

Career Education Program

Academic Year 2010-2011

Career Services Intervention in PERSEF3 Post-Workshop Assignment

Rationale:

To further improve and strengthen the Career Services Intervention workshops in PERSEF3, the Career Education Program Team aims to introduce a responsive and relevant post workshop activity for its participants. This academic year the team will seek to provide a venue for the participants to maximize their career learning and development opportunities.

Objectives:

Specifically, the revisions in the program seeks to achieve the following objectives:

- a. to further strengthen and improve the ways to extract a more relevant evaluative feedback from the career development workshop.
- b. to identify the major strength of the career exploration workshop that has the most appeal among participants.
- c. to motivate the participants to further widen and clarify their career options with reference to the local and global trends.
- d. to assess and report on their own self-development from the beginning to the end of the seminar-workshop through a creative output.
- e. to demonstrate understanding of the concept of total development of the individual in relation to one's future plans for community and nation building.

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The new PERSEF3 Intervention Post-Workshop Assignment

1st Assignment

On a one (1) page, single space bond paper, write your reflection on the Career Exploration which you experienced today. Reflect by writing your answers to the following questions:

- a. How would you assess a career option that you intend to pursue, and how would you compare yourself to the qualifications required? Elaborate how you intend to reach those qualifications before graduating from college.
- b. What particular part of the seminar-workshop helped you gain better career exploration?

2nd Assignment

- a. Revised Resume

* Submit your reflection paper and revised resume on Tuesday Next week at SJ115 before 5:00 PM

Revised by:

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