



**De La Salle University**  
I N T E G R A T E D S C H O O L



**Flexible Learning Experience**

**A Primer on the DLSU-IS Flexible Learning  
Experience Program in Delivering Quality  
Lasallian Education**

A.Y. 2020-2021




## INTRODUCTION

### Definition of Terms:

<b>Asynchronous Learning</b>	<i>learning activities that are done independently at one's own pace</i>
<b>Blended Learning</b>	<i>purposeful combination of synchronous and asynchronous learning methods using available technology to balance student's independent learning with the advantages of physical face-to-face learning; other terms: mixed mode learning, self-paced learning</i>
<b>Distance Learning</b>	<i>or Remote Learning, teaching and learning challenged by the transactional distance—physical, psychological, communication, and temporal (Moore, 1972)</i>
<b>Synchronous Learning</b>	<i>learning activities that are done in real time with the faculty either face-to-face or online using tools like Google Meet that require internet access</i>
<b>Online Learning</b>	<i>learning strictly using technology that requires internet access</i>

The natural disasters, and now the COVID-19 pandemic, that came our way in the first quarter of 2020 posed great challenges to the learning of our students. DLSU Integrated School echoes the DepEd Secretary Leonor Briones' words: "Education can and must continue."

The DLSU Integrated School will address these challenges through the **FLx Program**. The FLx Program is a Flexible Learning experience catering to those who prefer a structured approach and to those who prefer a more independent (less structured) approach to learning. This mode of learning provides an opportunity for the school to further its vision to transform young men and women to become globally competitive 21st Century Learners:

21ST CENTURY SKILLS		
		
Learning Skills	Literacy Skills	Life Skills
<p>Critical Thinking</p> <p>Communication</p> <p>Collaboration</p> <p>Creativity</p>	<p>Information</p> <p>Media</p> <p>Technology</p>	<p>Flexibility</p> <p>Leadership</p> <p>Initiative</p> <p>Productivity</p> <p>Social</p>

## FLx FEATURES

### 1. Structured:



- Students will still receive a class schedule to follow for the day.
- Synchronous sessions are scheduled in the morning and appropriate breaks in between sessions.
- In the afternoon, consultation hours with teachers are also scheduled.
- Teachers' lessons will follow a new structured guideline balancing the key elements in a classroom setting with the freedom of learning at home and at one's pace.
- Student work load will be carefully monitored by level leads to ensure that the students are not overwhelmed with tasks.
- Student tasks will also, as much as possible, require minimal or no adult supervision.

## 2. Flexible:



- Students are given time to work on the tasks independently and at their own pace.
- Students will also be provided a teacher's lecture video that may be downloaded at a later time should a student, for a valid reason, miss a synchronous session.
- All materials are available for download using the School's official LMS. (See next section.)
- ★ For those who prefer a less structured approach, students may opt out of the synchronous sessions altogether and study the lessons on their own or with the help of an adult.
  - For those who opt to do this, the only requirement is that all Summative Assessments (graded) be submitted on time.

## 3. Authentic & Relevant:



- Tasks will focus on creating and understanding content that are relevant and authentic.
- This is done through tasks that could tackle current issues and developing literacy and life skills.

## 4. Holistic:



- DLSU-IS' FLx Program ensures that we will provide avenues for students to meet others and provide the needed emotional and psychological support for them in this so-called "new normal."
- Home-based extra-curricular activities will be organized to provide opportunities for students to further an interest.

## FLx-IBLE OPTIONS

	1st Trimester	2nd Trimester	3rd Trimester
<b>Option 1: Trimestral Phasing Learning (TPL)*</b>	Fully online with synchronous sessions	Hybrid learning (2 days reporting on campus + 3 days home asynchronous)	Full on-campus learning mode
<b>Option 2: Online Distance Learning (ODL)</b>	Fully online with synchronous sessions	Fully online with synchronous sessions	Fully online with synchronous sessions
<b>Option 3: Independent Home Learning (IHL)</b>	Flexible online learning	Flexible online learning	Flexible online learning

\*Should the government still disallow physical reporting to schools for school-aged children, the school will continue with ODL Mode for all TPL enrollees.

## FLx MODES

	Online Distance Learning (ODL)	Independent Home Learning (IHL)
<b>Structure</b>	Structured with Class Schedule including Synchronous Lectures and Consultations	Flexible
<b>Lesson Delivery</b>	Lessons are taught by qualified DLSU-IS faculty through synchronous lectures and asynchronous materials.	Lessons are learned assisted by a parent/guardian and/or by watching recorded videos created by DLSU-IS teachers, supplemented by materials.
<b>Materials</b>	Materials are uploaded in Seesaw or Canvas.	
<b>Consultations</b>	Students can consult teachers during the scheduled hours.	
<b>Assessments</b>	Teachers give feedback for Formative Assessments to prepare them for the Summative Assessments.	Students just need to answer or submit their Summative Assessments on time.

