offer resolutions to policies that affect their sector by mentioning, “ikina-campaign namin [‘yung mga advocacy] at naglo-lobby kami sa congress at saka sa senate, gano’n din sa mga LGUs. Mga lobby para do’n sa mga ano ‘yung mga effect nito at ano ‘yung alternatives na isinusulong ng aming organisasyon.” These resolutions range from demilitarizing the countryside to policy implementations such as pre-irrigation laws. Members also engage in activities and projects that strengthen and promote AMIHAN’s advocacies. Based



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

အေဂျင်မြန်မာ

MEDIA AND PHILIPPINE STUDIES

on the interviews, some of the activities they take part in include educating people about the state of peasant women as well as holding donation drives of relief goods for them. In addition, they also participate in protests that help inform the masses about the current situation of peasant women in the country and to push forward their call for change in solidarity with other organizations.

All of these are fueled by the tenacity and determination of peasant women in standing up not only for their rights but the rights of others as well. As mentioned by M4, “gusto namin na makatulong sa mga kaparehas naming magsasaka, lalo na ang mga babaeng magsasaka.” Ultimately, the establishment of AMIHAN has definitely been vital for both peasant women and the agricultural sector in their pursuit of equality and freedom from oppression.

## 4. CONCLUSIONS

Peasant women endure age-old challenges inside and outside the agricultural sector. These challenges, along with their drive to uplift peasant women in the agricultural sector, are the primary motivations behind AMIHAN’s establishment. Inherently, what sets AMIHAN apart from other women’s organizations is that they focus on sector-specific issues that directly affect their economic and psychosocial wellness. By taking into consideration the situation and experiences of peasant women, and applying them to their projects and advocacies, AMIHAN is able to unify peasant women in fighting against inequality and oppression within the agricultural sector. By pushing forward their call for change, not only does the organization amplify their voices, but it also acts as a platform for these women to contribute to the bigger counter-hegemony that struggles for women’s rights and their place in society.

## 5. ACKNOWLEDGMENT

The authors would like to thank the HUMSS faculty and the De La Salle University Integrated School for making this research possible. The completion of this undertaking would not have been possible if not for the assistance and support of teachers, classmates, family, and friends. Specifically, the authors would like to thank the following people who graciously offered their insights and support for the paper: Mr. Patrick Lorilla, Ms. Eiren Buenviaje, Ms. Megan Yap, Ms. Sofia Cariño, Mr. Philip Bartolabac, Mr. Gabriel Cruz, Mr. Luigi Estrella, and the entirety of the HUMSS 12A section. The authors would also like to extend their deepest gratitude to their research mentors, Mr. Jeysen T. Taeza and Mr. Janeson M. Miranda, and their research adviser, Mr. Christian Gopez, for their unwavering patience and guidance during the study’s duration.

Higit sa lahat, taos-pusong pinasasalamatang mga mananaliksik ang AMIHAN at ang lahat ng mga nakilahok sa pananaliksik na ito. Ang pag-aaral na ito ay inaalay namin sa lahat ng mga kababaihan sa kanayunan at sa kanilang mga layunin para sa kababaihan at sa sektor ng agrikultura.

## 6. REFERENCES

- AMIHAN. (2021). #DefendPeasantWomen against rights abuses. <https://amihanwomen.org/2021/04/28/defendpeasantwomen-against-rights-abuses/>.
- Anonuevo, C. A. Q. (2000). An overview of the gender situation in the Philippines. Friedrich-Ebert-Stiftung Philippine Office.
- Chandra, A., et al. (2017). Gendered vulnerabilities of smallholder farmers to climate change in conflict-prone areas: A case study from Mindanao, Philippines. *Journal of Rural Studies*, 50, 45-59.
- Clarke, V., Braun, V., & Hayfield, N. (2015). Thematic analysis. Qualitative psychology: A practical guide to research methods, 222-248.
- Cornwall, A. (2016). Women's Empowerment: What Works?. *Journal of International Development*, 28(3), 342-359. <https://doi.org/10.1002/jid.3210>.
- Hega, M.D., Alphora, V.C., & Evangelista, M.S. (2017). Feminism and the Women's Movement in the Philippines. Friedrich Ebert Stiftung.
- Hur, S.W. (2012). Dynamics of Women's Movements and Feminist Counter-Hegemony Against Neoliberal-Patriarchal Democracy in the Philippines. eds. Hee-Yeon Cho, Andrew Area and Song-Woo Hur, From Unity to Multiplicities: Social Movement Transformation and Democratization in Asia, Selangor: SIRD, 215-38.
- Penunia, E.A. (2011). The role of farmers' organizations in empowering and promoting the leadership of rural women. Accra, Ghana: UN Women, FAO, IFAD and WFP.
- Philippine Statistics Authority. (2019). Employment Situation in January 2019. [psa.gov.ph/statistics/survey/labor-and-employment/labor-force-survey/title/Employment%20Situation%20in%20January%202019](http://psa.gov.ph/statistics/survey/labor-and-employment/labor-force-survey/title/Employment%20Situation%20in%20January%202019).



## Paghilom: A Narrative Analysis of the Healing testimonials of The Mary, Mediatrix of All Grace Devotees in Facebook Groups

John Paolo L. Mañalac and Kenan Febry S. Perez  
De La Salle University Integrated School, Biñan City, Laguna

Gerald L. Latayan, *Research Adviser*  
De La Salle University Integrated School, Biñan City, Laguna

**Abstract:** Popular Religiosity is deeply embedded in the Philippine culture, especially devotions to arguably the most venerated figure in the Philippines, the Virgin Mary. The Our Lady of Mediatrix of all Grace is just one of the several figures of Mary, highly revered and honored by the people in Lipa, Batangas. With the advent of COVID19, testimonies of healing attributed to this patroness have emerged in Facebook devotional groups, an attestation to the faith of her devotees. The aim of this research is to look into the narrative categories of these testimonies through the use of Narrative Analysis. The data garnered are 10 video testimonies from the devotees of Our Lady Mediatrix of All Grace, posted at selected Facebook devotional groups. In the end, the researchers have generated five narrative categories that are present within the healing testimonies, namely: *Pagsubok*, *Pagkilala*, *Pamamanata*, *Paggaling*, and *Pagpapatotoo* to these miraculous experiences. These narrative categories will not just add to the existing body of literature about the devotion to Our Lady of Mediatrix of All Grace and the message of hope within these testimonies, but also Popular Religiosity within the Philippine context.

**Key Words:** popular religiosity; faith; healing; testimonies; devotional groups

### 1. INTRODUCTION

Popular Religiosity equates with the religion of the common people and how they live in accordance with their religion's teachings (Marzal, 2007). Contextually, Popular Religiosity plays a vital role in the lives of Filipinos because it is seen as a way to connect with the divine being in which one believes in. For Filipino Catholics, this connection allowed them to ask God, Jesus, and Mary, among many other divine beings/saints for miraculous favors, such as healing for specific illnesses. Popular religiosity is deeply grounded in culture, which may, in effect, be practiced by a specific community, as seen in fiestas, novenas, and processions.

Marian Piety is an external custom towards Mary and is the most popular form of popular religiosity in the Philippines (Sapitula, 2014). In the Philippines, Marian Piety relies on the ability to make religious practice relevant to the emerging needs and aspirations of the Filipino people (Sapitula, 2014). With great love and affection for Mary, the Philippines has been labeled as Pueblo Amante de María, which essentially translates to people who are in love with Mary. Furthermore, Marianism is a religious system highlighting the devotion to Mary, and is one of the defining characteristics of the Philippines. Even in the early stages of Christianity, Filipinos were already

devoted to her, paving the way to the birth of the numerous Marian titles present today: Mother of Perpetual Help, Our Lady of Peñafrancia, Our Lady of Manaoag, Our Lady of Mount Carmel, Nuestra Señora de Namacpacan, Nuestra Señora del Carmen de San Sebastian, Our Lady of La Naval de Manila, and Virgen de Caysasay among many others.

The devotion to Mary, Mediatrix of All Grace of Lipa, Batangas is one of the many Marian devotions in the Philippines. It started when a lady allegedly appeared to a nun at the Carmelite convent of Lipa, Batangas, the seer Teresita "Teresing" Castillio, on August 18, 1948. The lady gave odd requests to Teresita, such as washing and kissing the feet of the convent's Mother Prioress and drinking the water used to wash the feet, and consumption of grass every three in the afternoon. These requests were seen as prior conditions to prepare Teresita for the path ahead, an act of faith and humility, a symbol of obedience. Shower of rose petals started occurring. First was inside the convent, after Teresita was fixing her bed. The shower of rose petals is a common print of supernatural phenomena in Marian apparitions. Then, the Lipa shower of petals occurred outside the Carmelite convent, with high-ranking church officials and thousands of people witnessing and experiencing it, making the story much more compelling. The lady



also asked Teresita to pray for the clergy and the conversion of sinners and instructed her to erect a shrine of prayer. These are also common in Marian apparitions. Lastly, the lady asked Teresita to name their convent "Our Lady's Carmel" and a statue of her be made the way Teresita sees her revealing herself and be called "Mary, Mediatrix of All Grace". This image of Mary became popular with images of it being replicated and distributed not only in the Philippines but also abroad. In the end, the authorities of the Roman Catholic Church declared the mystifying events that occurred in Lipa as "Without supernatural intervention," including the alleged shower of petals. Religious clerics and nuns were forbidden to talk about the event, and evidence about it was destroyed, making the studies regarding it limited and controversial (Tinio, 2006).

### 1.1. Research Objectives

This research aims to analyze the healing testimonials of Mary, Mediatrix of All Grace devotees in Facebook devotional groups. Specifically, it aims to:

- a. describe the narrative categories that the devotees from the select Mary, Mediatrix of All Grace devotional groups have shared in their testimonials;
- b. retell the devotees' healing testimonies from the select Mary, Mediatrix of All Grace devotional groups using the constructed narrative categories.

## 2. METHODOLOGY

The nature of this research is Qualitative, involving the collection and analysis of data that is not based on numbers (Bhandari, 2020). Qualitative research has numerous approaches, such as *Narrative Analysis*. Narrative Analysis in Qualitative research is used to understand how people construct stories and narratives from their own experiences (Riessman, 1993). In this study, the researchers used Narrative Analysis as a lens to look into the healing testimonies of the devotees of Mary, Mediatrix of All Grace of Lipa, Batangas. There are 10 videos of healing testimonies in total that follow the said criteria: It must be posted from one of the selected Facebook devotional groups of the said patroness, and the testimony must credit Mary, Mediatrix of All Grace of Lipa, Batangas to the said healing. This study used the *Inductive* method of coding for conducting the Narrative Analysis; this means that the narratives emerged from the raw data itself.

## 3. RESULTS AND SUMMARY

The journey towards healing of these devotees started with a struggle that pushed them to search for miracles. It is their sense of hope and faith in Mary, Mediatrix of All Grace that drives them to

this search. The researchers have identified five narrative categories within the 10 healing testimonies, namely: Pagsubok, Pagkilala, Pamamanata, Paggaling, and Pagpapatotoo. These five narrative categories are part of the overall journey of healing.

### 3.1 Pagsubok

Having a Pagsubok is inevitable primarily because to say that one is under a challenging circumstance is outrightly subjective. Elaborately, people from all walks of life experience their own Pagsubok, ranging from financial constraints to though one can afford, there is no cure for one's disease. Essentially, Pagsubok may be experienced by anyone. The story of each devotee, who the researchers refer to as the source of their data, contains their own Pagsubok or Struggles. On a denotative aspect, Struggle defined is an event or situation which is highly unfavorable and affects a person negatively. Struggle may come in different forms. For example, in their testimonies, the devotees acquired numerous diseases and health complications, like in what Devotee1 said:

"After one particularly **heavy bout of coughing and breathlessness**, when I was brought to the Medical City yet again, the bomb dropped. I got admitted on my husband's birthday on September 5, and from then on, all I knew seemed to go downhill. They have found a tumor in my thymus gland, and after a battery of tests, **I was diagnosed with having stage four (4) Thymic Carcinoma.**"

Moreover, Devotee2 said:

"In August of this year, I experienced painful body itches, it was so irritable and so itchy that I felt so restless and so sad to the point of **depression** because of this body itch, and I couldn't sleep at night."

At its core, Pagsubok in their testimonies also encompasses the anchored experiences within these medical complications and/or illnesses. Some of them felt hopeless given the situation they are in. Others felt the need to be stronger and fight the challenges ahead of them, while others looked for signs from what they deem as a divine being, a sign that there is still hope regardless of the circumstances. It is in one's Pagsubok that urges the person to seek divine intervention when all rational means fail.

### 3.2 Pagkilala

In their state of hopelessness and the lack of options to be healed, the devotees and/or their family members find ways apart from medical guidance to overcome their Pagsubok. Some, though they believe in God, do not ask him for help because their faith is not as strong, but when they are faced with a situation where there is no cure to one's sickness, which may



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ayon

MEDIA AND PHILIPPINE STUDIES

eventually result in one's death, they resort to it because, at the end of the day, there is nothing to lose. Pagkilala, in this context, refers to the way in which the devotees have encountered the means of healing and/or the holy being through various manifestations, such as pamphlets, hearing from a family member, or stumbling upon a post on Facebook post among many others. In the healing testimony of Devotee4, she stated that she knew about Mary, Mediatrix of All Grace and her miracles through her mother and friends:

“I was also thankful when my friends, Dra. Hilda Alaba and Dr. Joel Estrada, came to visit me together with Fr. Aklon, who I met for the first time. They were so happy and surprised when they saw that being strong devotees of Mama Mary of Mediatrix to see that I had a black and white picture, Circa 1948 of Mama Mary which was given to me by my mother, Fe, who hailed from Tanawan Batangas at my bedside table.”

In the healing testimony of Devotee5, it was through her youngest child's reminder that she encountered the means of healing:

“Sabi ng aking anak na bunso: “mommy, ang Carmel, hindi mo pa po napupuntahan.” Kasi naandoon nga yung pagkakami'y tapos ng misa, kami ay nagrorosario sa harap ng Our Lady Mediatrix of All Grace.””

### *3.3. Pamamanata*

After encountering the means of healing (Pagkilala), it is now time for them to act out their faith. Faith per se is one's belief in a divine or holy being. Pamamanata, on the other hand, is the action to achieve one's desire to, for example, be healed. Notably, Pagkilala and Pamamanata go hand in hand. After encountering the means of healing, if one has already been aware of the means for one to be healed, the next step is mamanata or to act upon one's faith. According to Ramos (2014), Panata is how the people manifest their faith in the holy being so that their pleas and desires might be heard and granted. Examples of Pamamanata are praying of novenas, recitation of litanies, praying of the rosary, processions, and more. In the healing testimony of Devotee7, she said:

“All I could do was give him sips of hydrating salts dissolved in **water that had been consecrated to mama Mary Mediatrix**. I gave him one sip at a time; very slowly, praying, he would not vomit.””

On the other hand, Devotee10 said:

“Ayon, sabi ko lord baguhin mo naman po ang buhay ko, mama mary tulungan niyo po ako, nakikusap po ako sa inyo ako po ay hirap na hirap na sa tagal ng pinagdaraanan ang sakit na ito, may butas po ang bladder ko.””

The faith of these people in Mary, Mediatrix of All Grace and the various means of healing attributed to her are what pushed them to their Pamamanata.

### *3.4 Paggaling*

After constant requests for their desires to be granted, it is in this phase that the devotees get healed through the intercession of Our Lady Mary Mediatrix of All Grace. This is notably considered the heart of the healing testimonies of the devotees primarily because they have been freed from and have overcome their Pagsubok, them receiving their Paggaling. Healed, by definition, means that one has become healthy again, coming from the state of being sick. In this context, the devotees who have testified have received their healing when they have done something in order to receive such healing. Some of the devotees have simply prayed for healing, while some drank consecrated water. In the testimony of Devotee9, she experienced complications with her health and was expected to undergo a particular surgery. She prayed to Mary, Mediatrix of All Grace for healing so that she may not have to undergo the said surgery. Subsequently, just what she prayed for, she said:

“The lump disappeared. 23 years have passed, (the) lump has not returned.””

Paggaling in their healing testimonies highlights the divine intervention of Mary, Mediatrix of All Grace as a response to their Pamamanata. Their experience with Paggaling gave them a sense of gratitude towards Mary, Mediatrix of All Grace, and they saw it as a sign that, indeed, miracles are true. The Paggaling of these devotees also gave them a new perspective in life that indeed problems are inevitable. But now that they have experienced the miracles of Mary, Mediatrix of All Grace, they know that they are not alone facing these challenges, that their faith in her will help them get through anything.

### *3.5 Pagpapatotoo*

Pagpapatotoo stems from one's Paggaling from the Pagsubok that they have experienced. Having been through one's own Pagsubok, then being healed through the intercession of Our Lady Mary, Mediatrix of All Grace, one has the urge to spread or share the ‘grace’ of Mary to others out of gratitude, whether it be to inspire people who are also under difficult circumstances or are experiencing health problems, or to verify that miracles are indeed real. It takes strong faith for one to attest to these miracles, and that strong faith is rooted in their personal experience of healing through Mary, Mediatrix of All Grace. Their Pagpapatotoo was also an act of gratitude towards Mary and God for healing them and saving them from the consequences of their Pagsubok. Notably, there are different ways to express one's



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

အေဂျင်မြန်မာ

MEDIA AND PHILIPPINE STUDIES

Pagpapatotoo or attestation to these miracles. In the case of Devotee1 she said:

**“She allowed us to establish Marymount Westridge School, even with very limited funds, and now,** she has continued to carry the school up to this day. Even if we are considered founders, my husband and I acknowledge that—human as we are—we could only have done so much. **Ultimately, it is Mama Mary’s school, and she’s gotten us this far—that no matter what happens, she will always carry us, our school—in her school—through.”**

Devotee3, on the other hand, said:

**“I will claim that indeed Mama Mary appeared in Lipa” dahil nga po personally,** ‘di ba ako ay naghahanap na iyan ay ma-aprubahan ng Vatican bago ko talagang paniwalaan 100% ang titulong ito ng Mahal na Ina ngunit sa pananalangin kong iyon, nasabi ko sa Panginoon, **“Panginoon, I will personally claim that Mama Mary indeed, truly, appeared in Lipa kapag amin pong nalagpasan ito.”**

The devotees’ Pagpapatotoo allows others who are also experiencing their own Pagsubok to receive the same hope as theirs, that their Pagpapatotoo may act as a way for others’ Pagkilala to Mary, Mediatrix of All Grace and Paggaling.

