SDF0 TIMES



Student Discipline Formation

THE STUDENT DISCIPLINE FORMATION OFFICE OFFICIAL NEWSLETTER

T1, AY 2017-2018

DISCIPLINE AWARENESS MONTH: "I HEARtyou"

PARAGON Frances Gene Ang



The Discipline Awareness Month (DAM) is a month-long activity, celebrated in the University every February. The aim of this activity is to intensify awareness among students and to promote appreciation of University policies, rules, and regulations on student discipline. The theme for this year's celebration was "I HEARt you", which focused on soliciting and listening to students' issues, reflections, and suggestions with regard to student discipline formation.

DAM 2017 started with a Eucharistic celebration last February 1 at the Pearl of Great Price (PGP) chapel. Subsequently, the new SDFO Paragons and Student Representative Pool were also commissioned.

Another activity entitled "Discipline Cantata: An open mic showcase of Lasallian talents" was held last February 2 at the Br. Bloemen Hall from 6:00-8:30 pm. The open mic aims to promote the University policies on No Drinking, No Smoking, and No Gambling. The event invited the Lasallian community to showcase their talents through singing, dancing, and acting. Lasallian Youth Orchestra, Malate Literary Folio and De La Salle Innersoul were the guest performers of the night.

The following day, February 3, an interactive activity entitled "Mean It To Win It" was held. Five teams participated in 1-minute challenges similar to the variety show, "Minute To Win It" but with a twist - the challenges were all related to the different policies of the University.

The University Student Government (USG) and Council of Student Organization (CSO) took part in DAM 2017 by putting up interactive

booths for students to join and participate in from February 6-17 along SJ and Velasco Walk. The booths were made to remind the students about the different University policies.

Part of the DAM 2017, A Learning Session for Adults: I am my Brother's Keeper was conducted for co-academic personnel, faculty, and external services providers. Aside from that, there were also learning sessions for students entitled "Development Approach to Discipline, Self-Management Skills, Emotion Regulation Skills, Technical Manage on Proper Sourcing and Citing, Intervention and Misconception on Illicit Drugs and Interpersonal Relational Skills". The different learning sessions were held last February 17 and 24 in collaboration with CSO.

From February 21-23, the

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A MODEL OF EXCELLENCE:
Alexis Marvin Sy, signing off

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SDFO Paragons initiated a shirt selling fundraising activity and Good Deeds Challenge (GDC) activity along SJ Walk. The fundraising activity aimed to aid the youth with juvenile cases

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in the Manila Youth Reception Center (MYRC). On the other hand, the GDC was about advocating kindness. Participants randomly selected 3 deeds to random people and places. Once done

and showed proof that they did the tasks, they were given prizes in return.

All DAM 2017 activities conducted were indeed a success.

DAPC 2016: Listen First

PARAGON Daniela Angay

The University, through the Student Discipline Formation Office (SDFO), initiated the Drug Abuse Prevention and Control Week (DAPC) 2016, was held last November 14-18, 2016. In accordance

with Presidential Proclamation No. 124, this event aimed to promote public awareness against negative impacts of illegal drug use and in collaboration with the government's anti-drug campaign. Lasallians were invited to observe the DAPC Week with the theme: "Makinig Muna: Ang pakikinig sa mga bata o kabataan ay daan upang tulungan silang lumaki nang malusog at ligtas".

The week opened with a Prayer Vigil and candle lighting at the Amphitheater to remember the victims of extrajudicial killings. After the

Prayer Vigil, everyone was invited to the DAPC Exhibit at The Learning Commons, 6th floor Henry Sy, Sr. Hall.

The Library featured the film "Drugs Inc. Season 2," to incorporate their Video Pick of the Week with the DAPC Week observance at The Learning Commons, 6th floor HSSH. The video aims to make aware of the drug industry and the struggles of a drug addict.