## OFFICIAL APPS & TOOLS

### Official Apps for Communication across the Integrated School:

*Other means of communication will be discouraged to protect the privacy and security of all users.*

Function	Tool
<b>Learning Management System (LMS)</b>	Seesaw (Preschool to Grade 3) Canvas (Grades 4-10)
<b>Written Communication</b>	DLSU email Google Chat Canvas (AnimoSpace)
<b>Audio/Video Communication</b>	Google Meet Canvas (AnimoSpace)
<b>Group/Class Communication</b>	Google Chat Seesaw (Preschool to Grade 3) Canvas (AnimoSpace)

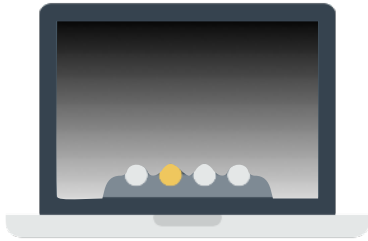
### Hardware & Internet Requirements for the Structured Approach:

1. Relatively reliable internet access for video conferencing during online synchronous classes.
2. Reliable device capable of tasks required for synchronous and asynchronous learning. The minimum requirements are usually met by a tablet:



- Streaming videos
- Taking photos and videos
- Recording audio
- Basic video editing
- Basic photo editing
- Word processing
- Slide presentations
- Accessing the web
- Accessing email
- Accessing LMS
- Accessing G Suite Apps (Drive, Chat, and Meet)
- Screen sharing
- Annotating PDFs

*Alternatively, you may also use a laptop or desktop computer in the absence of a capable tablet:*



- Streaming videos
- Taking selfie photos and selfie videos
- Recording audio
- Advanced video editing
- Advanced photo editing
- Word processing
- Slide presentations
- Accessing the web
- Accessing email
- Accessing LMS
- Accessing G Suite Apps (Drive, Chat, and Meet)
- Screen sharing
- Annotating PDFs

*In some cases, the mobile phone may suffice in accomplishing the following tasks:*



- Streaming videos
- Taking photos and videos
- Recording audio
- Accessing the web
- Accessing email and viewing LMS
- Accessing G Suite Apps (Drive, Chat, and Meet)

## **ASSESSMENTS & GRADING**

The school will still follow the DepEd guidelines for assessments:

1. Written Works
2. Performance Tasks
3. Trimestral Exam

## Trimestral Exam

Trimestral Exams in FLx Mode are modified for Academic Subjects. The Final Summative Assessment will be in the form of an alternative output that still measures the module's end goals.

## Numeric Grade

Students will still receive a numeric grade for their outputs during FLx Mode.

## Conduct and Attendance

Student conduct during synchronous classes and other observable criteria (e.g. punctuality in submissions) will still be monitored, and good behavior will still be recognized by the school.

Attendance in synchronous classes will only be recorded for documentation.

# PARENT-TEACHER-STUDENT PARTNERSHIP

Education is essentially a collaboration of the teachers, students, and parents. Identifying the roles of each one will help in setting the expectations to make the FLx Program effective.

### Parents & Guardians:

1. Provide relatively stable internet access capable of live streaming.
2. Prepare a suitable study area at home for their child's/children's serious study. More information here: <https://medium.com/inspired-ideas-prek-12/five-considerations-for-creating-learning-spaces-at-home-94b6f03f2668>
3. Help develop an FLx routine at home for their child/children. Close monitoring in the first few weeks would help the student get into the groove.
4. Check-in with their child/children at the beginning and end of the day.
5. Visit their child's/children's LMS to keep updated with the tasks that their child/children need to accomplish for the the day or week.

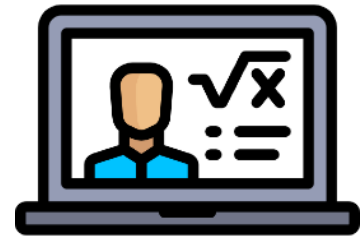




6. Plan a schedule for Screen Time for their children. Screen Time does not only refer to time spent on gadgets, but refers in general to time spent on any screen type including TV. Since continuous Screen Time is known to cause nearsightedness in users and screen exposure post-sunset may disrupt one's circadian rhythm, parents may schedule the number of Screen Time Hours their child can spend each day on top of the maximum required Screen Time allotted for school-related learning activities.
7. Communicate with teachers regularly for relevant concerns and queries by sending an email to the teacher's DLSU email address.
8. Be around when their child/children need to consult their teacher outside the scheduled consultation hour.