## 4. CONCLUSIONS

The researchers have constructed five narrative categories within the ten healing testimonies, namely: *Pagsubok*, *Pagkilala*, *Pamamanata*, *Paggaling*, and *Pagpapatotoo*. These narrative categories were the phases they underwent prior to them being healed. *Pagsubok* is the first category identified within the healing testimonies of the devotees. *Pagsubok*, in effect, made these devotees sought a way beyond the natural. They then encountered the message of healing (*Pagkilala*) that manifested in various forms. Having heard such means as to how one may be healed, the devotees then had the urge to utilize such means (*Pamamanata*), in high hopes that their condition would be cured. By exercising their faith, they were miraculously healed by Mary, Mediatrix of All Grace (*Paggaling*). This healing that they have experienced gave them a sense of strong faith and pushed them to testify (*Pagpapatotoo*) to the claimed miracles of Mary, Mediatrix of All Grace, in hopes of spreading her message to the people out of gratitude.

## 5. ACKNOWLEDGMENTS

First and foremost, we would like to thank Sir Jeysen and Sir Janeson, our Practical Research subject teachers, for teaching us the technicalities of research and helping us in all the phases of our paper’s revision. We would also like to thank Sir Leo

Vicentino, Sir Daniel Solidio, and Sir Errol Bantayan for giving their insightful comments on our research paper and helping us decide the necessary actions to make it better. We would also like to thank our family and classmates who have made the stressful times in making this research bearable, for constantly lending us their utmost support, whether it be emotionally, academically, and/or mentally. Moreover, we would like to extend our deepest gratitude to our research adviser, Sir Gerald Latayan, for guiding us all throughout this journey in making our research paper the best that it can be. Above all, we would like to thank God and Mary, our driving force to continue working on our paper despite the complexities, for everything that has happened and for these people who have helped us along the process. We certainly would not have done any of this had it not been for everyone who has helped us in making this possible.

## 6. REFERENCES

- Bhandari, P. (2020, July 30). What is Qualitative Research?: Methods & Examples.
- Calano, M. (2018). Ginhawa as Ethic of Panatà: Body Politics and the Devotion to the Black Nazarene. *Budhi*, 22(2), 43-74.
- Carbayas, A. V., & Del Castillo, F. (2020). Christmas in the Philippines: Beyond Popular Religious Tradition. *Asia Pacific Journal of Multidisciplinary Research*, 8(2), 35-40.
- Casabuena, Jennifer. (2015). Ideyolohiya at Utopia sa mga Liham sa Ina ng Laging Saklolo sa Baclaran. *Kritike: An Online Journal of Philosophy*. 9. 5-27. 10.25138/9.2.a.2.
- Caulfield, J. (2020, August 14). How to Do Thematic Analysis: A Step-by-Step Guide & Examples.
- De La Cruz, D. (2014). The Mass Miracle Public Religion in the Postwar Philippines. *Philippine Studies: Historical & Ethnographic Viewpoints*, 62(3/4), 425-444.
- Demeterio III, F. P.. (2010). Mga Anyo at Antas ng Pag-asaya na Nakapaloob sa mga Diskurso ng Kilusang El Shaddai. *MALAY*, 22(2).
- Doyo, M. (2013, May 22). Mother of All Devotions - Positively Filipino: Online Magazine for Filipinos in the Diaspora.
- Elesterio, F. (1989). Pre-Magellanic Religious Elements in Contemporary Filipino Culture. Manila: De La Salle University Press, pp 3-14.
- Fortunado, A. (2020, January 09). Feast of the Black Nazarene draws millions to Manila's streets.
- Furusawa, Y. (2013). Image and Identity: A Study on the Images of the Virgin Mary Clad in a Local Dress in the Philippines: Semantic Scholar.



- Ibones, N. C., Oliverio, J. S., Ondo, H. L., Tagpuno, H. C., & Inocian, R. B. (2016). Señor Santo Niño Devotees' Lived Experiences in a Fluvial Parade. *Asia Pacific Journal of Multidisciplinary Research*, 4(2), 180-187.

Kahambing, J. (2019). Jean-Luc Marion's phenomenology of the Icon as an Apologia for Quiapo's Black Nazarene Traslación. *Prajñā Vihāra: Journal of Philosophy and Religion*, 20(2), 13-31.

Lauderdale, J., & Phillipi, J. (2017, April 5). A Guide to Field Notes for Qualitative Research: Context and Conversation.

Marzal, M. M. (2007, February 15). Popular Religiosity.

Miller, J. (2015). Religion in the Philippines.

Norris, J. M., & Nowell, L. S. (2017, October 2). Thematic Analysis: Striving to Meet the Trustworthiness Criteria.

Oracion, E. G. (2013). The Sinulog Festival of Overseas Filipino Workers in Hong Kong: Meanings and Contexts. *Asian Anthropology*, 11(1), 107-127.

Peracullo, J. (2020, April 18). The Virgin of the Vulnerable Lake: Catholic Engagement with Climate Change in the Philippines.

Peterson, W. (2007). Holy Week in the "Heart of the Philippines": Spirituality, Theatre, and Community in Marinduque's Moriones Festival. *Asian Theatre Journal*, 24(2), 309-337.

Pierse, G. (1991). Popular Religiosity: A Philippine Experience. *The Furrow*, 42(4), 232-236.

Quitangon, Dominic. (2016). Social Influence and Stages of Faith Among Selected Voyadores of Peñafrancia Chapter 1.

Ramos, M.M. (2014). Ang Dalawang Anyo ng Subli Laro at Panata.

Russel, S. (2013). Christianity in the Philippines.

Sapitula, M. (2014). Marian Piety and Modernity The Perpetual Help Devotion as Popular Religion in the Philippines. *Philippine Studies: Historical & Ethnographic Viewpoints*, 62(3/4), 399-424.

Sarmiento, Philip Joseph. (2016). Attitude and Practices of Filipino Catholic Youth towards Mary, the Mother of God: Implications to Religious Education in the Philippines.

The Global Catholic Population. (2020, August 20).

Tinio, C. (2006, September). Omnitum Gratiarum: A Theological Investigation on the Alleged 1948 Marian Apparition in Lipa Carmel.

Vergote, A. (1982). Folk Catholicism: Its Significance, Value and Ambiguities. *Philippine Studies*, 30(1), 5-26.

Villanueva, V. (2014). Pasubo bilang Panata: Pagbabalik, Pagtatago at Pagdiriwang sa Pook Pangkalinangan ng Pateros.

What Is a Testimonial in Research? - Definition & Examples. (2015, June 27).

Williams, B. (2015, June 29). Virtual Ethnography.

Zaccaria, F. (2009, December 16). Participation and Beliefs in Popular Religiosity.



## Calling in Call-out Culture: An Analysis on Call-out Culture and its influence on Filipino Twitter

Danielle P. Averion, Don Bernard Joseph P. Josef, Paul Ondre U. Nicolas  
and Aaron Albert B. Parjan  
*De La Salle University Integrated School, Manila*

**Abstract:** Call-out culture has become a questionable phenomenon in and out of Filipino Twitter due to the differing ideologies that participants have perpetuated, separating Filipino communities based on their standing on certain topics on the internet. The reason it has become dubious is due to the bullying that occurs because of the call-outs. Previous research had stated that call-outs have started shifting from being a tool used to oppose abuse into an accessory for building fame on the internet. The researchers used Foucauldian Discourse Analysis to analyze several replies, tweets, and quoted tweets from Filipinos on Twitter. The data was put under the lens of the synopticon theory and Althusser's concept of the Ideological State Apparatus. The analysis has led to the conclusion that there is an evident divide between Filipino communities, and, amid the discord with themes of colonialism and racism, public figures can use it as a device to manipulate the mindset of the masses.

**Key Words:** call-out; Twitter; Filipino entertainment; Filipino diaspora; controversy

### 1. INTRODUCTION

'Calling out' refers to the practice of using social media as a platform to criticize any action seen as morally reprehensible (Duchi, 2019, p. 2). The causes of call-outs are oppressive behavior to the breaking of generally accepted social norms but also used by digital activists to campaign for a more equal society. Although used for a good purpose, there is toxicity present. "Criticism enacted through "call-outs" is often perceived as needlessly ferocious and often disproportionate to the action criticized. In such cases, it is described as 'bullying', a particularly toxic consequence of calling out." (Duchi, 2019, p. 16). While some use it to make a name for themselves, call-outs started shifting in purpose. In which they used to be tools to fight against abuse, people began using it to build a name for themselves through call-outs (Duchi, 2019, p. 29).

This study aims to contribute a more academic perspective on call-out culture and its causes and effects on the Filipino landscape, adding more to the limited amount of studies on the topic. The researchers also aim to contribute more knowledge related to the potential ramifications of call-out culture on a global scale, providing a more in-depth understanding of call-out culture and its possible effects on society.

#### 1.1. Conceptual Framework

##### 1.1.1 Ideological State Apparatus

In Marxist theory, the State Apparatus includes the government, military, police, courts, prisons, and more. Together, these make up what Althusser calls Repressive State Apparatus (RSA), which uses violence in order to function. Althusser (1970) said this is to be differentiated from the Ideological State Apparatus (ISA), which functions ultimately without using violence despite having the same elements because it makes use of ideologies instead.

##### 1.1.2 Synopticon

Mathiesen's (1997) form of surveillance, the "synopticon," which he developed from Foucault's interpretation of the panopticon, emphasizes a situation in which "the many" see "the few." He cites the notions of the consciousness industry (Enzenberger, 1974; Tuchman, 1981) and the culture industry (Horkheimer and Adorno, 1947; 1969) wherein mass media influences the actions and behaviors of the public. Consequently, the public or better known as "the many" may then interact with "the few" using the "two-way medium" of the internet, such as through cyberactivism or call-out culture (Doyle, 2011; Tucker, 2018).

### 2. METHODOLOGY

To evaluate the ramifications of call-out culture and understand its effects, the researchers will use Discourse Analysis as a means of assessing



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ayon sa

MEDIA AND PHILIPPINE STUDIES

the phenomenon. Specifically, Foucauldian Discourse Analysis has been used as it can be utilized to understand a sequence of “representations, practices, and performances through which meanings, [knowledge, and subject positions] are produced, connected into networks, and legitimized” (Gregory, 2000, p. 180, as cited by Johnson & McLean, 2020). Furthermore, Discourse Analysis has proved to be the appropriate method of investigation in this circumstance as it allowed the researchers to identify the phenomenon based solely on online discussions and analyze its intricacies.

Along with this, the researchers have also applied Mathiesen’s theory on the synopticon. The researchers have utilized this to analyze a “call-out” tweet that has been interacted with multiple times by Filipino internet users. From this tweet, several of its quote retweets and replies have been gathered as well.

### 3. RESULTS AND DISCUSSION

#### 3.1. Kontraversies in Philippine Entertainment

During Halloween in October of 2020, a Filipino band named MYMP held an online event wherein the band members dressed as prominent figures in music while performing their music. As the band works in the entertainment industry and is relatively popular, they are considered a part of Filipino Mainstream Entertainment (FME). Chin Alcantara, the band's leader, dressed as Jimi Hendrix by wearing a colorful shirt and headband and wearing dark makeup. Individuals called him out through the comments section, with many telling him and others in the stream to “educate yourselves.” There were also mentions of the Black Lives Matter Movement, wherein Alcantara noted that it was “propaganda” and that instead of Black Lives Matter, he says that all lives should matter (Rappler, 2020). It should be noted that the researchers chose the MYMP situation as it was recent when it was chosen and analyzed (being only a month old) and is a relevant example of the normalization of racist acts by FME.

A recording of the livestream was posted on Twitter by user paz\_ang0 (Figure 1), and the tweet garnered numerous engagements at 1.5K retweets, 13.4K quote tweets, 12.7K likes, and 590 replies. The notions of public space and surveillance are present here, with Twitter being the public space or arena in this situation where people have discourse and the concept of surveillance being exhibited by the traction attained by the post as people seem attentive and watchful over the actions of public figures.



Mymp defending themselves from blackface then claims na kalokohan ang BLM??

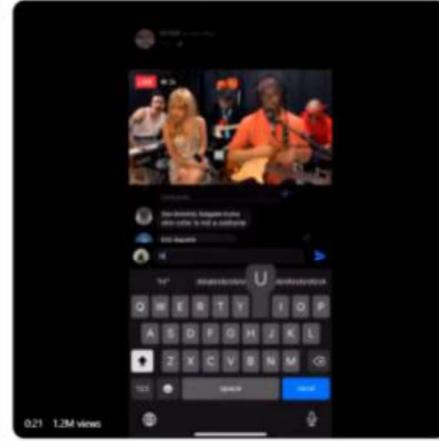


Figure 1.

The issue became a discussion on the site after multiple users expressed their opinions on the racist views of Alcantara in the livestream. It shows that some users manifest certain ideologies (in this case, anti-racism) through knowledge and the use of that knowledge in critically calling out those who have made mistakes or contributed to the problem. This critical perspective can be attributed to how call-out culture has positively shaped the way users interact with injustices they see (Figures 2.1-2.3).



Taking from a society that was deliberately abused and dehumanized by their color, it resulted in taunting depictions that strengthened racial inequalities.

No, @MYMP\_OFFICIAL. Doing blackface for halloween won't spread positivity.



12:31 AM · Oct 31, 2020 · Twitter for iPhone

Figure 2.1



Replying to @paz\_ang0

@MYMP\_OFFICIAL yes its true that all lives matter. BLM was created not to disregard that ALM (a given fact). BLM was created to highlight the struggles of black people and why its wrong. Saying ALM disregards these struggles as if u dont care about what they go through.

1:32 AM · Oct 31, 2020 · Twitter for Android

Figure 2.2



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ayon sa

MEDIA AND PHILIPPINE STUDIES

7:06 AM - Nov 3, 2020 · Twitter for iPhone

Figure 2.3

Meanwhile, there are also users who either vehemently oppose Alcantara's beliefs by outright saying that they will boycott their music (Figures 3.1-3.2) or are ignorant to the racist actions that Alcantara has done by defending him or providing excuses for his actions (Figures 3.3-3.4).

7:42 AM - Nov 4, 2020 · Twitter for iPhone

Figure 3.1

6:11 AM - Nov 1, 2020 · Twitter for Android

Figure 3.2

2:42 AM - Oct 31, 2020 · Twitter for Android

Figure 3.3

12:06 AM - Oct 31, 2020 · Twitter for Android

Figure 3.4

Furthering the latter notion, many participants in the discourse have been shown to defend Chin Alcantara's statements with some deriding differences in political beliefs (Figure 3.4), advocating his belief of the BLM movement being propaganda (Figure 3.1), and even saying how blackface is an issue foreign to Filipino culture and should not be taken in the Philippines (Figures 3.2 & 3.5). It should also be noted that some of these tweets have gained some traction, such as likes and retweets, showing the multitude of like-minded users. This shows the opposing views of some of the Filipino Twitter (FT) population, shattering any idea of unified opinion, as well as showing that there are users on FT with less progressive views. This expression of ideas and the division that ensues is a showcase of interpellation, which is the process wherein an individual embodies an ideology (Althusser, 1971). Its deepening showcases the manifestation of ideologies and their formation on opposing and conflicting sides.



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ஸ்ரீ மாணிக்

MEDIA AND PHILIPPINE STUDIES



Figure 3.4

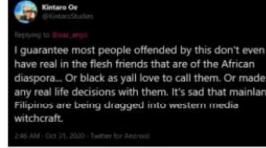


Figure 3.5



Figure 4.1



Figure 4.2

Due to the divide in the views of FT and FME, a medium for call-out culture presents itself. The latter's continuous lack of vigilance in avoiding the depiction of controversial and harmful acts, like blackface, due to the lack of awareness and sensitivity essentially provides phenomena for the former to call-out.

### *3.2. Pilipino: The Divide between the Filipino Mainland and Diaspora*

The Filipino Diaspora are Filipinos who have migrated to other countries, and according to Merriam Webster, diaspora can be described as “people settled far from their ancestral homelands.” This includes the Fil-Ams and other Filipinos who have migrated to other nations. There are approximately 4.1 million Filipinos in the United States on the latest census, while the total population of America is estimated to be 330 million as of 23 January 2021 (Inquirer, 2019). This shows that approximately more than 1% of the population of America consists of Filipinos, compared to the population of the Philippines of 108 million (The World Bank, 2019), around 5% of the population is equivalent to the number of Filipinos in America, and they have a different lifestyle compared to the mainlanders.

The term “divide” was heavily used to describe the social awareness gap between FT and the entertainment industry concerning Chin Alcantara’s blackface controversy. This issue arose due to some native Filipinos indirectly defending Alcantara by stating that blackface is not a problem in the Philippines as it is “not even something culturally related to the Philippines.” (Figure 4.1). This argument had a discursive influence on Fil-Ams to support it and impose this stance on Filipinos and call-out Ati-Atihan itself, leading an FT user to address the issue (Figure 4.2). Ati-Atihan is an annual festival to commemorate the Sto. Niño every third Sunday of January in the town of Kalibo, Aklan.

