



MASTER OF ARTS IN COUNSELING (Non-thesis Program)

Program Description and Objectives

The program aims to train generalists in guidance and counseling psychology. Students are expected to finish the program in 2 years. This is a terminal program. In order to move on to a PhD program, the student is required to complete courses in statistics, research, and thesis writing. Students may specialize in either one of two areas: community counseling or school counseling.

Admissions Requirements

1. A Bachelor's degree with 15 units of required subjects in psychology (i.e., 3 units each of general psychology, developmental psychology, social psychology, theories of personality, and abnormal psychology);
2. A college grade-point average equivalent to 2.5 or 85%;
3. Passing the admissions test administered by the ITEO;
4. An interview with the department chairperson;
5. For non- English speaking applicants, enrollment in an English language course at the Center for English Language Learning (CELL) prior the first trimester of the program.

An additional of six (6 units of Advanced Technical Reading and Writing 1&2 will be required for applicants with a low score in the essay part of the entrance examination.

Retention in the Program

Students must not obtain any grade lower 2.0 in order to remain in the program. They are expected to finish the program in 2 years.

Program Requirements

Core Courses	14 units
Major Courses	10 units
Specialization	6 units
Electives	6 units
Practicum	6 units

Comprehensive examination:
Written and Oral

TOTAL -----
42 units



Program Curriculum

Core Courses

CPS 545M Foundations of Guidance and Counseling (3 units)

This course provides an overview of the concepts, principles, and practices of guidance and counseling. It provides a study of the rationale for the elements of the guidance and counseling principles in both school and community setting.

CPS 550M Theories and Techniques of Counseling with Laboratory Training (5 units)

This course is a discussion of the meaning and dynamics of the counseling process, covering general principles as well as various selected theories. It is also designed to familiarize the student, through laboratory training, with the use of basic and advance counseling skills and techniques, applied with multicultural and ethical sensitivity.

CPS 593M Group Process (3 units) [Prerequisite: CPS 550M]

This course deals with the theoretical and experiential understanding of the group, purpose, development, dynamics and group counselling methods and skills and other group approaches. Students will be exposed to various group activities/exercises to learn how to become effective members and facilitators of groups in different settings.

CPS 675M Human Development and Multicultural Awareness (3 units)

This course highlights the intricate relationship between culture and human development. It provides an overview of the developmental stages of men and women from early childhood to late adulthood. The aim of the course is to increase student's awareness and appreciation of the important contribution of cultural factor to the course of human development.

Major Courses

CPS 595M Development and Management of Counseling Programs (3 units)

The course deals with how responsive counseling programs and services are developed, organized, managed, and evaluated. Basic concepts are discussed in classroom and find application in actual program development.

CPS 543M Consultation with Individuals and Groups (3 units) [Prerequisite: CPS 550M]

This course trains counseling students on basic skills in consultation with individuals and groups in schools, industry and community. This shall be done through exploration of the theoretical concepts in consultation, experiential learning and actual field practice.

CPS 560M Assessment Tools with Laboratory Training (4 units)

This course provides students with an overview of different assessment tools, including standardized tests and alternate and authentic techniques, which are used for counseling. It equips prospective test-users with skills to select, administer, score, interpret and evaluate these measures.



Specialization

A. Community Counseling (choose four from the following specializations) 12 units

CPS 612M Marital & Family Counseling (3 units)

This masteral subject is an introduction to selected theories and approaches to couple and family counseling. Multicultural contexts, especially Filipino socio-cultural value systems, will be taken into account.

CPS 621M Trauma Counseling (3 units)

This course examines the history, scope, and impact of human trauma, how human beings adapt to traumatic experience in different contexts. The course also explores treatment, intervention, adaptation, resiliency, and recovery as applied in varied community, school, and other counseling settings.

CPS 565M Projective Techniques (3 units)

The course examines the various projective techniques, their assumptions, principles, and applications to clinical assessment. It provides exposure to the actual use of projective tests, as part of a comprehensive clinical assessment. It also looks into some practical considerations in the selection, administration, scoring, and interpretation of the most commonly used projective techniques in the Philippine setting.

CPS 662M Creative Therapy (3 units)

This course deals with theories and concepts of various creative therapies and their applications in particular settings.

CPS 600M Counseling Special Populations (3 units)

This course focuses on the application of counseling techniques to facilitate adjustment of special groups to life situations such as relationship problems, personal loss, psychosocial upheaval, physical/medical limitations. Techniques are examined in the light of applicability and/or adaptability to the issues that emerge in a crisis situation.

CPS 601M Career Development and Counseling (3 units)

This course allows the students to examine the different career development theories and their use in understanding the individual's personal and career needs across work settings.

CPS 670M Studies on Philippine Culture and Personality (3 units)

A course which examines the role of Philippine social institutions and Filipino personality in counseling

B. School Counseling (choose four from the following specializations) 12 units

CPS 601M Career Development and Counseling (3 units)

This course allows the students to examine the different career development theories and their use in understanding the individual's personal and career needs across work settings.

CPS 691M Management of Guidance and Counseling Programs (3 units)



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CLG 695M Current Trends in School Counseling (3 units)

The course discusses the current trends and contemporary issues in school counseling.

CPS 565M Projective Techniques (3 units)

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CPS 670M Studies on Philippine Culture and Personality (3 units)

Practicum (6 units)