#### Teachers:

1. Plan learning activities that are balanced.
2. Deliver lessons synchronously to students during their scheduled time.
3. Provide supplemental materials other than the lecture video to address the different learning styles of the students.
4. Assess students' learning using alternative forms that ensure grade integrity.
5. Be available for their students during the designated consultation hours.
6. Provide emotional and social support for the students.
7. Respond timely to parent/guardian queries.
8. Provide a lecture video available for download for later viewing.



#### Students:

1. Attend synchronous classes, if preferred, regularly and on time.
2. Follow policies during synchronous classes.
3. Be responsible to accomplish the tasks within the required time.
4. Develop self-regulatory habits to enable one to accomplish required tasks.



5. Manage time well. Learn to use planners and schedule boards.
6. Ask questions and clarifications during the scheduled consultation period or during the synchronous class, if allowed.
7. Join enrichment and wellness activities scheduled for their class.
8. Actively participate in group collaboration tasks.

## SAMPLE CLASS SCHEDULE

### PRESCHOOL (Batch 1)

	Monday	Tuesday	Wednesday	Thursday	Friday
8:15-8:30	Homeroom				
8:30 - 8:40	Circle Time	Song and Movement	Circle Time	Song and Movement	Circle Time
8:40 - 9:00	Screen Break				
9:00 - 9:30	Lesson	Lesson	Lesson	Lesson	Lesson
9:30 - 9:50	Personal Work Time	Personal Work Time	Personal Work Time	Personal Work Time	Personal Work Time
9:50 - 10:00	Consultation Period				

### PRESCHOOL (Batch 2)

	Monday	Tuesday	Wednesday	Thursday	Friday
10:15 - 10:30	Homeroom				
10:30 - 10:40	Circle Time	Song and Movement	Circle Time	Song and Movement	Circle Time
10:40 - 11:00	Screen Break				
11:00 - 11:30	Lesson	Lesson	Lesson	Lesson	Lesson
11:30 - 11:50	Personal Work Time	Personal Work Time	Personal Work Time	Personal Work Time	Personal Work Time
11:50 - 12:00	Consultation Period				

Synchronous

Asynchronous

## GRADE SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
8:10-8:30	Homeroom				
8:30-9:00	PEH	English	Mother Tongue	CLVE	Learning Session
9:00-9:30	Screen Break				
9:30-10:00	Science	CLVE	Social Science	Music	Robotics
10:00-10:30	Mother Tongue	Social Science	Math	Math	Science
10:30-11:00	Screen Break				
11:00-11:30	Filipino	Math	English	Mother Tongue	Arts
11:30-1:00	Lunch				
1:00-1:30	Physical Wellness	Filipino	Activity Club		
Consultation Periods:					
1:30-2:30	English	Robotics/ Science	Filipino	Social Science	Mother Tongue
2:30-3:30	Math	Music	Arts	PEH	CLVE

 Synchronous

 Asynchronous

 Wellness

## JUNIOR HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
7:40-8:00	HR (Adviser)	HR (Guidance)	HR (Adviser)	HR (SDFO)	HR (Adviser)
8:00-8:30	Robotics	Science	STEM-Math	Math	Music
8:30-8:45	15-minute Screen Break				
8:45-9:30	PE	Math	English	English	Filipiino
9:30-10:00	30-minute Screen Break				
10:00-10:45	Science	CLVE	Sciece	Social Science	TLE
10:45-11:15	30-minute Screen Break				
11:15-11:45	English	Arts	CLVE	STEM-Science	Social Science
11:45-12:45	1-hour Lunch				
12:45-1:30	Math	Computer	Filipino	Club	
1:30-2:00	30-minute Break				
Consultation Periods:					
2:00-3:00	Social Science	English	Math	Science	Math
3:00-4:00	CLVE	Science	English	Filipino	Robotics STEM-Science
4:00-4:30	TLE	PEH	Computer	Music/Arts	STEM-Math

 Synchronous

 Asynchronous

 Wellness

## SENIOR HIGH SCHOOL

The goal of the 7-7 split is to reduce the variety of subjects that SHS students have to work on at any given time. The total "study" hours per week for students, will remain the same as when they are carrying full load. Consultation hours will also be plotted into the detailed schedule.

Set A (Weeks 1-7)	Set B (Weeks 8 – 14)
Filipino sa Piling Larangan Media and Info Literacy Christian Living	Disaster Readiness and Risk Reduction Personal Development
Set C (Weeks 1-7)	Set C (Weeks 8 – 14)
General Chemistry 2 Lecture General Physics 1 Lecture Practical Research 2 Lecture Physical Education	General Chemistry 2 Laboratory General Physics 1 Laboratory Practical Research 2 Adviser Consultation Physical Education

**“Leave aside all your worry about the present  
and all your anxiety about the future;  
occupy yourselves with what you have to do  
at each moment as it is given to you,  
and do not burden the day which is passing  
with doubts about the day to follow.”**

- St. John Baptist De La Salle

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