Despite their righteous intentions, the spread of the issue does not always lead to just informing others of the problem; it may also lead to instigating unnecessary commentary from other users. As previously discussed, Fil-Ams only joined the discussion shortly after the argument that Ati-Atihan contributed to blackface as well. The more it circulates among their separate network of fellow Fil-Ams, the more that a sense of interpellation starts developing among them. However, this is also the case for those not belonging to the Diaspora. Filipinos also fall victim to embodying a sense of obligation to continue to call out those that they deem “wrong” by their standards. This is attributed to Althusser’s claim on interpellation in which he states that the “category ‘subject’ is created by the interpellation,” implying that the very reason call-outs exist is due to that sense of obligation (Cockshott, 2019).

Colonialism has changed how mainland Filipinos and Fil-Ams view each other, highlighting cultural and social friction between the two. This is due to the lingering influence of Western ideals and their imprint especially on the Fil-Ams on Twitter, which then allows them to present themselves as being a superior version of the Mainland Filipino who they deem as needing to be educated.

### *3.3. Bagong MO: Ulterior Motives in Controversy*

Controversies, as discussed in the first two sections, are a quick way for a person or an issue to capture the attention of others. The concept of surveillance supports this as people observe and contribute toward the issue happening by expressing their views on it. Through the people’s participation, the controversy and those involved in it suddenly become points of discussion, especially when carried out in a public space such as Twitter.

Theoretically, the chances of MYMP using the controversy as a publicity stunt are slim as it



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ayon sa

MEDIA AND PHILIPPINE STUDIES

brought more harm than good. However, the attention garnered from this can easily be manipulated by the perpetrators themselves. To quote Bibo Reyes, “these people do these things to get a reaction,” (Figure 5).



The page that FT users were calling out in Figures 6.1-6.3, Pilipinx Against Colonialism, has been rumored to be a satire page. The page is speculated to have been created by conservative Filipinos from the Philippines who aim to spark controversy between Mainland Filipinos and the Filipino Diaspora. As seen in the discussion in the previous section, its goal was successful.



Figure 6.1



Figure 6.2



Figure 6.3

It is possible that public figures like MYMP and the rumored-to-be-satire Pilipinx Against Colonialism page use call-out culture and one of its by-products, controversy, as a means of manipulating the public mindset. This is supported by the potential ulterior motives of both groups, which are to gain publicity and cause friction between the Filipino Diaspora and the Mainland, respectively.

## 4. CONCLUSIONS

This study has focused on the phenomenon of call-out culture and its influence on Filipinos through the social media platform Twitter. Through the use of the ISA and the synopticon as a lens to analyze instances of call-out culture in FT (which mainly relate to themes of colonialism and racism), the researchers have made three notable discoveries: (1) There is a divide present between the FME and FT wherein the former proliferates racist ideas and concepts that the latter call out on; (2) Colonialism has affected how Filipinos (mainly Mainland Filipinos and the Filipino Diaspora) view each other; and (3) Amid the chaos, public figures can use call-out culture and, as a byproduct, controversy to manipulate the public mindset (especially FT) for their own agendas. This research has hoped to serve as the beginning of a meaningful discussion on the issue of call-out culture in Filipino social media and as a foundation for future researchers to build upon.

## 5. ACKNOWLEDGMENTS

We would like to thank our research advisor Ms. Ina Abuan, for guiding us throughout the research process and for being patient with us. We would also like to thank our adviser, Mr. Lambert Yancy Garganta, for being a constant source of moral support, and Mr. Christian Gopez, our research coordinator, for encouraging us to participate in the Research Congress and guiding us throughout our PRACRES journey in Grade 12.

## 6. REFERENCES

Althusser, L. (1971). Ideology and Ideological State Apparatuses (Notes towards an investigation). In Lenin and Philosophy and Other Essays (pp. 142-7 & 166-76). New York and London: Monthly Review Press.

Cockshott, P. (2019). Althusser's theory of ideology: Reversion to idealist mystery. Critique, 47(4), 551-583. doi:10.1080/03017605.2019.1678268

Doyle, A. (2011). Revisiting the synopticon: Reconsidering Mathiesen's 'The Viewer Society' in the age of Web 2.0. Theoretical Criminology,



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စောင့်ခွဲမြတ်



MEDIA AND PHILIPPINE STUDIES

15(3), 283–299.  
<https://doi.org/10.1177/1362480610396645>

Duchi, F. (2019). The 'call-out culture' controversy: An identity-based cultural conflict. Retrieved from [https://www.academia.edu/41128832/The\\_call\\_out\\_culture\\_controversy\\_An\\_identity\\_based\\_cultural\\_conflict](https://www.academia.edu/41128832/The_call_out_culture_controversy_An_identity_based_cultural_conflict)

Inquirer.net U.S. Bureau. (2019, November 18). Filipino population in U.S. now nearly 4.1 million -- new Census data. Retrieved from <https://usa.inquirer.net/47388/filipino-population-in-u-s-grew-to-nearly-4-1-million-in-2018-new-census-data>

Johnson, M.N. & McLean, E. (2020). Discourse analysis. International Encyclopedia of Human Geography, 377-383. doi:10.1016/b978-0-08-102295-5.10814-5

Mathiesen, T. (1997). The Viewer Society: Michel Foucault's 'Panopticon' Revisited. Theoretical Criminology, 1(2), 215-234. Retrieved from <https://doi.org/10.1177/1362480697001002003>

Rappler. (2020). MYMP's Chin Alcantara slammed for performing in blackface, saying 'Black Lives Matter' a joke. Retrieved from <https://www.rappler.com/entertainment/music/mymp-chin-alcantara-draws-flak-blackface-saying-black-lives-matter-is-a-joke>

The World Bank. (2019). Population, total - Philippines. Retrieved January 24, 2021, from <https://data.worldbank.org/indicator/SP.POP.TOTL?locations=PH>

Tucker, B. (2018). 'That's Problematic': Tracing the Birth of Call-Out Culture. Retrieved from <https://ojs.leedsbeckett.ac.uk/index.php/SOC/article/view/4545>



Pagdalumat sa Sosyo-kultural at Pangkapaligirang Aspekto ng Uhayan  
Festival Gamit ang Likas-kayang Balangkas ng Pistang Pamana  
Pistang Naaayon

Philip Andre E. Bartolabac, Gabriel Daniel S. Cruz, Luigi O. Estrella  
and Jeysen T. Taeza, Research Adviser  
*De La Salle University Integrated School, Biñan City, Laguna*

**Abstrak:** Ang kapistahan ay pagdiriwang na nagsisilbing daluyan upang maipamalas ng isang pamayanan ang natatangi nitong tradisyon, paniniwala, produkto, at kultura sa pangkalahatan. Bagamat maraming mga pag-aaral na naisagawa ukol sa ugnayan ng pista at kultura, iilan pa lamang ang mga pag-aaral na nakatuon sa likas-kayang katangian ng mga kapistahan. Layunin ng pag-aaral na ito na dalumatin ang mga likas-kayang katangian ng Uhayan Festival sa Barangay Macabling, Sta. Rosa City, Laguna gamit ang balangkas ng Pistang Pamana at Pistang Naaayon. Kinalap ang mga datos sa pamamagitan ng katutubong pamamaraan na pakikipagkwentuhan sa mga susing tao na may kaugnayan sa implementasyon ng Uhayan Festival. Ang mga nakalap na datos na sumailalim sa coding at transkripsyon ay sinuri at isinatemba batay sa mga aspekto ng likas-kayang balangkas ng Pistang Pamana at Pistang Naaayon: sosyal, kultural, at pangkapaligiran. Batay sa pag-aaral, ang mga programang nakapaloob sa Uhayan Festival ay nagtataguyod ng pagkakabuklod-buklod ng pamayanang Macabling. Sa kultural na aspekto, itinatampok ng Uhayan Festival ang iba't ibang gawain na nagsisilbing repleksyon ng Barangay Macabling bilang isang agrikultural na pamayanan. Ipinamalas ng Uhayan Festival ang kahalagahan ng pagtiyak sa pagiging likas-kaya ng isang kapistahan upang matagumpay at makabuluhan nitong magampanan ang mga layunin upang ito ay manatiling buhay at sustenable. Sa pangkalahatan, ipinakita ng pag-aaral na ito na ang pagtatampok ng kapistahan ay tumatawid sa kultural na aspekto tungo sa sosyal at pangkapaligirang aspekto. Mahalagang pag-aralan ang dinamiko ng pagkakaisa ng mga stakeholders ng kapistahan gayundin ang ginagawang hakbang sa pangangalaga ng kalikasan.

**Mga Susing Salita:** Uhayan Festival; likas-kaya; sosyal; kultural; pangkapaligiran

## 1. PANIMULA

Ang mga kapistahan ay maituturing na mahalagang bahagi ng kulturang Pilipino—ito ay nagiging daluyan upang maitampok ng isang pamayanan ang kanilang kultura, produkto, at ang kanilang mga paniniwala (Amtalao at Lartec, 2015). Malinaw ang ugnayan sa pagitan ng kapistahan at kultura ng isang pamayanan. Mahalagang pag-aralan ang mga pista sa pagdalumat ng kultura at integridad ng isang pamayanan upang higit pang maipakilala at maibahagi ang natatanging yaman na ito sa iba.

Bagamat marami ng mga pag-aaral na naisagawa na nagpapatunay sa matibay na ugnayan ng mga kapistahan sa Pilipinas, iilan pa lamang ang mga pananaliksik na dumalumat sa pagiging likas-kaya o sustenable ng mga kapistahan (Bandala, 2018). Ang mga pagtitipon tulad ng mga kapistahan ay kinakailangang umangkop sa pangangailangan ng pamayanan upang manatili itong buhay at magampanan ang mga layunin nito. Bukod sa layunin

nitong mapagbuklod ang isang pamayanan at ipakilala ang kultura nito, ang mga kapistahan ay maituturing ding paraan upang itaguyod ang turismo ng isang lugar. Ang *cultural tourism* ay isa sa mga pinakamabisang paraan upang maiangat ang ekonomiya ng isang lugar (Apostolakis & Viskadouraki, 2017). Ang pagtatampok ng mga pista ay nagbibigay-daan sa mga oportunidad para sa lokal na negosyo. Samakatuwid, habang ang mga kapistahan ay nakapagbibigay ng pagkakataon na lumago ang ekonomiya ng isang pamayanan, nagbibigay rin ito ng kakayahang ipreserba ang kultura nito (Quinn at Wilks, 2013). Ayon kay Quinn (2006), isa sa mga pangunahing rason sa pagdiriwang ng mga kapistahan ay ang benepisyo nito sa turismo at ekonomiya ng lugar.

Isa sa mga hamong dapat tugunan ng mga kapistahan ay mapanatili itong likas-kaya o sustenable. Upang mailarawan ang isang kapistahan na sustenable, may iba't ibang aspekto ang dapat



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စောင့်ပြုမှု

MEDIA AND PHILIPPINE STUDIES

suriin. Isa sa mga aspektong ito ang kultural na aspekto ng kapistahan at maging ang epektong nito sa kalikasan. Ayon kay Wee (2015), upang maging likas-kaya ang isang kapistahan, kinakailangan ang estruktura at kultura ang magiging sentro ng kapistahan at may kabuluhan sa lugar na pinagdarausahan ng kapistahan. Pangalawa, kailangan ng suporta at pakikilahok ng mga lokal sa pagtatampok ng kapistahan. Pangatlo, kinakailangan din na matiyak na positibo ang pangkalahatang karanasan ng mga turistang dadalo sa kapistahan. Isa pang batayan ng pagiging likas-kaya ng mga pista ay ang tinatawag na *Triple Bottom Line* (TBL) na nagmula kay Elkner noong taong 1987 (Tyrrell et al., 2013). Tinitingnan ng TBL ang aspektong kikitaing pera, pati na rin ang sosyo-kultural at pangkapaligiran na epektong dulot ng isang kapistahan sa mga mamamayan at mga turista.

Ang paksa ukol sa pagiging likas-kaya ng mga kapistahan ay naidokumento lamang gamit ang malalaki at pangunahing kapistahan sa Pilipinas. Mahalagang mapag-aranan din ang maliliit na kapistahan dahil katulad ng malalaking kapistahan, ang mga ito ay nakakatulong din sa pagkakabuklod-buklod ng mga lokal na residente at sa pagpapanatili ng kanilang kultura at pagkakakilanlan. Isa sa halimbawa nito ay ang Uhyan Festival sa Laguna. Ito ay isang taunang kapistahan na ginaganap tuwing ika-15 ng Mayo bilang pasasalamat at pagbibigay-dangal kay San Isidro Labrador. Ang kapistahan na ito ay ginugunita sa barangay ng Macabiling na matatagpuan sa lungsod ng Santa Rosa, Laguna. Nagmula ang pangalan ng kapistahan sa salitang “uhay” na nangangahulugang tangkay kung saan umuusbong ang mga butil ng palay.

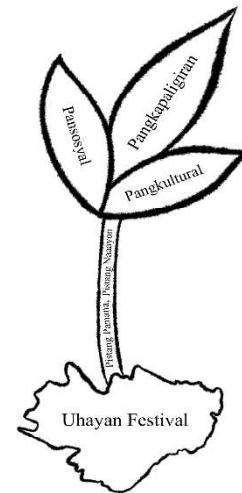
Nagsimulang ganapin ang Uhyan Festival noong 2008 na noon ay itinatapat sa kapanahunan ng pag-aniniwala. Ang Uhyan Festival ay nabuo sapagkat nakita ng mga nanunungkulang noong panahon na iyong kung gaano kasagana ang ani at kung paano nakatulong ang pagsasaka sa unti-unting paglago ng barangay. Mula rito, nagpasya ang Sangguniang Barangay noong 2008 na lumikha ng ordinansa para sa taunang pagtatampok ng Uhyan Festival. Ang Uhyan Festival ay karaniwang ginugunita ng tatlo hanggang limang araw. Sa kapanahunan ng pista, nagkakaroon ng mga *variety shows*, *singing contests*, *dance contests*, at iba pa na may layuning itampok ang Macabiling bilang isang agrikultural na pamayanan. Itinuturing ito bilang isang panahon kung saan ang bawat sitio at kapitbahayan ay nagkakilala, naghahanda, nagtutulungan, at nagkakaisa.

Sa kasalukuyan, wala pang mananaliksik ang naisasagawa upang dalumatin ang Uhyan Festival. Bukod dito, wala pang anumang pag-aaral ang tumatalakay sa pagiging likas-kaya o sustentable ng

nasabing kapistahan. Ang pag-aaral na ito ay maaaring magsilbing batayan ng mga susunod pang pag-aaral tungkol sa Uhyan Festival. Bukod dito, ang pag-aaral din ay maaaring makatulong sa mga namamahala sa pagtatampok ng kapistahan upang makita ang iba’t ibang likas-kayang katangian ng Uhyan Festival tungo sa patuloy na pagpapabuti at pagpapayaman ng Uhyan Festival.

## 1.1 Konseptwal na Balangkas

Ginamit ng pag-aaral na ito ang balangkas na Pistang Pamana Pistang Naayon na nilikha ni Bandala (2018) upang dalumatin ang mga likas-kayang katangian ng Uhyan Festival. Ang balangkas na ito ay angkop sa pananaliksik sapagkat ito ay nabuo mula sa danas ng mga kapistahan sa Pilipinas. Bukod dito, ang nasabing balangkas ay angkop din na gamitin sa mga maliliit na kapistahan tulad ng Uhyan Festival.



**Pigura 1. Konseptwal na Balangkas ng Pag-aaral**

Gamit ang balangkas na ito, maingat na sinuri ng mga mananaliksik ang aspektong sosyo-kultural at pangkapaligirang Uhyan Festival sa pamamagitan ng pagsusuri sa mga pinakamahuhusay na estratehiya ng Uhyan Festival. Tinalakay sa sosyal na aspektong mga gawain na nagtagtaguyod ng pagkakabuklod-buklod ng mga lokal.

Tinalakay naman sa pangkultural na aspektong mga itinatampok sa Uhyan Festival na may mga kahulugan at kabuluhang pangkultura katulad ng mga sayaw, pagkain, at kasuotan ng mga kalahok sa Uhyan Festival. Sa pangkalahatan, ang aspektong ito sumasaklaw sa kakayahan ng Uhyan Festival na itampok at panatilihin ang agrikultural na pagpapahalaga ng Barangay Macabiling.



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

OCTOBER 2023

MEDIA AND PHILIPPINE STUDIES

Sa ikatlong aspekto tinalakay ang pangkapaligirang aspekto na may kinalaman sa pagpapanatiling masinop at organisadong kalikasan tuwing pagdiriwang ng Uhayan Festival. Sakop din nito ang pagtiyak sa seguridad at kaligtasan ng kasangkot sa Uhayan Festival pati na rin ang mga bisita at turista.

## 1.2 Layunin ng Pag-aaral

Layunin ng pag-aaral na ito na dalumatin ang sosyo-kultural at pangkapaligirang aspekto ng Uhayan Festival sa Barangay Macabiling, Sta. Rosa City, Laguna gamit ang likas-kayang balangkas na Pistang Pamana Pistang Naayon. Layunin ng pag-aaral na tugunan ang mga sumusunod na tiyak na layunin:

1. suriin ang mga gawain sa Uhayan Festival na nagtaguyod ng pagkakaisa at pakikisangkot (Pansosyal na Aspekto) ng mga residente ng Barangay Macabiling;
2. tukuyin ang mga gawain sa Uhayan Festival na may kinalaman sa pagpapanatili at pagpapatibay ng kultura (Kultural na Aspekto) ng Barangay Macabiling;
3. suriin ang mga estratehiyang ginagamit sa pangangasiwa ng kapaligiran (Pangkapaligirang Aspekto) sa tuwing idinaraos ang Uhayan Festival sa Barangay Macabiling

## 2. METODOLOHIYA

Dinalumat ng palarawang pag-aaral na ito ang likas-kayang katangian ng Uhayan Festival batay sa balangkas ng Pistang Pamana Pistang Naayon ni Bandala (2018). Ang mga datos sa papel na ito ay kinalap sa pamamagitan ng katutubong pamamaaran ng pakikipagkuwentuhan (informal conversation) at ginabayang talakayan (collective indigenous discussion) sa mga susing tao na may kaugnayan sa pagpaplano at pagpapatupad ng Uhayan Festival sa Barangay Macabiling, Sta. Rosa City, Laguna. Kabilang sa mga naging kasangkot sa pag-aaral ay ang mga dati at kasalukuyang kasapi o konsehal ng Sangguniang Barangay ng Macabiling, dati at kasalukuyang kasapi ng Sangguniang Kabataan ng Macabiling, at iba pang mahahalagang susing tao na may kinalaman sa pagpaplano at pagsasagawa ng Uhayan Festival.

