



MASTER OF EDUCATION, MAJOR IN RELIGIOUS AND VALUES EDUCATION WITH SPECIALIZATION IN FORMATIVE COUNSELING/SPIRITUAL DIRECTION

The Master of Education, major in Religious and Values Education program with specialization in Formative Counseling/Spiritual Direction is a non-thesis program meant especially for the following clientele: religious education teachers/catechists, campus ministers, counselors/catechists, campus ministers, counselors/spiritual directors, seminary formators, formators in religious life (recruitment, postulancies, novitiates, on-going formation).

The program blends religious education, theology scripture, and spirituality with guidance and counseling. It is based on formative spirituality a holistic approach to the arts and sciences, which includes the arts, theology, scripture, physical and social sciences, education, guidance and counseling. Formative spirituality helps counselors/spiritual directors and counselees/directees to have a deep and authentic awareness of themselves in relation to the Divine, other persons, and the physical universe.

PROGRAM REQUIREMENTS

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|-------------------------|-----------------|
| Basic and Major Courses | 27 units |
| Electives | 15 units |
| Total | 42 units |

BASIC AND MAJOR COURSES

Psychological Foundations of Education (REV5310)

3 units

Basic concepts of psychological principles as applied to the field of education, theories of learning and personality, social and interpersonal relationships, group work, and leadership in and out of the classroom setting.

Contemporary Approaches to Religious Education (REV541M)

3 units

This course presents a commentary on the *National Catechetical Directory of the Philippines: Maturing in Christian Faith*. This commentary will indicate how the directory is a valuable guide to religious educators with basic principles and approaches to contemporary religious education. It will also address various contexts: primary, secondary, tertiary, and adult education.

Integrating Seminar (REV651M)

3 units

An integrating course which prepares students to deliver papers and conduct seminar-workshops, symposia and conventions on religious education and other related fields.

Guided Project Studies (REV653M)

3 units

This course develops the students' skills in curriculum/syllabi development related to their field of expertise.

Formative Counseling/Spiritual Direction 1 (REV601M)

4 units

This course will stress formative spirituality: the blending of psychology cultures, theology, and mysticism. It will emphasize the blending of formative counseling/spiritual direction and can be helpful for religious educators, guidance counselors, and formation personnel in Religious Life and seminaries.

Personality Theories (REV603M)

3 units

A study of theoretical, clinical, and research-based approaches to the development and functioning of personality. General consideration is given to the socio-cultural aspects of personality in the Philippine context.

Techniques of Counseling (REV604M)

5 units

The course will focus on selected theories of counseling; the philosophical bases of counseling and their applicability to Filipinos and other Asia. It will include laboratory training in basic and advanced counseling skills and practice of techniques.



Seminar in Formative Counseling/Spiritual Direction

3 units

ELECTIVES

Contemporary Theological Issues (REV672M)

3 units

A survey of the twentieth-century trends with focus on the postconciliar renewal in theology and reflected in the writings of leading theologians.

Contemporary Moral Questions (REV671M)

3 units

A study of the sources, structures, and dynamics of Christian morality with special focus on modern moral questions in the area of human life, human community, human communication, and human sexuality.

Trends in Biblical Studies (REV673M)

3 units

A course on modern biblical exegesis, especially text-, source-, form-, and reduction-criticism, major trends in interdisciplinary hermeneutics, including religious appreciation of the text in its symbolic depths.

Theology of Signs and Symbols (REV712M)

3 units

A study of the sacraments as saving Christological and ecclesial acts celebrated through symbols and rituals; how they relate to the meanings and values of the Christian community with the interface of anthropology and theology as the locus theologicus.

History of Christian Spirituality (REV605M)

3 units

This course will present a history of the various kinds of Christian spirituality developments from the time of Jesus Christ to the present. A formative approach will be used in this course.

Self Exploration and Discovery (REV606M)

3 units

Students return to their roots to clear the past through the surfacing of family patterns which are either hindering or facilitating their present functioning as persons and professional helpers. The methods used will be journal writing, meditation, personality analysis and structured learning experiences.