Continuing the observance, the SDFO Paragons together with the other Lasallian Mission Volunteers held a Volunteer Encounter last November 16, 2016 at Rm. 407 of the Yuchengco Hall which talked about the advocacies on drug abuse.

The SDFO, together with the DLS Red Cross Youth, concluded the DAPC observance by conducting a talk entitled "ABUSADO" at Rm. 1103 of the Bro. Andrew Gonzales Hall to increase awareness about substance abuse, prevention and first aid.



IDADAIT: Good Vibes, No Vice

PARAGON Joshua Yao

Last June 26, the International Day Against Drug Abuse and Illicit Trafficking (IDADAIT) was held worldwide as part of the United Nations (UN) yearly advocacies. The UN firmly stands and fights against drug abuse and illicit trafficking each

year, as the harmful effects are overall detrimental towards societal growth.

To pave way for the Eid'l Fitr holiday on the 26th, DLSU celebrated the IDADAIT on June 28. With aid of the Paragons, SDFO was able to set up an advocacy booth at the SJ Lobby.

Aside from this, to give the student body a more memorable experience, the Paragons also had fun activities such as distribution of stickers and flyers that promote IDADAIT and the anti-drugs policy, a freedom wall, and a

portable photo booth for the students to enjoy and capture the moment.

Apart from increasing awareness through the means of a booth, the SDFO also held a learning session on drugs awareness entitled Good Vibes: No Vice, on the same day from 2pm to 5pm. The speaker, Dr. Aime Guarino, discussed how drugs can negatively affect one's life and how living a healthy lifestyle is the solution to this problem.

IDADAIT is aligned with the promotion of the University policies

such as the prohibition on smoking, drinking and drug abuse. All of this is for the purpose of creating a healthier and safer environment that promotes the value of self-preservation.

Overall, the IDADAIT's advocacies initiated by the SDFO, Sociedad de Historia, DLS - Red Cross Youth and the Salikneta Mart were well received by the student body.

As of today, the fight against illegal drugs and illicit trafficking still persist around the world. Nevertheless, if we all unite and take a stand, the future holds a brighter, healthier and more sustainable place for us and the generations to come.





Last May 29 to June 2, 2017, the SDFO Paragons held their annual recruitment week with the theme, "Volunteerism Revealed". The Paragons set up an enticing booth at the Saint Joseph Hall lobby, which included a massive Paragons tarpaulin and a video flashed on a white screen informing students on the organization's various activities such as the Discipline Awareness Month and the Drug Abuse Prevention and Control Week, among others.

An aspiring Paragon should have the following qualifications: a CGPA grade not lower than 2.5, having at least 6 terms left, not part of any Lasallian Mission Volunteer group, and most importantly, has a clean discipline record.

The Paragons are the student volunteer group of the SDFO who assist in the planning, implementation, and evaluation of the different programs and services of the unit. As the term itself suggests, the SDFO "Paragons" should be models of excellence in discipline advocacy.



MANILA YOUTH RECEPTION CENTER: A Service with a Heart

PARAGON Angelo Luyun

On February 21, the Paragons held a three-day fundraising event in line with the Discipline Awareness Month. The shirts sold featured de-

signs with the theme, "Listen with your heart." The objective was to raise awareness on discipline and help the Manila Youth Reception Center by using the proceeds to buy donations.

The proceeds of the 3-day fundraising event of the Paragons was donated to the Manila Youth Reception Center

The Manila Youth Reception Center (MYRC) is an institution that provides temporary residential care for "children who are in conflict with the law". This term refers to the youth at risk caught committing crimes such as theft, trespassing, and vandalism in Manila. The MYRC takes these children into custody and provide them with homelife, dietary, medical, social, and educational services to maintain their well-being. The center depends on donations and the budget given to them by the local government of Manila for their daily operations.

The MYRC management were really grateful for the donations. With the successful outcome, the Paragons are inspired to hold more charity works with other institutions in the future.