Ang mga tanong at gabay sa talakayan ay sumailalim sa content validity upang matiyak na makakalap ang mga kinakailangang datos na tutugon sa layunin ng pag-aaral. Humingi ng pahintulot ang mga mananaliksik na irekord ang kabuoan ng pakikipagkuwentuhan (informal conversation) at ginabayang talakayan (collective indigenous discussion). Ang mga nairekord na Zoom video meeting ay sumailalim sa proseso ng transkripsyon at

coding. Gamit ang likas-kayang balangkas ng Pistang Pamana Pistang Naayon, dinalumat at sinuri ang iba't ibang likas-kayang katangian ng Uhayan Festival batay sa Pansosyal na Aspekto, Pangkultural na Aspekto, at Pangkapaligirang Aspekto.

## 3. RESULTA AT PAGTALAKAY

Tinalakay sa bahaging ito ang iba't ibang gawain sa Uhayan Festival na nagpapakita sa pagiging likas-kaya o sustentable ng kapistahan. Hinati sa tatlo ang pagtalakay ng mga datos batay sa iba't ibang aspekto ng Pistang Pamana Pistang Naayon ni Bandala.

### 3.1 Pansosyal na Aspekto

Nakapaloob sa pagdiriwang ng Uhayan Festival ang sari-saring gawain at programa na nagtagataguyod ng pagkakaisa ng mga mamamayan ng Barangay Macabiling. Sa pamamagitan nito ay naipamamalas ang pagkakabuklod-buklod ng mga buong pamayanan upang matagumpay na maitampok ang kapistahan.

#### Talahanayan 1. Mga Gawaing Nagpapakita ng Pansosyal na Aspekto ng Uhayan Festival

Pinakamahuhusay na Gawain	Gampanin sa Uhayan Festival
Dance Exhibition	Ito ang patunay sa kakayahang ng kapistahan na maging lunduyan ng pagkakaisa, sapagkat naipapamalas nito ang pagpasama at pagkakaisa ng mga kalahok mula sa paghahanda hanggang sa araw ng patimpalak. Ang programang ito ang isa sa mga rason kung bakit at paano nagkakaisa ang mga taga-Macabiling. Nabanggit ni Teodori at Lullof (1998) na ang pakikilahok sa mga kapistahan ay malaking kadahilanang sa pag-usong ng pagkakaisa sa loob ng isang pamayanan.
Street Dance Competition ng Bawat Purok ng Barangay	Ipinahihiwatig sa sayaw ng <i>street dance competition</i> ang sinining at pagiging malikhain ng nagkakaisang pangkat. Bago pa man ang araw na ito ay gaganapin, ibayong pageensayo ang kinakailangan upang matiyak na ang bawat pangkat ay handa. Makikita ang pagkakaisa ng mga kasapi ng Uhayan Festival sapagkat naipapamalas ng bawat purok ang kanilang natatanging kultura at interpretasyon sa Uhayan Festival sa pamamagitan ng isang patas at konstruktibong paligsahan.
Palarong Pinoy	May malaking ginagampanan sa Uhayan Festival ang mga programa tulad ng Palarong Pinoy sapagkat isa ito sa ilang pamamaaran upang itaguyod ang nagkakaisa at nagtutulungan pangkat. Ang mga laro tulad ng <i>agawang baboy, palo sebo, at agawang buko</i> ay idinaraos sa kapanahunan ng Uhayan Festival



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

OCTOBER

MEDIA AND PHILIPPINE STUDIES

<p>sapagkat ito ay nagging daluyan ng pagkakaisa at pagtutulungan ng pamayanan sa isang nakakatuwa at magaan na paraan.</p> <p><b>Variety Shows</b></p> <p>Sa konteksto ng Uhyan Festival, idinaraos ang <i>beauty pageants at Rosas ng Macabiling</i> sapagkat ito ay isang kaganapan kung saan naipapamalas ng isang pangkat ang pagkakaisa sa pagpapakita ng suporta sa kanilang kinatawan. Nakikita dito kolaborasyon ng mga residente upang malikhaing bihsan at tiyakin na ang kanilang kinatawan ay handang makipagpaligsahan.</p> <p><b>Ugnayan ng lokal na pamahalaan at simbahan</b></p> <p>Isa sa mga katangian ng likas-kayaang kapistahan ay ang kolaborasyon ng lokal na pamahalaan at simbahan. Sa Uhyan Festival, malinaw na ipinapakita ang pakikipag-ugnayan sa pagitan ng lokal na pamahalaan ng Macabiling at ang simbahan. Sa pamamagitan nito, masinop na nailalatag ang gampanin ng dalawang mahalagang tagapagtugoyod ng kapistahan.</p>	<p>San Isidore Labrador na itinuturing na patron ng mga magsasaka.</p> <p><b>Pagpapayaman Pampamilyang Pagpapahalaga</b></p> <p>Malaki ang gampanin ng mga pampamilyang pagpapahalaga sa pagiging likas-kaya ng Uhyan Festival. Sa pamamagitan nito, napapanatili ang magandang relasyon ng mga kasapi ng isang pamilya dahil sila ay sama-sama naghahanda para sa Uhyan Festival. Isa rin itong panahon kung saan nagsasama at nabubuklod ang isang pamilya.</p>
--	---

## 3.2 Pangkultural na Aspekto

Isa sa mga pamantayan upang masabing likas-kaya o sustentable ang isang kapistahan ay pagkakaroon nito ng mga gawaing nagtatampok sa natatanging kultura ng pamayanan. Nakapaloob sa pagdiriwang ng Uhyan Festival ang sari-saring gawain at programa na may kultural na kabuluhan at simbolismo.

## Talahanayan 2. Mga Gawaing Nagpapakita ng Pangkultural na Aspekto ng Uhyan Festival

Pinakamahuhusay na Gampanin sa Uhyan Festival Gawain	
Malikhaing Kasuotan at Props Nagpapakita Agrikultural Kultura	na na na
Pagsayaw	Ang pagsayaw ay isa sa mga paraan ng Uhyan Festival upang panatilihin ang kultura ng pagsasaka sa Barangay Macabiling. Sa pamamagitan nito, malikhaing nailalapat ng mga mananayaw sa saliw ng awit ang galaw o kumpas na may kaugnayan sa pagsasaka.
Pagdakila at Pagkilala kay San Isidore Labrador	Malaking bahagi ng kasaysayan ng Barangay Macabiling ang pagsasaka sapagkat isa ito sa mga dahilan kung bakit umunlad ang barangay. Ang Uhyan Festival ay isang papuri kay

## 3.3 Pangkapaligirang Aspekto

Ipinamalas ng Uhyan Festival ang iba't ibang mga hakbang upang matiyak na napangangalagaan ang kapiligiran sa kabila ng magarbo at abalang pagtatampok ng kapistahan. Tinitiyak na hindi naisasakripisyong kalagayan ng kalikasan sa tuwing ginaganap ang Uhyan Festival.

## Talahanayan 3. Mga Gawaing Nagpapakita ng Pangkapaligirang Aspekto ng Uhyan Festival

Pinakamahuhusay na Gampanin sa Uhyan Festival	
Kaligtasan ng Bawat Kasapi sa Uhyan Festival	Ang mga tagapagtugoyod ng pistahan ay nakikipag-ugnayan sa iba't ibang ahensya upang matiyak na ligtas at payapa ang pagdiriwang ng Uhyan Festival. Bukod dito, mayroon ding nakahanda na <i>emergency response team</i> ang Sangguniang Barangay sa panahon na may masaktan habang nagaganap ang pagdiriwang.
Kalinisan Kaayusan Kapaligiran	at ng
Pangangasiwa sa Daloy ng mga Sasakyen	Tinitiyak ang kalinisan ng kapaligiran sa Barangay Macabiling sa gitna ng pagdiriwang ng Uhyan Festival. Ang Sangguniang Barangay ay nagtatakdang mga susing tao at mga susing pangkat na nag-aayos at nagtatapon ng basura habang ginaganap ang pagdiriwang. Mahigpit at kontrolado ang proseso pagdating sa kalinisan ng kapaligiran.
Integrasyon Kaalamang Pangkalikasan mga Gawain	ng ng
	Dahil kailangan na ligtas ang mga mananayaw at ang mga manonood, ipinatupad ng opisyales ng Uhyan Festival na bawal dumaan ang mga kotse kapag sila ay namamarada. Nagsasara sila ng mga <i>entry points</i> upang walang kotse na makakapasok at nagkakaroon ng traffic plan upang matiyak din na hindi maantala ang karaniwang daloy ng mga sasakyen.
	ng ng
	Sa mga paligsahan katulad ng street dance competition, isa sa mga pamantayan tinitingnan ay kalinisan at kaayusan ng pagtanghal. Bukod dito, kinakailangan din na ang mga materyales na gagamitin ay pawang recyclable at gawa sa mga indigenous material.



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စောင့်ပွဲ

MEDIA AND PHILIPPINE STUDIES

## 3.4 Paglagom

Dinalumat ng pag-aaral na ito ang iba't ibang likas-kayang katangian ng Uhyan Festival sa Barangay Macabiling, Sta. Rosa City, Laguna gamit ang balangkas na Pistang Pamana Pistang Naayon.

Ipinakita sa pag-aaral na ito ang kahalagahan ng iba't ibang aspekto upang magampanan ng isang kapistahan ang mga layunin nito habang tinitiyak ang pagiging likas-kaya nito. Ang mga kapistahan gaya ng Uhyan Festival ay isang produkto ng pagtutulungan ng iba't ibang mahahalagang sektor tulad ng lokal na pamahalaan, ang simbahan, gayundin ang mga mismong residente ng pamayanhan na aktibong nakikiisa sa pagtatampok nito. Ang pagtatampok ng mga kapistahan ay tumatawid hindi lamang sa pagtatampok ng kultural na aspekto kundi pati rin ang pagpapakikita sa magandang ugnayan ng mga taong bahagi ng kapistahan habang tinitiyak ang pangangalaga sa kapaligiran. Inilatag ng pag-aaral na ito ang kahalagahan ng pagdalumat sa likas-kayang katangian ng isang kapistahan upang magsilbing pagtataya sa mga *stakeholders* ng kapistahan. Ang mga natukoy na gawain ay maaaring maging batayan ng mga tagapagtuguyod ng Uhyan Festival upang panatilihin ang pagiging likas-kaya ng Uhyan Festival.

Iminumungkahi ng pag-aaral na ito ang mas malalim pang pagdalumat sa mga likas-kayang katangiang taglay ng mga kapistahan mula sa pananaw ng ibang stakeholders. Mahalagang mapag-aralan ang mga likas-kayang katangian ng kapistahan mula sa perspektibo ng mga residente, ng mga nagtatanghal sa kapistahan gayundin ang mga bisita at turistang tumutunghay na sa kapistahan. Bukod dito, mas mapayayaman pa ang mga ganitong uri ng pag-aaral kung mararanasan mismo ng mga mananaliksik ang pagdiriwang ng kapistahan upang makakalap ng mga pangunahin (primary data) datos.

## 4. PAGKILALA AT PASASALAMAT

Nais kilalanin at pasalamat ng mga mananaliksik ang mga sumusunod na taong naging bahagi ng pag-aaral na ito:

**G. Jeysen Taeza**, ang nagsilbing gabay at tagapayo ng mga mananaliksik sa pag-aaral na ito na walang sawang nagbigay ng mga mungkahi para sa pagpapabuti ng papel;

**G. Janeson Miranda**, ang nagsilbing tagapagturo para sa kursong Practical Research 3 at Practical Research 4 sa mga ginanap na mga sesyong naging batayan upang lalong palawigin ang pananaliksik na ito;

**Ang lahat ng kaklase at kaibigan** ng mga mananaliksik, sa walang sawang suporta na ipinamalas nila ay lubos na nakatulong sa

pagpapalakas ng loob at kumpiyansang matagumpay na matatapos ang papel na ito;

**Sa kanilang mga magulang** ng mga mananaliksik, ang isa sa mga rason upang sila ay makapag-arál, makapagsaliksik, at makapagtapos ng pag-aaral.

## 5. Sanggunian

- Amtalao, J., & Lartec, J. (2015). Ang wika ng Sillag festival bilang daluyan ng kultura at identidad ng mga Pilipino. *Malay* 27.2.
- Apostolakis, V., & Viskadouraki, I. (2017). Analysis of the economic impact of cultural festivals in the local economy. *Cultural Management: Science and Education*, 1(2), 47-64. <https://doi.org/10.18502/kss.v3i6.2407>
- Bandala, I. (2018). Pistang Pamana, Pistang Naaayon: A socio-cultural and environmental sustainability framework for town fiestas. *KnE Social Sciences*. <https://doi.org/10.18502/kss.v3i6.2407>
- Theodori, G., & Luloff, A. (1998). Land use and community attachment. 7th International Symposium on Society and Resource Management, University of Missouri.
- Tyrell, T., et al. (2013). A quantified triple bottom line for tourism: Experimental results. *Journal of Travel Research*, 52(3), 279-293. <https://doi.org/10.1177/0047287512465963>.
- Quinn, B. (2006). Problematising 'Festival Tourism': Arts Festivals and Sustainable Development in Ireland. Retrieved January 28, 2021, from <https://www.tandfonline.com/doi/abs/10.1080/09669580608669060>
- Quinn, B. & Wilks, L. (2013). Festival connections: people, place and social capital. Exploring the Social Impacts of Events, 15 – 30. <https://doi.org/10.13140/2.1.2269.7281>
- Wee, H. (2015). Potential factors that influence event sustainability: A case of special event. *International Journal of Arts and Commerce*, 4, 1-10.



## Kamalayan, Pag-aangkop, at Pagpapatuloy: Pagbalangkas sa Diwa at Danas ng mga Comedy Bar Performers sa Panahon ng Pandemya Gomit ang Konsepto ng “Loob” ni Fr. Albert Alejo

Beatriz Eloisa C. Colar, Frances Mari F. Constantino, and Justine Anne Y. Rosete

*De La Salle University Integrated School, Biñan City, Laguna*

Jeyson T. Taeza, Research Adviser

*De La Salle University Integrated School, Biñan City, Laguna*

**Abstrak:** Ang pandemyang COVID-19 ay maituturing na pinakamalubhang pangkalusugang krisis na kinahaharap ng Pilipinas. Maraming sektor ng lipunan ang naapektuhan tulad ng edukasyon, transportasyon, at ekonomiya, lalo na ang industriya ng entertainment. Sa industriyang ito, isa sa mga pinakanaapektuhan ang mga comedy bar performers dahil sa pansamantala o permanenteng pagsasara ng mga comedy bars na pangunahing pinagkukunan nila ng kabuhayan. Layunin ng pag-aaral na balangkasin ang diwa at karanasan ng mga comedy bar performers sa panahon ng pandemya gamit ang “Konsepto ng Loob” ni Fr. Albert Alejo. Sinuri sa pag-aaral ang kamalayan ng mga comedy bar performers sa panahon ng pandemya (Abot-Malay), ang kanilang mga pag-aangkop sa kasagsagan ng pandemya (Abot-Dama), at ang mga paraan ng pagpapatuloy ng mga comedy bar performers sa panahon ng pandemya (Abot-Kaya). Kinalap ang mga datos sa pamamagitan ng dalawang serye ng katutubong pamamaraan na Pakikipagkuwentuhan sa mga comedy bar performers. Ang mga nakalap na datos ay sumailalim sa proseso ng transkripsiyon at coding. Sinuri at isinatemá ang mga nakalap na datos batay sa iba’t ibang aspekto ng “Konsepto ng Loob.” Batay sa pag-aaral, malay ang mga kalahok sa kalagayan ng kanilang kapaligiran. Ang kamalayang ito ang pangunahing dahilan ng kanilang reaksyon at pagtugon sa pandemya. Samakatuwid, ang pag-aangkop sa panahon ng pandemya ay hindi lamang nakatuon sa pansariling kagustuhan ng isang indibidwal na ito ay mapagttagumpayan. Ito ay isang multi-sektoral na pagsulong na kinabibilangang ng sistematikong paglalatag at pagpapatupad ng mga plano at polisiya.

**Mga Susing Salita:** pandemya; comedy bar performers; Abot-Malay; Abot-Dama; Abot-Kaya

### 1. PANIMULA

Ang pandemyang COVID-19 ay maituturing na pinakamalubhang krisis pangkalusugan na kinahaharap ng daigdig mula noong Ikalawang Digmaang Pandaigdig (Chakraborty at Maity, 2020). Kinilala ng World Health Organization (WHO) noong Enero 30, 2020 ang COVID-19 bilang isang *health emergency crisis* at kalaunan ay idineklara na isang pandemya dahil sa patuloy na pagkalat nito sa iba’t ibang panig ng mundo (Dubey et al., 2020). Ayon sa tala ng WHO noong Enero 23, 2021, umabot na sa 96,877,399 ang bilang ng kumpirmadong kaso at 2,098,879 naman ang bilang ng mga nasawi dahil sa sakit.

