



MASTER OF SCIENCE IN PSYCHOLOGY, MAJOR IN CLINICAL PSYCHOLOGY

The Master of Science in Psychology, major in Clinical Psychology program provides students with specialized training for the practice of clinical assessment, research, treatment, and prevention of psychopathology, with special emphasis on issues relevant to clinical practice in the Philippines.

Graduates of the program can proceed to obtain a doctoral degree. A master's degree in Clinical Psychology qualifies them to teach in the tertiary and graduate levels, do research and clinical practice. They can work in school, clinical and community settings.

PROGRAM REQUIREMENTS

Basic Courses	15 units
Major Courses	15 units
Elective Courses	6 units
Practicum	3 units
Thesis	6 units
Total	45 units

BASIC COURSES

Psychological Statistics (PSY5000)

3 units

The course provides a general notion of statistical methods; collection and tabulation of data; graphic representation and frequency distributions; measures of central tendency and variability; probability and the normal curve; correlation; regression and prediction; testing differences between means; analysis of variance; analysis of covariance; selected multivariate methods, and nonparametric tests.

Psychological Research (PSY5211)

3 units

The student is familiarized with the research process, methodology, data-gathering procedures, proposal and report writing in the field of human development and clinical psychology. The final output for this course is a research proposal in the student's area of interest.

Introduction to Clinical Assessment (PSY562M)

3 units

The rational theoretical foundations, and pertinent procedures and processes of clinical testing and assessment are discussed in this course. The instructor discusses and models skills needed for clinical interviews, design of assessment batteries, writing of clinical assessment reports, establishment of a professional relationship with clients, as well as with professional colleagues working in the same case. Also discussed are ethical issues, specific needs of different populations of clients, and relevant clinical research. Standard clinical tests and modes of assessment are covered.

Foundations of Clinical Psychology (PSY700M)

3 units

Clinical Psychology involves 6 main functions: assessment, treatment, research, teaching, consultation, and administration. But the distinctive flavor running through all these is the clinical attitude — to use results of research on human behavior to assess, understand and assist particular individuals. The graduate student is expected to cultivate the clinical attitude and to know the history of clinical psychology so he/she can contextualize his/her graduate program.

Group Therapy and Processes (PSY595M)

3 units

This course discusses therapies, processes, and frameworks for dealing with client-problem solution in the presence of or in the context of a group. Students are trained to observe how people behave in the presence of other, how they react to the behavior of others. Applications of various techniques in different settings or populations will be discussed.

MAJOR COURSES

Psychopathology (PSY702M)

3 units

Various types of psychopathology are discussed including mental disorders, anxiety disorders, mood disorders, schizophrenia, and personality disorders. The fourth edition of the Diagnostic and Statistical Manual of the American Psychiatric Association is discussed.



Introduction to Psychotherapy (PSY660M)

3 units

This course provides a comprehensive overview of the contemporary approaches to psychotherapy. The presentation of major concepts and practices of various therapeutic models will be supplemented by the analysis of cases and practical application of therapeutic techniques. It is the aim of the course to facilitate the students in developing their personal style of helping others through the examination of various theories and techniques in psychotherapy in relation to themselves as persons.

Advanced Psychotherapy (PSY660A)

3 units

This graduate course is experiential in approach and analytical in nature. The student will be exposed to counseling and therapeutic strategies of some 14 schools of thought. It is the course's aim to make the students practice the therapies by themselves, discuss the experience later and suggest ways of adapting it to suit the Filipino taste or to completely evaluate it as irrelevant and useless. The teacher will give the highlights of the personality therapies, and will prepare the class for exercises that are relevant to the theory being discussed at that time. The students undergo the exercises and will process the experience. Once themes are extracted, a critique of the theory follows.

Individual Tests (PSY5700)

3 units

This course introduces the student to individual intelligence testing. Supervised administration, scoring and interpretation of individual intelligence tests (WAIS-III, WISC-III, S-B 4) will be done.

Projective Tests (PSY565M)

3 units

The course provides a hands-on training on the administration, scoring and interpretation of projective tests utilized for clinical diagnosis purpose. It covers both individually-administered projective tests such as drawing, sentence thematic tests.

ELECTIVE COURSES

Hypnotherapy (PSY661M)

3 units

An introductory course on hypnosis as a method of individual and group psychotherapeutic intervention. While the course is largely experience in nature, it will likewise cover the basic principles and different theories in hypnosis and hypnotherapy.

Family Psychotherapy (PSY662M)

3 units

The course presents the general systems approach to handling couples and/or children. Diverse models from strategic, structural, experiential to multigenerational, behavioral and postmodern family therapies are discussed and given demonstration in class sessions. The student's genogram, his/her family constellation and family dynamics serve as raw materials in contextualizing the various models.

Introduction to Jung (PSY738M)

3 units

This is a course where students will explore their inner world using Jungian concepts. Through lectures and activities, the students will begin to see how their inner reality dictates their outer reality.

Gestalt Therapy (PSY663M)

3 units

The course aims to provide the student with an overview of Gestalt therapy. The techniques used in Gestalt therapy will be discussed. Exercises will be used to help the student have a grasp of the theories behind the techniques.



De La Salle University

Art Therapy (PSY737M)

3 units

The course will introduce art as a form of therapy. The principles of therapy will be discussed in relation to man's natural tendency to express through art.

PRACTICUM

Clinical Practicum (PSY818M)

3 units

The students are required to spend 300 hours of clinical internship in clinical testing, assessment, intervention and research.

THESIS

Thesis (PSY851M)

6 units