Awareness campaign section

LASALLIANS' FIGHT AGAINST DRUGS

PARAGON Djoshua Tuazon

The government has mandated all schools to uphold the Republic Act of 2002 also known as the "Compre-

hensive Dangerous Drug Act of 2002." The government encourages the institutionalization of drug testing activities which gave life to the University's new program: Lasallians' Fight Against Drug Abuse (LFAD) Drug Testing Program (DTP). The purpose of the program was to identify and prevent the abuse of malicious drugs in the University.

ID 115 students were required to undergo drug testing in the university or any accredited clinics by the DOH

Drug testing shall be conducted by DOH-accredited testing centers to ensure the quality and accuracy

of the results. Under this new program, students with the ID Number 115 are required to go through the Mandatory Drug Testing while those with the ID Numbers 116 and above are required to be tested by other accredited clinics by the DOH and the University.

The students have to choose their time to be tested through the My-LaSalle system. The first batch was scheduled last March 27-31, 2017 while the second batch was on the succeeding term last May 22-29, 2017.

2017 while the second batch was on the succeeding term last May 22-29, 2017. With this, majority of the ID number 115 students have already been tested.

A MODEL OF EXCELLENCE: Alexis Mervin Sy, signing off

PARAGON Samirah Tamayo

"I joined the organization because I wanted to be part of a driving change in creating social transformation – something which I saw in the Paragon program."

Alexis Mervin Sy has served the Student Discipline Formation Office (SDFO) ever since he was a Froshman in 2010. He grew from an ordinary boy to a man of action that drives passion, faith, and empathy into a rippling force that creates positive change in the community. He learned that every person is capable to change and be better despite the challenges life throws. He made it to a point to set aside biases to imbibe the aspect of formation in every lecture, interview, case hearing, or project he handles.

Sy shares that being part of the Paragons and SRP program have been the ground and catalyst for his ideals, sense of volunteerism, leadership, and Lasallian identity to come at sense and grow. As a Paragon, welcoming the new breed of Lasallians during LPEP disci-

pline lectures were both thought-provoking and exciting. On the other hand, serving as a Student Representative in discipline case hearings were both anxious and rewarding as he took part in the board listening and giving appropriate decisions for the formation of students.

Despite the SDFO giving a punitive connotation to the student body, Sy mentions that being part of the program made him break comfort zones to be of service to the Lasallian community. To hold up the Paragon's motif as "Models of Excellence and Discipline Formation" had been challenging. Moreover, the pressure of giving applicable decisions and formative interventions during case hearings were overwhelming. However, he imparts that, "It was during those times that I learned to set higher standards for myself

towards achieving a higher level of impact for myself and the community."



WHAT IS SDFO?

The SDFO is the unit that supervises and promotes student discipline formation, ensures and maintains proper students' decorum, and instills the values of responsibility, initiative and vigilance to students by implementing the provisions on the Student Handbook within University premises and University-supervised activities held outside its premises.

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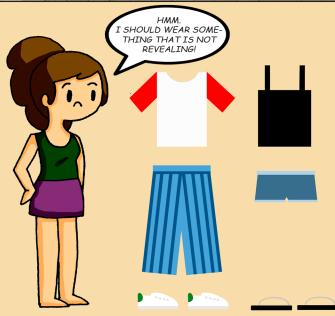
OFFICE HOURS:

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Taft Campus	DES (SJ 117)	7:00AM-9:30PM (MON-FRI) 7:00AM-6:00PM (SAT)	
	DEAPS (SJ 115)	7:30AM-6:00PM (MON-SAT)	
	LFS (SJ 105)	7:30AM-6:00PM (MON-SAT)	
Laguna Campus	MON-FRI	7:00AM-6:00PM	
	SAT	8:00AM- 12:00NN	
Rufino Campus	MON-FRI	12:00NN-9:00PM	

SDFO COMICS







ALWAYS REMEMBER TO CITE YOUR SOURCES WHEN
GETTING INFORMATION FROM THE INTERNET, BOOKS, ETC.



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SDFO WORD PUZZLE

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