Sa Pilipinas, noong Marso 7, 2020, naitala ng Department of Health (DOH) ang unang lokal na transmisyon sa bansa. Noong Marso 8, 2020 naman ay nagdeklara ng *state of national emergency* (Vallejo Jr at Ong, 2020) dahil sa patuloy na pag-akyat ng mga

kaso. Idineklara na ang National Capital Region (NCR) ay sasailalim sa *quarantine* at kalaunan ay ipinatupad na rin ito sa buong Luzon.

Malaki ang naging epekto ng pandemya sa iba’t ibang sektor ng Pilipinas tulad ng edukasyon, transportasyon, at ekonomiya. Maraming mga Pilipino ang nawalan ng trabaho dahil sa mga restriksyon ipinatupad. Ayon sa tala ng Philippine Statistics Authority noong Enero 2021, apat na milyong Pilipino ang walang trabaho (de Vera at Canivel, 2021). Dahil hindi makapagtrabaho, marami ang nakadepende sa suportang ibinibigay ng pamahalaan. (Purugganan, 2020).

Isa ang *entertainment industry* sa nakaranas ng matinding epekto mula sa pandemya (Senate of the Philippines, 2020). Ayon sa ulat ng Philippine Statistics Authority noong Abril 2020, ang mga trabaho mula sa *arts, entertainment, at recreation* ay ang pinakamataas na *sub-sektor* na nawalan ng



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စောင့်ခွဲမြတ်

MEDIA AND PHILIPPINE STUDIES

hanapbhay na umabot ng 54% (de Vera, 2020). Ayon sa pahayag ng Film Development Council of the Philippines (FDCP) Chairperson at CEO Lisa Dino-Seguerra, ang mga manggagawa sa ilalim ng industriya na ito ay hindi nakatanggap ng anomang *cash aid* mula sa pamahalaan (Senate of the Philippines, 2020). Sila ay ikinunsiderang bahagi ng impormal na sektor dahil hindi sila kabilang sa “*most vulnerable*”. Kabilang ang *arts, dance, music, theater, and comedy industry* sa mga naapektuhan sa ilalim ng industriyang ito.

Sa ilalim ng industriyang ito, lubhang naapektuhan ang *comedy bar industry*. Nagsara ang iba’t ibang comedy bars na dahilan upang mawalan ng trabaho ang maraming comedy bar performers sa bansa. Dahil dito, ang ilan ay bumalik sa kanilang dating mga trabaho o nagbenta online (Cruz, 2020).

Ang pandemyang COVID-19 ay isang kalamidad na bago at hindi nakasanayan ng mga Pilipino. Ang Pilipinas ay lantad sa iba’t ibang kalamidad tulad ng bagyo, lindol, baha, at iba pa. Ayon sa mga pag-aaral, ipinamalas ng mga Pilipino ang iba’t ibang paraan upang umangkop sa kalamidad, ilan dito ang pagtulong sa sarili at pamilya (Lapa, et al., 2016); pagtulong sa kapwa (Badie, 2020); pananampalataya sa Diyos (Gil Cuesta et al., 2018); pagtanggap sa kanilang sitwasyon (Garcia et al., 2016); pagiging maparaan (Cutillas et al., 2015); paggamit ng *humor* (Anga at Diaz, n.d.); at pagkakaroon ng pag-asla na sila ay makakabangon (Bantayan at Cabintoy, 2019).

Ang karanasan ng mga Pilipino sa pangkalusugang krisis ay hindi pa malalim na napagaaralan at naidodokumento. Batay sa paggalugad ng mga mananaliksik sa mga mapagkakatiwalaang database tulad ng Philippine E-journals, EbscoHOST, at Google Scholar, iilan pa lamang ang mga pag-aaral na pumaksa sa nasabing usapin. Bukod dito, wala pang pag-aaral na naging tiyak na dalumatin ang karanasan ng mga Pilipinong kabilang sa impormal na sektor na hindi nakatanggap ng anomang tulong mula sa pamahalaan tulad ng mga *comedy bar performers*. Mahalagang mailagay at mapag-usapan sa ganitong uri ng diskurso ang karanasan ng mga *comedy bar performers* upang maibahagi ang kanilang mga kuwentong-buhay sa panahon ng pandemya. Ang pag-aaral na ito magsisilbing instrumento upang mailarawan ang tunay na kalagayan ng mga nasa *entertainment industry* partikular ang mga *comedy bar performers* na lubha ring naapektuhan ng pandemya.

## 1.1 Konseptwal na Balangkas

Upang balangkasin ang diwa at danas ng mga *comedy bar performers* sa panahon ng pandemya, ginamit ng pag-aaral na ito ang Konsepto ng “Loob” ni Fr. Albert Alejo. Ayon kay Alejo (2018), ang pag-

unawa ng tao ay di lang pagmamasid sa kanyang paligid kundi pag-unawa rin ng kanyang “Loob”. Ang Loob ng Pilipino ay masalimuot at dinamiko na nagsisimula sa sarili patungo sa pakikipag-ugnay at pagkakasangkot sa panlabas. Sa pagbubuo ng Loob, ang tao ay hindi lang pagmumulat sa sariling kamalayan at pakiramdam, kundi pagsasaayos din ng malay at dama sa paraang tugma sa pagkakaunawa sa kanyang paligid at sa mga pangyayari. Ang “Loob” ay binubuo ng tatlong aspektó: Abot-Malay na tumutukoy sa kaalaman sa kalagayan, sanhi ng problema, at lagay ng pamayanan; Abot-Dama na tumutukoy sa pakiramdam, kasama rin dito ang damdamin, ugali, at kakayahán sa sitwasyong nararanasan; at Abot-Kaya na tumutukoy sa pagbubuo ng Loob, partikular ang desisyon at aksyon ng tao bilang tugon sa mga suliranin at udyok ng kalooban.

Ang Konsepto ng “Loob” ay nagamit lamang sa karanasan ng mga Pilipino sa baha at bagyo, ngunit hindi pa ito nagagamit sa pag-aangkop ng mga Pilipino sa panahon ng krisis pangkalusugan (Ardales, 2015). Binalangkas ng pag-aaral na ito ang Abot-Malay na sumasaklaw sa kaalaman at kamalayan ng mga *comedy bar performers* sa panahon ng pandemya, ang Abot-Dama na tungkol sa mga damdaming nararanasan ng mga *comedy bar performers* sa mga hamon at pagsubok na dala ng pandemya, at Abot-Kaya na hinggil naman sa ginagawang reaksyon at pagtugon ng mga *comedy bar performers* upang matugunan ang mga epekto ng pandemya.

## 1.2 Layunin ng Pag-aaral

Sa panahon ng pandemya, maraming sektor sa Pilipinas ang malubhang naapektuhan dulot ng mga hamon na dala nito. Isa na rito ang *entertainment industry*, partikular ang mga *comedy bar performers* dahil sa pansamantala o patuloy na pagsasara ng mga *comedy bars* na pangunahing pinagkukunan ng kabuhayan. Layunin ng pananaliksik na ito na pag-aralan ang diwa at danas ng mga *comedy bar performers* sa panahon ng pandemya gamit ang Konsepto ng “Loob” ni Fr. Albert Alejo. Tiyak na layunin ng pag-aaral na ito na:

1. suriin ang kamalayan (Abot-Malay) ng mga *comedy bar performers* sa panahon ng pandemya;
2. mailarawan ang kanilang mga pang-aangkop (Abot-Dama) sa kasagsagan ng pandemya at,
3. isalaysay ang pagpapatuloy (Abot-Kaya) ng mga *comedy bar performers* sa panahon ng pandemya.

## 2. METODOLOHIYA



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

oayon

MEDIA AND PHILIPPINE STUDIES

Ang kwalitatibong pag-aarial na ito ay gumamit ng phenomenonolohikal na lapit sa pananaliksik upang dalumatin ang kuwentong-buhay at karanasan ng mga *comedy bar performers* sa panahon ng pandemya. Bukod dito, ang mga datos ay kinalap sa pamamagitan ng katutubong pamamaraan na pakikipagkuwentuhan (*informal conversation*). Ang ganitong paraan ng pagkalap ng mga datos ay angkop sa pag-aarial upang malayang maikuwento ng mga kasangkot sa pag-aarial ang kanilang karanasan.

Labing-isa (11) ang kabuuang bilang ng mga *comedy bar performers* na boluntaryong naging kasangkot sa pag-aarial na ito. Ang mga kasangkot sa pag-aarial ay pinili sa pamamagitan ng *chain-referral sampling* at tiniyak na taglay nila ang mga sumusunod na katangian: may gulang 18 pataas, pangunahing kabuhayan ang pagiging isang *comedy bar performers*, at nawalan o nagsara ang pinapasukang bar dahil sa pandemya.

Bagamat pakikipagkuwentuhan ang ginamit na paraan ng pagkalap ng datos, naghanda ang mga mananaliksik ng mga gabay na katanungang sumailalim sa *content validity* upang matiyak na makakalap ang mga kinakailangang datos sa pag-aarial. Ibinatay sa Konsepto ng "Loob" ni Fr. Albert Alejo: ang Abot-Malay, Abot-Dama, at Abot-Kaya ang pakikipagkuwentuhan. Ang unang serye ng pakikipagkuwentuhan ay nakatuon sa oryentasyon at pagbuo ng magandang ugnayan sa pagitan ng mga kasangkot sa pag-aarial at mananaliksik upang mas malayang maikuwento ng mga kalahok ang kanilang mga karanasan. Sa unang serye rin naganap ang unang bahagi ng pakikipagkuwentuhan. Samantala, ang ikalawang serye naman ay nakapokus sa balidasyon ng kawastuhan ng mga nakalap na datos lalo na't ang pakikipagkuwentuhan ay naganap sa pamamagitan ng *video conference*.

Sa pahintulot ng mga kasangkot sa pag-aarial, ang kabuuhan ng pakikipagkuwentuhan ay inirekord at sumailalim sa proseso ng transkripsiyon at coding. Ang mga naprosesong kasagutan ay binalangkas at sinuri gamit ang mga aspekto ng Konsepto ng "Loob": Abot-Malay, Abot-Dama, at Abot-Kaya.

## 3. RESULTA AT PAGTALAKAY

Binalangkas at tinalakay sa bahaging ito ang karanasan ng mga *comedy bar performers* sa gitna ng pandemya gamit ang iba't ibang aspekto ng Konsepto ng "Loob". Nahati ang pagtalakay sa tatlo: Abot-Malay, Abot-Dama, at Abot-Kaya.

### 3.1. Abot-Malay

Ipinapakita ng mga datos na nakalap ang kamalayan ng mga *comedy bar performers* sa kasagsagan ng pandemya. Ayon sa pag-aarial nina Cutillas et al. (2015), mahalaga ang pagkakaroon ng

kaalaman at kamalayan sa epekto ng iba't ibang kalamidad upang makapaghanda at posibleng mabawasan ang paglala nito. Mahihinuha dito na ang mga kalahok ay mayroong kaalaman sa panahon ng krisis upang malagpasan ang mga pagsubok na dala nito.

Mula kay Ardales (2015), sakop ng Abot-Malay ang kaalaman tungkol sa kalamidad. Dala ng hindi inaasahan ang pagpasok ng pandemya, ang karamihan sa mga kalahok ay hindi nakapaghanda. Dahil pansamtala o permanenteng nagsara ang kanilang mga pinagtatrabahuan, naapektuhan ang kanilang pinansyal na kapasidad. Hindi makamit ng karamihan ang pang araw-araw na pangangailangan at hindi rin sila nakakuha ng sapat na tulong mula sa gobyerno. Mayroon ding epekto ang pandemya sa kanilang komunidad. Kahit mas umayos na ang kalagayan ng lugar para sa ilan, mayroon pa ring mga protokol. Bilang karagdagan, naapektuhan ang *mental health* ng kanilang mga kasamahan sa *comedy bar*. Problema rin nila ang kakulangan sa pera. Isang pagsubok ang pandemya sa *comedy industry*. Bagaman may ilang *comedy bars* na ang nagbukas, hindi pa rin ito *fully operational*. Naging sorpresa sa mga kalahok ang panahon na itinagal ng pandemya. Makikita dito na mayroong kakulangan sa kaalaman ang mga kalahok tungkol sa paghahanda, ngunit naging malay sila sa mga nangyayari sa kanilang paligid sa kasagsagan nito. Alam nila ang sitwasyon ng kanilang komunidad at ang hirap na nararanasan ng *comedy industry* at kapwa *performers*. Marami ang gumamit ng teknolohiya upang malaman ang mga ito. Kahit malubha ang kanilang naging sitwasyon, tingin pa rin nila na babalik sa dati ang daloy ng *comedy bar performing*.

### 3.2. Abot-Dama

Nagdulot ng iba't ibang damdamin at reaksyon ang pandemya mula sa mga kalahok. Ayon sa mga nakalap na datos, positibo at negatibo ang mga ito. Kahit na sila ay nakakaranas ng mga matinding balakid, kinakaya nilang malagpasan ang mga ito at patuloy pa ring nagsusumikap upang makabangon.

Mula sa pag-aarial ni Ardales (2015), ang Abot-Dama ay tumutukoy sa pakiramdam ng tao sa naganap na kalamidad at sa personal na ugali o katangian na ipinamalas sa kahirapang dulot ng kalamidad. Nakaramdam ng kalungkutan at pagkabalisa ang mga kalahok noong nagsara ang mga *comedy bar* na kanilang pinagtatrabahuan. Sila ay nabigla sa mga naging epekto ng pandemya sa kanilang mga buhay. Sa kasalukuyan, dahil sa mga pagbabagong kanilang nararanasan, kapansin-pansin na sila ay nahihiapan. Sa kabilang naman, naganatili pa rin silang positibo at determinadong iahon ang kanilang sarili mula sa mga paghihirap na kanilang nararanasan dulot ng pandemya. Dahil mayroon



ilang *comedy bar* ang unti-unting nang nagbubukas, umaasa sila na babalik sa dati ang daloy ng *comedy bar performing*. Sila ay handang bumalik sa pagiging isang *comedy bar performer* kapag nabigyan sila ng pagkakataon. Mayroon pa rin silang hilig na magpasaya ng mga tao at magtanghal sa entablado. Dahil sila ay *comedy bar performers*, pagiging masayahan ang katangiang nadala nila at nakatulong upang harapin ang mga pagsubok ng pandemya. Namamalagi ang pagiging positibo sa kasagsagan ng krisis na ito, napapatawa at napapangiti nila ang mga tao sa kanilang paligid. Gaya ng nabanggit sa pag-aaral ni Yapan (2019), kayang harapin ng mga tao ang sakuna sa tulong ng kanilang emosyon. Mahihinuha na ang kanilang nararamdamang ugaling ipinamalas ay konektado sa kanilang sitwasyon at paligid pati na rin ang angking pagkilos upang maitawid ang pang araw-araw na pangangailangan. Dulot din nito ang kanilang sitwasyon at kamalayan sa nangyayari sa paligid habang ang kanilang angking pagkilos ay epekto ng kanilang nararamdamang ugaling ipinamalas.

### *3.3. Abot-Kaya*

Ayon sa datos, ang mga kalahok ay may iba't ibang paraan upang umangkop sa mga pagsubok na kanilang nararanasan. Tinanggap nila ang mga naging pagkakaiba ng kanilang buhay noon sa ngayon at patuloy na hinaharap ang mga hamon na dala ng pandemya.

Ang Abot-Kaya ay ang reaksyon na tumutugon sa panganib at angking pagkilos at desisyon upang pansamantalang makaraos sa panahon ng kalamidad (Ardales, 2015). Ayon kay Alejo (2018), ito ay ang pagtugon sa Abot-Malay at Abot-Dama. Ang pandemya ay hindi inaaahan ng nakararami. Ang mga sakuna ay may iba't ibang konteksto, gayunpaman ang alaala ng lipunan mula sa mga nakaraang sakuna ay maaaring hindi magamit sa pagtugon sa nararanasan. Kaya, anomang epekto ng sakuna ay kinakailangan gamitan ng *resiliency* (Candelaria, 2016). Dahil nagsara ang kanilang pinagtatrabuhuan, kinailangan nilang maghanap ng ibang paraan upang kumita para matugunan ang kanilang mga pangangailangan. Hindi man hilig ng iba ang hanapbhay na kanilang pinasukan, pursigido pa rin silang ipagpatuloy ito. Nagdala ng stress ang epekto ng pandemya sa mga kalahok. Dahil dito, mayroon silang iba't ibang paraan na produkto ng kanilang pagkamalikhain upang gumaan ang kanilang nararamdamang Bilang karagdagan, malay sila sa mga negatibong nangyari sa kanilang paligid. Kahit na nagdulot ito ng kalungkutan, hinaharap nila ito at patuloy na nangangarap. Ipinapakita rito na sinusubukan nilang umayon sa naging sitwasyon upang malagpasan ang mga paghihirap na kanilang nararanasan.

### *3.4. Paglagom*

Binalangkas ng pag-aaral na ito ang diwa at danas ng mga comedy bar performers sa panahon ng pandemya gamit ang Konsepto ng “Loob” ni Fr. Albert Alejo.

Ipinakita ng pag-aaral ang pagiging malay ng mga comedy bar performer sa mga nangyayari sa kanilang paligid. Ang kanilang kamalayan ay tumatawid mula sa panloob na kamalayan tungo sa panlabas na kamalayang pumapaksa sa politikal at kasalukuyang kalagayan ng kanilang pamayanan. Malaki ang ginampangan ng kamalayang ito sa kanilang aksyon ginagawa upang pansamantalang makaraos sa panahon ng kalamidad batay sa kanilang pansariling mga pagpapahalaga at paniniwala upang tugunan ang mga pinsalang dulot ng pandemya. Ipinakita sa pag-aaral na bukod sa pansariling pagpapahalaga at paniniwala, malaki rin ang papel ng mga panlabas na aspektu tulad ng pamilya, lipunan, at pamahalaan upang matagumpay na makaangkop sa mga hamong ito.

