



Presented at the DLSU Research Congress 2014
De La Salle University, Manila, Philippines
March 6-8, 2014

The Role of Social Skills in the Academic Performance of De La Salle Araneta University Freshmen Students: Creating a Culture

Emily J. Comedis, MA
De La Salle Araneta University
emily_comedis@yahoo.com

Abstract: This paper aims to explore the following; (a) the academic performance of the students in Sociology; (b) the assessed social skills of the students as to cooperation, assertiveness, empathy and self-control; (c) and if there is a significant relationship between social skills and academic performance in Sociology.

In 2012, data were collected from 103 first year students with Sociology subjects at De La Salle Araneta University using the social Skills Rating System (SSRS). A simple correlation study was performed to determine if there is a significant relationship between the two variables. When correlation between social skills and academic performance was tested, only self-control and overall social skills show significant relationship with academic performance. It is worth noting that the generability of these results is limited to first year college students. It is possible that social skills have particularly high relationship with academic performance in their critical years of transition from high school to college. It is also recommended to study the influence of Cultural background of respondents in their academic performance.

Key Words: social skills; academic performance; Social Skills Rating System.