Gamit ang mga awtentikong datos, kinumpirma ng pag-aaral na ito ang tunay na kalagayan ng isang bulnerableng sektor na hindi nabibigyan ng pansin. Bagamat ipinamalas ng mga comedy bar performers ang iba't ibang malilikhaing pamamaraan upang maibsan ang dagok na dala ng pandemya, hindi maitatanggi ang agarang pagtugon ng kinauukulan sa kanilang mga pangangailangan. Ang pag-aangkop sa pandemya ay hindi lamang nakabatay sa kagustuhan ng isang indibidwal na ito ay mapagttagumpayan bagkus ito ay isang multi-sektoral na pagsulong na kinabibilangan ng sistematikong paglalatag at pagpapatupad ng mga plano at polisiyang titiyak sa magandang kalagayan ng mga tao. Ang pandemya ay isang isyung dapat mas bigyang-pansin dahil isa itong suliranin na patuloy na nakakaapekto hindi lamang sa mga comedy bar performers, ngunit pati na rin sa pangkalahatang pamumuhab ng mga Pilipino.

Iminumungkahi ng papel na ito ang mas malalim pang pag-aaral ukol sa kalagayan ng ibang bulnerableng sektor na patuloy na naaapektuhan ng pandemya. Mainam na magkaroon ng isang longitudinal na pag-aaral upang higit pang mabuo ang pagbalangkas sa karanasan ng mga *comedy bar performers* sa panahon ng pandemya. Mainam ding pag-aralan kung paano nabago ng pandemya ang estilo at naratibo ng mga *comedy bar performers* sa kanilang mga pagtatanghal.

## 4. PAGKILALA AT PASASALAMAT

Nais ng mga mananaliksik na ipaabot ang kanilang pasasalamat sa mga kalahok ng pag-aaral sa paglalaan ng oras. Sa kabila ng hirap na kinakaharap sa gitna ng pandemya, hindi ito naging hadlang at



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ஸ்ரீ மாரியன்

MEDIA AND PHILIPPINE STUDIES

patuloy silang nagpakita ng interes sa pagbabahagi ng kanilang kuwento. Namulat ang mga miyembro sa kanilang mga ibinahaging karanasan at magsisilbing inspirasyon upang maibahagi ang kanilang karanasan sa mga ganitong uri ng diskurso.

Taos-puso rin silang nagpapasalamat sa mga guro, lalo na sa kanilang tagapayo na si G. Jeysen Taeza, na patuloy na gumabay sa pagsusulat ng pananaliksik. Mainit na pagpapasalamat din ang nais ipaabot ng mga mananaliksik sa kanilang mga magulang para sa pagpopondo at pagbibigay ng suporta sa pananaliksik. Dahil sa inyong mga suporta, naisakatuparan nila ang isang makabuluhang pag-aaral. Maituturing na isang mabungang paglalakbay ang pagbuo nito. Kahit maraming pagsubok ang napagdaanan ng bawat isa sa proseso, marami silang aral at pagpapahalaga na natutuhan dito. Napabuti ang kanilang kahusayan sa komunikasyon at nahasa ang kanilang pagsusulat sa Filipino.

## 5. SANGGUNIAN

- Alejo, A. E., S.J. (2018). "Loob Ng Tao." Social Transformations: Journal of the Global South, 6(1), 25-53.  
[https://www.researchgate.net/publication/325494603\\_Loob\\_ng\\_Tao](https://www.researchgate.net/publication/325494603_Loob_ng_Tao)
- Anga, M. C. C., & Diaz, L. B. L. (n.d.). Perception, Resiliency and Coping Strategies of Filipinos. Bulacan State University. Research, Extension & Training. 1-9 <https://bulsu.edu.ph/research/university-research-office/research-publications/2/perception-resiliency-and-coping-strategies-of-filipinos-amidst-disasters>.
- Ardales, A. J. (2015). "K-U-L-T-U-R-A: Ang Karanasan Nina Nanay Marina at Gemma Tungkol Sa Problema Ng Pagbaha Sa Brgy. Aplaya, Sta. Rosa, Laguna / K-U-L-T-U-R-A: The Experience of Nanay Marina and Gemma on the Flooding Problem in Brgy. Aplaya, Sta. Rosa, Laguna." MALAY, 27(20), 102-117. <https://ejournals.ph/article.php?id=8079>
- Badie, J. Y. (2020). TÁBANG SA PANAHON NG PANDEMYA: SALAYSAY NG TATLONG TRINITARIAN. Dalumat E-Journal, 6(2), 1-9. <https://ejournals.ph/article.php?id=16038>
- Bantayan, R. P., & Cabintoy, L. C. (2019). SURVIVING LIFE AFTER TYPHOON PABLO: STRUGGLES OF SCHOOL MANAGERS. Southeast Asian Journal of Educational Management, 1(1). <https://ejournals.ph/article.php?id=14465>.
- Candelaria, J. L. (2016). Pagkakakilanlan, Pagdurusa, at Pagbangon: Bagyong Reming (2006) sa Alaala ng Anislag Resettlement Community. Saliksik E-Journal 5(1). [https://www.researchgate.net/publication/335260930\\_Pagkakakilanlan\\_Pagdurusa\\_at\\_Pagbangon\\_Bagyong\\_Reming\\_2006\\_sa\\_Alaala\\_ng\\_Anislag\\_Resettlement\\_Community](https://www.researchgate.net/publication/335260930_Pagkakakilanlan_Pagdurusa_at_Pagbangon_Bagyong_Reming_2006_sa_Alaala_ng_Anislag_Resettlement_Community)
- Chakraborty, I., & Maity, P. (2020). COVID-19 outbreak: Migration, effects on society, global environment and prevention. Science of The Total Environment, 728, 138882. <https://doi.org/10.1016/j.scitotenv.2020.138882>
- Cruz, M. (2020, September 14). How Wacky Kiray adapts to limited opportunities during pandemic. <https://www.pressreader.com/philippines/philippine-daily-inquirer-1109/20200914/282243783009783>
- Cutillas, A. L., Alburo, R. P., Alburo, H. M., & Pascual, P. R.L. (2015). COPING STRATEGIES OF COMMUNITIES AFFECTED BY THE BOHOL EARTHQUAKE. Tropical Technology Journal, 18(2), 1-11. [https://www.researchgate.net/publication/343880631\\_COPING\\_STRATEGIES\\_OF\\_COMMUNITIES\\_AFFECTED\\_BY\\_THE\\_BOHOL\\_EARTHQUAKE](https://www.researchgate.net/publication/343880631_COPING_STRATEGIES_OF_COMMUNITIES_AFFECTED_BY_THE_BOHOL_EARTHQUAKE)
- Department of Health. (n.d.). "COVID-19 Tracker." Department of Health, [www.doh.gov.ph/covid19tracker](http://www.doh.gov.ph/covid19tracker)
- de Vera, B. O. (2020). Amid ECQ, 'record-high' unemployment rate of 17.7% posted in April. INQUIRER.Net. <https://business.inquirer.net/299124/amid-ecq-record-high-unemployment-rate-of-17-7-posted-in-april>
- de Vera, B. O. & Canivel, R. S. (2021). 4 million Filipinos jobless in January 2021. <https://newsinfo.inquirer.net/1405074/4m-pinoys-jobless-in-january#:~:text=Dennis%20Mapa%2C%20the%20national%20statistician,the%20same%20month%20in%202020%20>
- Dubey, S., Biswas, P., Ghosh, R., Chatterjee, S., Dubey, M. J., Chatterjee, S., Lahiri, D., & Lavie, C. J. (2020). Psychosocial impact of COVID-19. Diabetes & Metabolic Syndrome: Clinical Research & Reviews, 14(5), 779-788. <https://doi.org/10.1016/j.dsx.2020.05.035>
- Garcia, L., Lapa, M. M. I., & Palompon, D. (2016). Surviving Typhoon Yolanda (Haiyan): Experiences of Older Adults in a Rural Area in the Philippines. International Journal of Sciences, 5(11), 1-6. [https://www.researchgate.net/publication/321965863\\_Surviving\\_Typhoon\\_Yolanda\\_Haiyan\\_Experiences\\_of\\_Older\\_Adults\\_in\\_a\\_Rural\\_Area\\_in\\_the\\_Phippines](https://www.researchgate.net/publication/321965863_Surviving_Typhoon_Yolanda_Haiyan_Experiences_of_Older_Adults_in_a_Rural_Area_in_the_Phippines)
- Gil Cuesta, J., van Loenhout, J. A. F., de Lara-Banquesio, M. L., Isiderio, J. M., Aujoulat, I., & Guha-Sapir, D. (2018). The Impact of Typhoon Haiyan on Health Staff: A Qualitative Study in Two Hospitals in Eastern Visayas, The Philippines. Frontiers in Public Health, 6. <https://doi.org/10.3389/fpubh.2018.00208>
- Lapa, M. M. I. M., Palompon, D. R., & Garcia, L. L. (2016). Experiences with Typhoon Yolanda: The voices of young survivors revealed. Journal of Nursing Education and Practice, 6(12), 136-141. <https://doi.org/10.5430/jnep.v6n12p136>
- Senate of the Philippines. (2020). Press Release - FDCP Chair thanks Sen. Revilla for championing plight of entertainment industry during COVID-19 pandemic. [http://legacy.senate.gov.ph/press\\_release/2020/0529\\_revilla1.asp](http://legacy.senate.gov.ph/press_release/2020/0529_revilla1.asp)
- Purugganan, J. (2020). Philippines: Informal Workers face brunt of COVID-19 Lockdown. <https://focusweb.org/philippines-informal-workers-face-brunt-of-covid-19-lockdown/>
- Vallejo, B. M., & Ong, R. A. C. (2020). Policy responses and government science advice for the COVID 19 pandemic in the Philippines: January to April 2020. Progress in Disaster Science, 7, 1-7. <https://doi.org/10.1016/j.pdisas.2020.100115>



World Health Organization. (n.d.). WHO Coronavirus Disease (COVID-19) Dashboard.  
<https://covid19.who.int/WHO-COVID-19-global-data.csv>

<https://covid19.who.int/>

an, A. (2019). Desakrasi

Tapan, A. (2019). Desakralisasyon ng Sakuna Bilang Disaster sa Karanasang Filipino (Desacralization of "Sakuna" as Disaster in the Filipino Experience). *Katipunan*, 4, 89-129. [https://www.researchgate.net/publication/350035960\\_Desakralisasyon\\_ng\\_Sakuna\\_Bilang\\_Disaster\\_sa\\_Karanasang\\_Filipino\\_Desacralization\\_of\\_Sakuna\\_as\\_Disaster\\_in\\_the\\_Filipino\\_Experience](https://www.researchgate.net/publication/350035960_Desakralisasyon_ng_Sakuna_Bilang_Disaster_sa_Karanasang_Filipino_Desacralization_of_Sakuna_as_Disaster_in_the_Filipino_Experience)



## Mga Proseso at Naratibo: Isang Preliminaryong Pagtatala sa Magnetic Folk Healing Bilang Katutubong Pamamaraan ng Pagpapagaling sa Barangay Kinabuhayan at Sta. Lucia, Dolores, Quezon

Maria Elnora A. Abante and Kyla Therese G. Quebrar

*De La Salle University Integrated School, Biñan City, Laguna*

Jeyson T. Taeza, *Research Adviser*

*De La Salle University Integrated School, Biñan City, Laguna*

**Abstrak:** Ang Pilipinas ay mayaman sa iba't ibang katutubong pamamaraan ng pagpapagaling na may kaugnayan sa kultura, paniniwala, at tradisyon ng mga Pilipino. Sa kasalukuyan, marami pa ring mga katutubong pamamaraan ng pagpapagaling sa bansa ang hindi naitatala, partikular ang ilang mga lugar na malapit sa Bundok Banahaw. Layunin ng pag-aaral na ito na magsagawa ng isang preliminaryong pagtatala sa magnetic folk healing bilang katutubong pamamaraan ng pagpapagaling sa Barangay Kinabuhayan at Sta. Lucia, Dolores, Quezon. Ang case study na ito ay nakapokus kay Ate Mel, isang magnetic folk healer. Kinalap ang mga datos sa katutubong pamamaraan ng pakikipagkwentuhan at nakikiugaling pagmamasid. Sinuri ang mga datos batay sa paraan ng pagtamo ng magnetic folk healing, proseso ng pagpapagaling, at mga naratibong may kaugnayan sa mga paniniwala sa Bundok Banahaw. Ang paraan ng pagtamo ng magnetic folk healing ay nakaangkla sa kapangyarihan na nakapaloob sa Bundok Banahaw sa Dolores, Quezon. Ang kakayahang magnetic folk healer ay ipinagkakaloob sa mga taong may pananampalataya at paggalang sa kapangyarihang taglay ng Bundok Banahaw. Inilatag din ng pag-aaral na ito ang mga proseso ng pagriritwal at materyales na ginamit sa magnetic folk healing tulad ng langis. Siniyasat din ng pag-aaral na ito ang mga naratibong mula sa kasangkot ng pag-aaral na may kaugnayan sa mga paniniwala sa mga nilalang na nasa ikatlong uri, tulad ng engkanto, duwende, at mga espiritu. Sa pangkalahanan, sa kabilang pag-usbong ng modernong medisina, nananatiling may mga Pilipinong sumasangguni sa mga katutubong pamamaraan ng pagpapagaling tulad ng magnetic folk healing.

**Key Words:** magnetic folk healing; proseso; ritwal; katutubo; Bundok Banahaw

### 1. PANIMULA

Bago pa man dumating ang mga dayuhan sa Pilipinas, taglay na ng mga sinaunang Pilipino ang napakayamang kultura. Kabilang sa yamang taglay ng sinaunang Pilipinas ay ang mga iba't ibang katutubong pamamaraan ng pagpapagaling. Itinuturing na mahalagang salik ang katutubong kaalaman, kultura, at tradisyunal na gawain sa pagpapaunlad ng katutubong pamamaraan ng pagpapagaling. Samakatuwid, ang mga ito ay makabuluhan sa sistema ng pangangalaga ng kalusugan sa mga lokal na komunidad (F. L. Jocano, 1966; Mc Laughlin & Braun, 1998).

Iba't ibang uri ng katutubong pamamaraan ng pagpapagaling ang patuloy na umiiral sa iba't ibang bahagi ng bansa. Ang ilang halimbawa ay ang Dawaks ng mga Kalingas (Martin et al., 2012), ang mga pang gawi ng pangkat etnikong Pala'wan

(Villapa, 2017), ang Sahuma mula sa Zamboanga City (Esperat et al., 2020), at ang mga mananambal ng Cebu (Berdon, 2016). Bukod dito, ayon kay Gaabucayan (1971), laganap din ang mga manggagamot tulad ng albularyo, herbolario, manghihilot, mananambang, mananawal, at mambabarang.

Sa kabilang patuloy na pag-iral ng mga katutubong pamamaraan na nakaangkla sa kultura at paniniwala ng mga Pilipino, isa sa mga maituturing na hamon sa mga ganitong uri ng pagpapagaling ay ang mabilis na pag-usbong ng modernong medisina at teknolohiya. Ang hamong ito ay nagdadala ng unti-unting pagbabago sa kulturang etniko ng mga pamayanang maaaring nagreresulta sa pagkawala nito, o ang tinatawag na ethnocide (Martin et al., 2012). Mahalagang magkaroon pa rin ng kamalayan ukol sa mga katutubong pamamaraan na hindi pa naidodokumento sapagkat ang mga ito ay



repleksyon ng kultura, paniniwala, at tradisyon ng mga Pilipino. Ang mga pag-aaral at pagdodokumento sa ganitong uri ng mga pagpapagaling ay isang mabisang paraan upang mapanatili ang mga ito sa kabilang modernisasyon.

Isa sa mga mayayamang lugar sa Pilipinas, kung tungkol sa mga katutubong pagpapagaling ang pag-uusapan, ay ang Bundok Banahaw at ang mga karatig na lugar na matatagpuan sa paanan nito. Ang Bundok Banahaw ng Dolores, Quezon ay isang bulkan na matatagpuan sa mga hangganan ng mga lalawigang Laguna at Quezon. Ang paligid ng Banahaw ay kombinasyon ng mga higanteng sinaunang puno, luntiang halaman, talon, ilog at kweba. Ang lugar na ito ay isang sagisag ng pasyon ng mga Pilipino para sa espiritwalidad at relihiyon, at sa gayon ay itinuturing ito na "Power Mountain". Dahil dito, nabiyang-pansin kung paano nagsisimula ang mga pagpapagaling sa pamamagitan nang paglilinis ng parehong katawan at kaluluwa. Ang konsepto ng relihiyon sa Bundok Banahaw ay hindi lamang nakaangkla sa paniniwala, kasanayan, at mga ritwal na isinasagawa ng mga Romano Katoliko. Sa halip, iba't ibang miyembro ng mga pangkat ng relihiyon at kulto ang dumadayo sa Bundok Banahaw, at ito ay ang mga sumusunod: (1) Ang sekta ng mga Rizalista; (2) Samahan ng Tatlong Persona Solo Diyo (STPSD), isang sekta na itinatag ni Agapito Illustré; (3) Suprema of De la Iglesia Mistica Filipina (SDLIM); at (4) Watawat ng Lahi (Abbang et al., 2016). Sa kabila ng napakaraming mga pag-aaral na naisagawa tungkol sa iba't ibang paniniwalang nakalukob sa Bundok Banahaw, nananatiling may iba't ibang paraan ng pagpapagaling sa bundok at mga karatig na lugar ang hindi pa naidodokumento. Isa na rito ay ang magnetic folk healing na isinasagawa sa Barangay Kinabuhayan at Sta. Lucia sa bayan ng Dolores, Quezon.

Ang magnetic folk healing ay isang katutubong pamamaraan na may kakayahang pagalingin ang iba't ibang uri ng sakit na nararamdamang isang pasyente tulad ng pilay, sakit ng ulo, sakit sa tiyan at iba pang mga karamdamang maliban sa mga bukas na sugat. Ang magnetic folk healing ay may iba't ibang baryasyon depende sa dalubhasa ng manggagamot at kung saang lugar ng katawan ito isinasagawa. Sa kabila ng kaibahan ng mga proseso nito, magkakatulad ang mga ito kung saan hindi idinadampi ang kamay ng magnetic folk healer sa bahagi ng katawan na pinagagaling.

Sa kasalukuyan, wala pang pagtatala o pagdodokumento ang naisasagawa ukol sa magnetic folk healing sa Barangay Sta. Lucia at Kinabuhayan sa Dolores, Quezon. Ang pag-aaral na ito ang magsisilbing kauna-unahang hakbang upang maitala ang nasabing katutubong pamamaraan.

Bilang isang preliminaryong pagtatala, ang pag-aaral na ito ay nakapokus sa kasu ng isang magnetic folk healer na si Ate Mel. Siya ang kaisa-isang manggagamot na dalubhasa sa magnetic folk healing sa Barangay Kinabuhayan at Sta. Lucia na matatagpuan sa Bundok Banahaw. Ang pag-aaral na ito ay magsisilbing batayan ng mga susunod pang pananaliksik na may layuning higit pang pag-aranan ang mga katutubong pamamaraan ng pagpapagaling sa Bundok Banahaw at mga karatig na lugar. Magdaragdag din ang pananaliksik na ito sa mga naisagawa ng pag-aaral tungkol sa Bundok Banahaw, sapagkat ang magnetic folk healing ay nakaugnay sa iba't ibang mga paniniwala tungkol sa mahiwagang bundok.

Layunin ng pag-aaral na galugarin ang katutubong pamamaraan ng pagpapagaling na magnetic folk healing sa Barangay Kinabuhayan, Dolores, Quezon. Nilaloyon nito na matugunan ang mga sumusunod na layunin:

- a. maitala ang paraan ng pagtamo ng kasangkot sa pag-aaral sa kakayahang makapag gamot sa pamamagitan ng magnetic folk healing;
- b. mailarawan ang proseso at mga pamamaraan ng magnetic folk healing; at
- c. mailahad ang mga paniniwala ng kasangkot sa pag-aaral.

## 2. METODOLOHIYA

Ang case study na ito ay may layuning magtakda ng preliminaryong pagtatala sa magnetic folk healing bilang katutubong pamamaraan ng pagpapagaling sa Barangay Kinabuhayan at Sta. Lucia, Dolores Quezon. Dahil ito ay isang preliminaryong pagtatala pa lamang, inilarawan ng pag-aaral ang iba't ibang katangian ng magnetic folk healing katulad ng paraan ng pagtamo, ang proseso ng magnetic folk healing; gayundin ang mga naratibong may kaugnayan sa nasabing katutubong pagpapagaling. Ang pag-aaral na ito ay nakapokus sa kasu ni Ate Mel na isang kilalang magnetic folk healer sa Dolores Quezon.

Ang mga datos sa pag-aaral na ito ay kinalap sa pamamagitan ng pakikipagkuwentuhan sa kasangkot sa pag-aaral. Ang mga tanong at gabay na ginamit sa pakikipagkuwentuhan ay sumailalim sa content validity upang matiyak na wasto at sapat ang mga datos na nakalap. Bukod dito, ginamit sa papel na ito ang nakikiugaling pagmamasid upang maidokumento ang proseso ng magnetic folk healing. Sa pagpapahintulot ni Ate Mel at isa sa kanyang mga pasyente, kinuahan ng larawan ng mga mananaliksik ang bawat mahahalagang hakbang sa



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စောင့်ခွဲမြတ်

MEDIA AND PHILIPPINE STUDIES

proseso ng magnetic folk healing.

Ang mga kabuoan ng pakikipagkuwentuhan ay sumailalim sa transkripsyon at coding, at ang naprosesong datos ay sinuri sa pamamagitan ng thematic analysis kung saan nakabuo ng tatlong tema ang pag-aarial. Una, ang tema ukol sa paraan ng pagtamo ng kakayahang ng magnetic folk healer. Ikalawa, ang proseso ng pagsasagawa ng magnetic folk healing. Ikatlo, ang mga naratibong nagpapahiwatig ng pagkakaugnay ng magnetic folk healing sa mga paniniwala tungkol sa Bundok Banahaw.

### 3. RESULTS AND DISCUSSION

Preliminaryong idinokumento ng pag-aarial na ito ang magnetic folk healing bilang katutubong pamamaraan ng pagpapagaling sa Barangay Sta. Lucia at Kinabuhayan sa Dolores Quezon. Hinati sa tatlong bahagi ang pagtatala: ang paraan ng pagtamo, proseso ng magnetic folk healing, at mga naratibo ng kasangkot sa pag-aarial tungkol sa iba't ibang paniniwalang may kaugnayan sa Bundok Banahaw.

#### *3.1. Paraan ng Pagtamo ni Ate Mel ng Magnetic Folk Healing*

##### *3.1.1. Bundok Banahaw Bilang Pinagmulan ng Kakayahahan*

Ang Bundok Banahaw ang nagsilbing ugat ng kakayahang magpagaling ng aming susing kasangkot na si Ate Mel. Ang kanyang kapangyarihan ay unang ipinahayag sa kanya noong siya ay nasa hayskul; sa pagkakataong ito, nagkaroon siya ng matinding sakit sa ulo at hindi siya nakapasok sa eskwelahan. Ayon kay Mercado (1988), may isang ecstatic na elemento na maaaring pagdaanan ng isang manggagamot at sa pagdanas niya nito ay naapektuhan siya ng sakit o minsan ay napagkakamalan na baliw.

##### *3.1.2. Ang Nakakita ng Kanyang Kakayahahan sa Santos Kalbaryo*

Bukod rito, tuwing huling Sabado ng buwan ay nagno-novena si Ate Mel sa Santos Kalbaryo sa Bundok Banahaw. Mayroon siyang nakasalubong na magdadasal na mayroong third-eye at nakitaan siya ng liwanag sa noo at bukal ng tubig sa kamay. Ang mga ito ay sinasabing palatandaan na mayroon siyang panawagan sa bundok. Subalit walang eksaktong interpretasyon ang liwanag sa noo at bukal ng tubig sa mga kamay na nakita ng magdadasal sa kanya; ngunit ito pa rin ay mayroong matinding ugnayan sa kanyang pagtamo upang matuklasan niya ang kanyang kakayahahan.

#### *3.1.3. Mga Panaginip mula sa Bundok Banahaw*

Karagdagan dito, noong nag-ibang bansa si Ate Mel, napaginipan niya na tinatawag siya ng Bundok Banahaw at hinihikayat siya na bumalik muli sa Pilipinas. Ang isang holy voice ay napaginipan naman ng banyagang si Fred Pankrast na pumunta sa Pilipinas at tumuloy sa tahanan ng pamilya ni Ate Mel. Isa si Fred sa nakakita ng kanyang kakayahahan at nagpayo na ikuskos ang kanyang mga palad upang uminit ito.

Ayon kay Gorospe (1992), mayroong tinataguriang "Santong Boses" ang Bundok Banahaw. Nagpakita ito sa sinaunang historikal na mistiko na si Agripino Lontok. Si Lontok ang nagsilbing kauna-unahang tagapangalaga ng bundok. Bilang karagdagan, si Fr. Vicente Marasigan, isang Jesuit na pari, ay nagkaroon din ng karanasang espiritual sa kanyang panaginip ukol sa mga nagbubulungang espiritu sa Kinabuhayan. Bagaman walang eksaktong ebidensya na nag-uugnay sa apat na karanasan, lahat ng ito ay nagmula sa Bundok Banahaw. Ayon sa makalumang Pilipinong animistikong kultura, ang isang panaginip ay nagaganap sa paunang yugto ng pagbuklod ng isang manggagamot sa kanyang kakayahahan (Mercado, 1988).

#### *3.2. Proseso ng Magnetic Folk Healing*

Upang maayos na maisagawa ang magnetic folk healing at epektibong gumaling ang pasyente,



**Larawan 1. Paglagay ng Langis**

mayroon itong pitong hakbang na sinusunod:

Una, naglagay ng langis sa kanyang kamay si Ate Mel. Ginawa niya ito upang mabilisang makuskos ang mga palad para uminit ito. Sinabi ni Ate Mel na kahit anong klase ng langis ay maaaring gamitin, ngunit ang pinakaangkop na langis ay galing sa simbahan.



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

စာမျက်နှာ

MEDIA AND PHILIPPINE STUDIES



**Larawan 2.** Pagtanggal ng Masamang Enerhiya

Ikalawa, nagtanggal ng masasamang enerhiya si Ate Mel mula sa ulo, likod, dibdib at tiyan ng pasyente. Nabanggit niya na mula sa mga espiritista niya nakuha ang pagtatanggal ng masasamang enerhiya bago pagalingin ang mga pasyente.

Ika-apat, inilapit ni Ate Mel ang kanyang mga kamay sa buong katawan ng pasyente nang hindi lumalapat sa damit o balat ng pasyente. Mayroong tatlo hanggang apat na pulgadang layo mula sa palad ng manggagamot at balat ng pasyente. Nag-umpisa si Ate Mel mula sa ulo, papunta sa likod at nagsimula na siyang dumighay. Ang pagdighay ay indikasyon na nagiging matagumpay ang isinagawang magnetic folk healing. Matapos sa likod, ang sunod ay ang dibdib papunta sa tiyan.



**Larawan 3.** Pagkuskos ng Kamay

Ikatlo, ikinuskos muli ng manggagamot ang mga palad upang uminit ito.



**Larawan 4.** Paglapit ng Kamay



**Larawan 5.** Pagtapat ng Kamay

Ika-lima, noong natukoy ni Ate Mel ang bahagi ng katawan na mayroong sakit, nanatili siya rito hanggang sa matapos ang kanyang pagdighay. Kapag tumigil nang dumighay si Ate Mel, ito ang indikasyon na wala ng sakit sa katawan ng pasyente.

Ika-anim, pagkatapos dumighay ni Ate Mel, kanya naman itong hinawakan na at minasahe.



## **Larawan 7. Pagdighay ng Manggagamot**

At ika-pito, dumighay na si Ate Mel upang ang natanggal na sakit ay hindi manatili sa kanya. Mayroong mga pagkakataon na nararamdaman niyang nanghihina siya, ngunit madalas na hindi.

### *3.3. Mga Paniniwalang may Kaugnayan sa Bundok Banahaw*

## Talahayanay 1. Mga Naitalang mga Paniniwala na may Ugnayan sa Bundok Banahaw

Malaki ang impluwensiya ng iba't ibang paniniwala ng mga nakatira sa Bundok Banahaw at karatig na lugar tulad ng Dolores, Quezon sa kanilang pang araw-araw na pamumuhay. Ang kakayahang impluwensiya ng magnetic folk healing ay isang palatandaan ng impluwensiya ito.

Mga Iba't Ibang Paniniwala ni Ate Mel	Deskripsyon
Paniniwesto	Sa Bundok Banahaw, ang <i>paniniwesto</i> ay isang karanhiwang pagpapahayag ng pagksambo sa relhiyon sa pamamagitan ng pagbibisita at pagdadarsal sa mga <i>purwestos</i> na finatuguriing mga sagradong lugar (Somera, 1986). Ilan sa mga nabanggit ni Ate Mel ay

Mga Pangatlong-uri	<p>ang mga <i>pangatlong</i> Santa Lucia, Twin Falls, Kaban ni San Isidro, Santong Jacob, Frisenathan, Ina ng Awa, Husgad, at Santos Kalbaryo.</p> <p>Ayon kay Até Mel, ang kanyang lolo, tatay at asawa, ay nagkaroon ng mga enghenzero sa mga pangatlong uwi tulad ng mga espiritu, duwende, at engkanto, dahil sa kamiling ugnayan sa Bundok Bantay. Siya si Mel ay maayaw na maaari na sumarangkahan ang mga duwende, ugunit ayon sa kanyang asawa — na siyang nag-isang nakakasifa sa kanila — ay umilarawan niya ang mga ito na mayroon mga malalaking tainga at may iba't ibang kahulugan ng pulis, na iput. Ang mga duwende rin ang makatulungan kai Até Mel sa paghalaman at minanahan sila rin ang pinagmumulap ng kanyang enerhiya kapag hinanagawa niya ang magnetic folk healing.</p> <p>Ayon kay Demetrio (1969), ang mga ito ay matagal ng pinaminuwalaan ng mga Pilipino, bago pa man sakumpa ng mga banayang buntis, at ay nagsimula ang pagbabantaan noong Povedano (Siglo 16) hanggang sa kasalukuyan. Ayon naman kay Arceta (2020), naminuwala ang mga lokal na peregrino na mayroon mga hindu na makikita nilanalo na tunay na mga <i>takatindan</i>. Sila ay nagsoberto sa ilang mga <i>takatindan</i> sa Bundok Banahaw at malasok ang pamalangin upang makuhang ang pabor nila.</p>
--------------------	---

Nabanggit ni At Mel na noong may nangailangan ng tulong niya sa dyip ay mustulang may humaplos sa kanya at sinabihin siyang hawakan ang may sakit. Ito ay maaaring *spirit guide* niya. Ayon kay Mercado (1988), ang mga manggagamot ay mayroong mga *spirit guide* na tumutulungan sa kamila sa pamamagitan ng pagbibigay ng kapangyaranan o poyo sa kung anong kailanganan savyin.

#### 4. PAGLALAGOM

Ang pag-aaral na ito ay nagsilbing isang preliminaryong pagtatala sa magnetic folk healing bilang katutubong pamamaraan ng pagpapagalting sa Barangay Sta. Lucia at Kinabuhayan, Dolores, Quezon.

Ipinakita ng pag-aaral ang isang natatanging paraan ng pagpapagaling ng isang pamayanan. Isa itong palatandaan na may mga sistema ng katutubong pamamaraan ng pagpapagaling sa Pilipinas ang naghihintay na maitala. Natuklasan na sa kabilang pag-usborg ng moderno at maaghgam na paraan ng pagpapagaling, nananatiling buhay ang ilang mga katutubong paraan ng pagpapagaling ng mga Pilipino na may kaugnayan sa kanilang kultura at paniniwala. Sa konteksto ng pag-aaral na ito, tinalakay na ang pangkalahatang proseso ng magnetic folk healing ay nabuo mula sa paniniwala ng manggagamot gayundin ng mga pasyenteng tumatangkilik nito. Bukod sa manggagamot, mahalaga ang gampinan ng pasyente sa pagsasagawa ng katutubong pamamaraan ng pagpapagaling. Ang mga katutubong pamamaraan ay pagsasalubong at pagsasama ng sistema ng paniniwala ng manggagamot at ng kanyang pasyente. Samakatuwid, ang katutubong pamamaraan ng pagpapagaling ay isang shared at arbitraryong ugnayan sa pagitan ng manggagamot at pasyente.

Iminungkahi ng pag-aaral na ito ang mas malalim pang pag-aaral sa magnetic folk healing partikular sa pagpapalawak ng kasangkot sa pag-aaral. Upang mas maidokumento ang nasabing paraan ng pagpapagaling, kinakailangang palawakin pa ang source o panggagalingan ng datos ng pag-aaral mula sa iba pang magnetic folk healers sa Bundok Banahaw. Mahalaga ring madagdagan ang datos mula sa pananaw ng mga pasyenteng patuloy na tumatangkilik sa magnetic folk healing upang makabuo ng isang komprehensibong paglalarawan sa sistema ng magnetic folk healing.

## 5. PAGKILALA AT PASASALAMAT

Ang pag-aaral na ito ay hindi magiging possible kung hindi dahil sa patnubay ng ilang mga indibidwal na nagpaabot ng kanilang tulong at kaalaman sa paghanda at pagkumpleto ng pag-aaral na ito. Ang aming pasasalamat ay nakatuon sa mga



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

ஸ்ரீ மாணிக்கம்

MEDIA AND PHILIPPINE STUDIES

sumusunod:

Sa aming tagapagpayo na si G. Jeysen T. Taeza na nagsilbing pangunahing gabay sa aming mananaliksik. Nagpapasalamat kami sa kanyang pagbahagi ng kaalaman at nakabubuting pagpuna, at para rin sa kanyang walang tigil na pagsuporta at panghihikayat na makumpleto ang pag-aaral na ito. Isang malaking pribilehiyo at karanganan na magsagawa ng pag-aaral sa ilalim ng kanyang patnubay;

Sunod, kay Ate Mel, ang aming susing kasangkot sa pag-aaral na ito. Kung hindi dahil sa kanyang kusang loob na pagbabahagi ng kanyang kaalaman at ng kanyang kakayahang ukol sa magnetic folk healing ay hindi mabubuo ang pag-aaral na ito; Sunod, kay G. Janeson Miranda, ang aming guru sa Practical Research, na nagturo at gumabay sa aming pagsusulat, pati na rin sa kanyang patnubay sa bawat hakbang ng proseso ng aming pag-aaral;

Sa aming mga kaklase at kaibigan na nanatili sa aming tabi sa buong durasyon ng proseso ng pagsasaliksik at nagbigay ng kanilang walang kapantay na suporta, at tumulak sa amin upang tapusin ang pag-aaral na ito;

At higit sa lahat, sa makapangyarihang Diyos at sa aming mga pamilya na nagsilbing inspirasyon at para sa pagbibigay sa amin ng lakas ng loob na magpatuloy sa kabilang lahat ng hamon na hinarap ng aming pag-aaral.

## 6. SANGGUNIAN

Abbang, G. A. G., Acuna, P. G. C., Amparo, L., Bernardo, M. H., Blanco, S., Cabrera, N., Caoli, M., Diaz, K. C., Galang, M. A., Hernandez, S. M. F., Mingming, J., Moll, M., Ramos, B., Sandagan, R. D., Sembrano, K. J., Velasquez, A. L. A., & Zabala, K. N. P. (2015). Pamumuwesto at Mount Banahaw. *Academia.edu*. Retrieved January 16, 2021, from [https://www.academia.edu/25758163/Pamumuwesto\\_at\\_Mount\\_Banahaw](https://www.academia.edu/25758163/Pamumuwesto_at_Mount_Banahaw)

Arceta, K. B. (2020). Mount Banahaw's Enigma of Power: A Personal Reflection on Signs and Symbols at the Santa Lucia Complex. *International Journal of Religious Tourism and Pilgrimage*, 8(5), 43-55. Arrow Tudublin. Retrieved February 15, 2021, from <https://arrow.tudublin.ie/ijrtp/vol8/iss5/5/>

Berdon, Z. J. S., Inocian, R. B., Lozano, E. B., & Manalag, C. A. (2016). Unveiling Cebuano Traditional Healing Practices. *Asia Pacific Journal of Multidisciplinary Research*, 4(1), 51-59. ResearchGate. Retrieved January 19, 2020, from [www.researchgate.net/publication/299447262\\_Unveiling\\_Cebuano\\_Traditional\\_Healing\\_Practices](http://www.researchgate.net/publication/299447262_Unveiling_Cebuano_Traditional_Healing_Practices).

Demetrio, F. (1969). The Engkanto Belief: An Essay in Interpretation. *Asian Folklore Studies*, 28(1), 77-90. JSTOR. <https://doi.org/10.2307/1177781>

Esperat, E. L., Gracia, A. A., & Molina, R. A. (2020). TRADITIONAL HEALING PRACTICES IN ZAMBOANGA CITY, PHILIPPINES. *EPRA International Journal of Multidisciplinary Research (IJMR)*, 6(5), 81-97. ResearchGate. [10.36713/epra2013](https://doi.org/10.36713/epra2013)

Gaabucayan, S. (1971). The Medicine Men of Agusan in Mindanao, Philippines. *Asian Folklore Studies*, 30(1), 39-54. JSTOR. <https://doi.org/10.2307/11777763>

Gorospe, V. R. (1992). Mount Banahaw: The Power Mountain From Ritualism to Spirituality. *Philippine Studies*, 40(2), 204-218. JSTOR. Retrieved January 16, 2021, from [www.jstor.org/stable/42633309](http://www.jstor.org/stable/42633309)

Jocano, F. L. (1966). Cultural Context of Folk Medicine: Some Philippine Cases. *Philippine Social Review*, 14(1), 40-48. JSTOR. Retrieved February 2, 2021, from <http://www.jstor.org.dlsu.idm.oclc.org/stable/23892728>

Martin, J. G. S., Obal, J. O., & Basitao, C. S. (2012). A Micro-Ethnography of the Dawak: Healing Rituals of the Kalinga. *IAMURE International Journal of Health Education*, 2(1). Philippine EJournals. Retrieved January 12, 2020, from <https://ejournals.ph/article.php?id=2824>

McLaughlin, L. A., & Braun, K. L. (1998). Asian and Pacific Islander Cultural Values: Considerations for Health Care Decision Making. *Health & Social Work*, 23(2), 116-126. Oxford Academic. <https://doi.org/10.1093/hsw/23.2.116>

Mercado, L. N. (1990). POWER AND SPIRITUAL DISCIPLINE AMONG PHILIPPINE FOLK HEALERS. *Melanesian Journal of Theology*, 7(1), 63-75. Brill. <https://doi.org/10.1163/157338390X00092>

Somera, R. D. (1986). Pamumuwesto of Mount Banahaw. *Philippine Studies*, 34(4), 436-451. JSTOR. Retrieved January 16, 2021, from [www.jstor.org/stable/42632965](http://www.jstor.org/stable/42632965)

Villapa, J. A. (2017, May). KATUTUBONG PANGGAGAMOT NG PANGKAT-ETNIKONG PALAWAN SA BROOKE'S POINT AT BATARAZA, PALAWAN. *Saliksik E-Journal*, 6(1), 57-84. Philippine EJournals. Retrieved July 22, 2020, from <https://ejournals.ph/article.php?id=11794>



## From Pre-Alpha to Freestyle: Figure Skating Through the Lens of Filipino Figure Skaters

Sofia Ysobel D. Cariño

*De La Salle University Integrated School, Biñan City, Laguna*

Christian P. Gopez, Research Adviser

*De La Salle University Integrated School, Manila*

**Abstract:** Figure skating has been around since 1772 when an Englishman by the name of Robert Jones gave a whole new meaning to the concept of skating on ice, and since then, it has been a sport loved by many around the world. However, despite its long history, many researchers have stated that there is still a paucity of information regarding figure skating. In the Philippines, the dance sport was only introduced in the 1990s; hence, it is a relatively new concept that most researchers have yet to touch on. This study, therefore, aims to analyze figure skating in the Philippines through the lens of Filipino figure skaters. Using a qualitative phenomenological approach, the researcher conducted semi-structured interviews (SSI) with figure skaters and Philippine Skating Union (PHSU) coaches and officials. It was found that the practices which Filipino figure skaters do are the same ones being practiced abroad because as a country new to figure skating, the dance sport does not have much popularity yet which limits the chances of having practices that are uniquely Filipino. Despite this, there are still attempts to adapt foreign concepts to better fit the local skaters. The Filipino identity in figure skating also seems blurred as the respondents have varying perspectives on whether or not their fellow skaters instill a sense of Filipino identity into their routines. It was concluded that the dance sport is still far too young to be able to have an established perspective.

**Key Words:** figure skating; figure skaters; Filipino identity; dance sport

### 1. INTRODUCTION

The concept of skating on ice is believed to date as far back as 3000 B.C in Scandinavia (Mayer, 2018). While this remained as a concept for so long, it was finally materialized as a real sport in 1772 when a British artilleryman named Robert Jones coined the term “figure skating”. Later on, he created the first known instructional book, “A Treatise on Skating,” which included tips for beginners and instructions on how to perform certain moves (Hamilton, 2019). Formerly a dance sport with rigid movements, Jackson Haines reimagined its style and incorporated ballet concepts into it in order to transform the dance sport to what it is known for now—graceful and flowing (“Jackson Haines”, 2021).

Despite figure skating having an extensive history, it still comes as a surprise that there are barely any studies regarding the dance sport around the world. According to Grau in 2010, “dance scholars with a few exceptions rarely write about figure skating.” This statement has been backed up by many other researchers who share the same sentiments that there is indeed a “lack of systematic research” in the field of figure skating (Niinimaa, 2017). Taking things to a more local context, the dance sport of figure

skating is still very new in the Philippines. It only started in the country during the 1990s when the first ice skating rink in the Philippines was built in SM Megamall (Philippine Skating Union, n.d.). This is likely due to the fact that winter sports are not as popular in tropical countries as it is in winter countries. In addition, the sport slowly started gaining attention from the masses during the early 2000s. Since then, the sport has been rather successful in producing high-level skaters including Michael Martinez who was the first-ever skater to represent South East Asia in the Olympics. However, this is no comparison to countries with decades of experience and the appropriate climate for this sport. Thus, it is no wonder that there are almost no known studies about figure skating made in the Philippines, much less the Filipino perspective of figure skating.

Therefore, this study will look into figure skating through the lens of Filipino figure skaters and coaches. It will specifically aim to answer the following research questions:

1. What are the practices of Filipino figure skaters that make them uniquely Filipino?
2. How does the Philippines adapt figure skating into its own context?



3. How do Filipino figure skaters instill a sense of Filipino identity into their figure skating routine?

## 2. METHODOLOGY

This research employed a qualitative phenomenological approach to describe figure skating through the lens of Filipino figure skaters and used a purposive sampling technique to identify key informants. The informants of this study are figure skaters ages 16 and above who train, compete, and represent the Philippines in local and/or international competitions for at least three years. The researcher also interviewed coaches and officials from the Philippine Skating Union (PHSU), the official governing body for figure skating and speed skating in the Philippines, to gain more insight regarding the study. A total of six figure skaters and four PHSU coaches or officials were interviewed.

An in-depth interview guide was used to conduct Semi-Structured Interviews (SSI), which covered topics such as: adapting foreign concepts, practices figure skaters do which are uniquely Filipino, challenges they face when training in the Philippines, their perception about Philippine figure skating in general, and lastly, their insights regarding the Filipino identity in figure skating. Interviews were conducted via Zoom and were recorded with the informants' consent. Most of the informants were of legal age; hence only an Informed Consent Form (ICF) was needed; however, for the minors, a Parental Consent Form was given.

Data were analyzed using thematic analysis. The researcher coded the data to highlight significant themes from the transcript and pseudonyms were assigned to each informant as Coach A-D and Skater A-F. Bruner's Narrative Theory was also utilized in data analysis which allows for more focus on important narratives and how these aid in understanding the stories and experiences of the key informants.

## 3. RESULTS AND DISCUSSION

### 3.1 Figure Skating Through the Lens of Filipino Figure Skaters

Figure skating is considered a foreign dance sport in the Philippines, likely due to the fact it is difficult to appreciate winter sports in a tropical country. However, in recent times, figure skating has built quite a following in the country. Because of this development, it is important to explore practices that figure skaters and coaches observe that are uniquely Filipino. Based on initial findings, Filipino figure skaters observe standard practices being done abroad,

specifically training regimens, movements, and other practices that are followed in the international scene. Localizing foreign practices is not easy; Coach D believes that the Philippines does not adapt nor even attempt to adapt foreign concepts into its own context, likely because the sport does not enjoy mainstream popularity yet. However, it is hoped that figure skating can be fully developed in a more localized context. Coach A states that, at times, coaches adapt training programs practiced abroad and adjust the same to better fit the needs of Filipino figure skaters. He also mentioned the need to incorporate Filipino themes into figure skating routines: "It's time for us to use more Filipino music into our programs. It's about time we introduce Filipino music and Filipino movements into the international scene."

Both the coaches and the skaters expressed that aside from challenges in localizing figure skating, they have encountered other issues that hinder the growth of the dance sport in the country. These issues include lack of funding, training equipment, support, facilities, and overall public interest and awareness. High costs and inadequate training programs are also of great concern. Among all the issues above mentioned, it is the lack of public interest and funding that seem to be the most critical matters that need to be focused on. Skater D stated, "I don't know if *mababa kasi 'yung demand [of skating rinks]...or wala kasing skating rink kaya mababa 'yung demand ng skaters.*" He further explains that the advancement of figure skating is hindered because of the limited local talent pool. Additionally, coaches remarked that stigmas relating to figure skating being an elitist sport likewise contribute to the low public interest. According to the Philippine Statistics Authority (PSA), the average annual income for Filipino families as of 2018 is P313,000. With coaching sessions amounting to around P9,000 an hour, this sport is definitely not affordable for the average Filipino family. When asked about the challenges faced in the promotion of figure skating, coaches mentioned how difficult it is to ask for funding. It was discussed at length how figure skating in the Philippines operates like a business under SM Management, one of the biggest mall developers across South East Asia. Coach C discusses how SM Management's primary objective is to attract the masses: "The ice skating rink in SM is there to attract customers, it's not there to train Olympians... *kaya* when you ask the management for budget, *mahirap, kasi mahal.*" He elaborates that since the main source of income comes from the public who skates for recreational purposes, lesser customers mean lesser income—therefore, lesser budget.

Inadequate funds logically lead to a lack of proper training equipment and facilities. Some national team skaters still feel the need to train abroad or seek out foreign coaches to search for better



opportunities that they cannot find in the country. However, Skater D believes that all figure skaters will eventually seek foreign coaches and opportunities abroad as they advance in the sport. She points out that even Yuzuru Hanyu, a very successful Japanese figure skater, still trains abroad in order to widen his perspective and experience. She sums everything up by saying, "I think the training environment means a lot to your training."

Conversely, other figure skaters train abroad solely as a result of the lack of opportunities in the Philippines. Skater E introduces the idea that coaches in the Philippines are not as advanced compared to other countries. If one wishes to advance their training, they will need to go abroad because the expertise of the local coaches is limited up to a certain level only due to lack of exposure and training for them. She admits that though these coaches are good, she does not believe that they will be able to offer quality training for higher-level techniques as they are not equipped with the required knowledge and expertise to do so.

Ultimately, figure skating in the Philippines is currently in the early stages of its development, and thus, there still are several challenges that need to be addressed and prioritized. While there are attempts to adapt figure skating into a more local context, it is not easy to achieve due to the various issues discussed above.

### 3.2 The Filipino Identity in Figure Skating

It is difficult to instill the Filipino identity into the skating routines of Filipino figure skating students when the local sports management limits the use of Filipino music. Coach C mentioned that SM not only discourages skaters from using Filipino songs for their programs, but also discourages that these songs be played during public hours in the rink. For this reason, figure skaters who want to incorporate Filipino themes into their programs cannot do so, while some disregard the idea entirely because of the difficulties in gaining permission to use Filipino songs. Coach C also declared, "Our generation [in the '90s] used to skate to Filipino songs but it is not practiced now, or it is frowned upon because it does not follow the brand of SM Lifestyle as a mall," further stating how Filipino figure skaters have much potential in exploring their creativity should they be allowed to skate to that type of music.

Moreover, when asked if incorporating Filipino dance movements into figure skating was possible, the informants had varying opinions. Some agreed and explained how versatile Filipino movements are, noting it was entirely possible to incorporate them into figure skating. It was also stated that using Filipino music would likewise

greatly contribute to introducing the Filipino culture to the international community as well. Coach B says, "One thing I love about figure skating is you can be whatever you want to be." Figure skaters agreed to this statement by explaining how the innate grace and artistry Filipinos have would translate well if Filipino movements were incorporated into figure skating routines.

In contrast, other informants disagreed with the possibility of incorporating Filipino movements and themes into figure skating because they labeled it as a risk. When competing, it is important that the judges are familiar with the music to allow them to focus more on scoring the performance. Coach D mentioned that using Filipino themes introduce a very unknown concept to the judges, making them focus more on getting acquainted with the theme rather than paying attention to the performance itself. Skater D supported this by narrating how judges want to see a skater's personal touch to the music. Using Filipino themes will result in the judges focusing more on understanding the chosen theme instead of connecting with the skater. Coach A countered this argument, though, by arguing that judges are already proficient in understanding music; thus the use of Filipino themes should not be seen as a risk to prevent its use.

Finally, many figure skaters agreed to incorporate a sense of Filipino identity into their craft. They elucidated how their identity is present when competing abroad and how they carry themselves before an international audience. Skater C states, "when Filipinos compete abroad, you can really tell by their personality and how they carry themselves that they are Filipino." Not all share this view, though; Skater D, in particular, commented, "*Parang hindi naman, kasi* even other skaters, they don't really have their natural identity into their programs." He ends by saying how there is no national identity in figure skating and that it is hard to incorporate it into the sport.

In retrospect, the presence of Filipino identity in figure skating is still blurred, as seen in the varying opinions stated above. In addition, Philippine figure skating is still largely based on international standards and practices. Many of the competitions that skaters compete in are also done abroad which is why there is a tendency to follow more international standards and themes.

### 4. CONCLUSION

In summary, figure skating in the Philippines is far too young for it to have an established Filipino perspective. The community does not have practices that can be identified as uniquely Filipino since Filipino skaters seem to adopt international practices rather than localizing the



# 3<sup>RD</sup> DLSU SENIOR HIGH SCHOOL RESEARCH CONGRESS

အေဂျင်မြန်မာ

MEDIA AND PHILIPPINE STUDIES

same. More so, evolving uniquely local concepts proves to be a big challenge because, while there are small steps taken to somehow adapt foreign concepts, the notion of using Filipino themes in international competitions is still labeled as a risk. Notably, the Filipino identity in figure skating seems blurred as the informants have differing perspectives on whether or not skaters incorporate it into their routines. Ultimately, only when all challenges have been addressed can the Filipino perspective in figure skating be fully realized.

## 5. ACKNOWLEDGEMENTS

This research would not be possible if not for the continuous support of family and friends who have been a source of encouragement while completing this research paper. Special thanks to my research adviser, Mr. Christian P. Gopez, who has offered his continuous guidance, wisdom, and patience throughout the completion of this paper. I would also like to extend my sincerest gratitude to all research mentors who have helped in honing my abilities in academic writing.

Thank you to De La Salle University, which has provided me with this opportunity and platform to share my research and be able to spread more knowledge about figure skating in the Philippines.

And lastly, I would like to thank all the figure skaters and coaches alike who shared all their experiences in Philippines figure skating. This research would not be possible if not for your support, especially to Ms. Celene Grace, who helped me build connections in the figure skating community.

I would like to dedicate this research to all the Filipino figure skaters and coaches, and to the figure skating community in the Philippines. This research is meant to spread more awareness and information about this beautiful dance sport in the country. To the Filipino figure skating community, this study I offer to you.

## 6. REFERENCES

- Britannica, T. Editors of Encyclopaedia (2021, January 1). Jackson Haines. Encyclopedia Britannica. <https://www.britannica.com/biography/Jackson-Haines>
- Grau, A. (2010). Figure Skating and the Anthropology of Dance: The Case of Oksana Domnina and Maxim Shabalin. [https://www.academia.edu/413857/Figure\\_Skating\\_and\\_the\\_Anthropology\\_of\\_Dance\\_The\\_Case\\_of\\_Oksana\\_Domnina\\_and\\_Maxim\\_Shabalin](https://www.academia.edu/413857/Figure_Skating_and_the_Anthropology_of_Dance_The_Case_of_Oksana_Domnina_and_Maxim_Shabalin)
- Hamilton, S. (2019, May 13). Figure skating. Encyclopedia Britannica. <https://www.britannica.com/sports/figure-skating>
- Niinimaa, V. (December 18, 2017). Figure Skating: What Do We Know About It?. <https://www.tandfonline.com/doi/abs/10.1080/00913847.1982.11947146>

Philippine Statistics Authority. (July 31, 2018). Income and Expenditure. <https://psa.gov.ph/survey/annual-poverty-indicator>